

SWA Training Center Membership Program

Updated Sept 2023

The SWA Training Center Membership Program aims to increase collaboration between the SWA and local weightlifting organizations. The Training Center Membership Program helps the SWA identify and support organizations providing high-quality weightlifting training.

To be recognized as a Training Center in good standing with the SWA, a Training Center must meet or exceed the following criteria each year (October 1st – Sept 30th). The SWA has the sole and absolute right to revoke the status Training Center at any time and for any reason without penalty.

Requirements for Membership

1. Minimum Standards for SWA Training Center Membership:
 - 1.1. Training Center Head Coaches must be members in good standing with the SWA
 - 1.2. At least 1 NCCP Certified Competition Introduction Weightlifting Coach within 1 year of entering the program
 - 1.3. at least 1 x Level 4 or higher Certified Official within 1 year of entering the program. This requirement of number of TO's is based on TC membership size.
 - 1.4. 4 x registered athletes who have competed in at least 1 SWA-sanctioned competition during the current season
2. Training Center Membership Base Requirements:

All TC's will receive equal amounts of base funds of \$400 each
3. Hosting
 - 3.1. All Training Centers must host ONE Learn to Lift: SWA sanctioned competition(s) per year that is open to the public and will receive \$200 added to their base amount
 - 3.2. Training Centers are eligible to apply to host Competitions and will receive an additional \$500 in funds and support as outlined in the [Guidelines for Hosting SWA Sanctioned Competitions](#) document for hosting. The SWA Board must approve of the sanctioned event. Payment will be distributed after the event provided the training center meets the requirements set by the SWA. These funds do not come from MAP funds.
 - 3.3. All TC's that **do not** have a paid SWA coach on staff with a For-Profit clubs will receive additional \$200 from MAP funds.
4. Participation
 - 4.1. 3 registered TC athletes must participate in at least 2 SWA sanctioned competitions per year
 - 4.1.1. E.g. A minimum 6+ competition appearances by 3+ athletes

4.2. Each Certified Technical Official within the Training Center must officiate in some capacity in at least 3 sessions per year.

4.2.1. The Training Center and Officials are responsible for coordinating this with the Meet Directors, Officials Committee, and/or the SWA Executive Director.

4.2.2. Officials will be compensated \$20 per session they officiate.

5. **Volunteer Hours**

All Training Centres are asked to supply volunteers at each event their club attends.

Volunteer Duties are as follows:

Set up

Tear Down

Loaders for Sessions

Other- any area that the competition needs assistance

These hours will be monitored at each event

Training centers will be responsible for 3 volunteer hours for *each identified SWA member* up to a maximum of 75 hours.

5.1. For example, a Training Center with 8 members will be responsible for 24 volunteer hours.

5.2. Any member may complete any number of volunteer hours with no maximum.

5.3. Volunteer Hours must be reported through this [Google Form](#).

5.4. Exclusions for Volunteering

5.4.1. Coaching, except for as a coach of the SWA Provincial Team

5.4.2. Officiating

5.4.3. Any role where the member is being compensated financially for their time.

5.4.4. Board Member position

6. **Administration**

6.1. Training Center must complete an SWA Training Center Registration Form and submit it with payment through the SWA website each season before Oct 31 to retain their status.

6.2. Registration Fee: \$100.00

7. **Compliance**

7.1. Training Center must adhere to all SWA Policies and Procedures to be eligible for Training Center status and their activities to be sanctioned.

7.2. Each Training Center will be assessed at the level at which they achieve all membership and participation requirements for MAP funding and other benefits.

7.2.1. For example, a training centre with 25 Athletes, 1 Coach, and 5 Officials will be assessed at Level 3. They would be required to complete 57 (19x3) Volunteer Hours and have a minimum of 3 Officials participate in 9 sessions during the year.

- 7.2.2. Exceptions may be made to participation requirements, at the discretion of the Board, if limitations in session numbers or circumstances beyond the control of the SWA limit participation despite a substantial effort by the Training Center.
- 7.3. Failure to achieve the above mentioned requirements will result in ineligibility to receive allotted MAP funding from the SWA for that year. This MAP funding will then be reallocated to Training Centers in good standing.
- 7.4. Participation hours are non-transferable between Training Center.

Benefits of Membership

- 8. All registered Training Centers are eligible for the following membership benefits:
 - 8.1. Have its programs and service offerings included on the SWA Website, Facebook and Instagram social media platforms
 - 8.2. Insurance coverage under the SWA Sanctioned Event and Training Policies
 - 8.3. Use of SWA equipment for sanctioned events, if available
 - 8.4. Receive a discount on new or used equipment that the Association sells.
 - 8.5. Access to the SWA Used Equipment Loan Out Program
 - 8.6. The ability to host an SWA Sanctioned Competition, Mock Meet, or Virtual Competition
 - 8.7. MAP funding based on membership numbers and member participation at SWA sanctioned competitions
- 9. Eligible MAP amounts are determined as follows:
 - 9.1. MAP funding will be based on the Training Center's Membership Level and recorded coaches and officials from the previous year.
 - 9.2. If a Training Center is new or was not active in the previous year, the initial funding will be calculated using the Base Amount and Membership Level at \$200 per year in which they are applying for the MAP grant and will receive \$200 for a Learn to Lift event.
 - 9.3. **Base Membership Allocation** - TC's applying and approved for MAP funding will receive a funding amount calculated by percentage of members in your club in the SWA
 - 9.4. **Base Amount Coach & Official Allocation** - Certified coaches and officials registered to a TC will receive further MAP allocations as follows:
 - 9.4.1. Registered Coaches as of Oct 31st:
 - 9.4.1.1. Competition Development Certified - \$50/Coach
 - 9.4.1.2. Competition Introduction Certified - \$25/Coach
 - 9.4.1.3. Competition Introduction In-Training - \$20/Coach
 - 9.4.2. Registered Officials as of Oct 31st:
 - 9.4.2.1. Level 1/2/3 Certified - \$25/Official
 - 9.4.2.2. Level 4 Certified - \$10/Official
 - 9.5. **Remaining MAP Funding Allocation**
 - 9.5.1. The remaining MAP funding will be allocated to Training Centers based upon the following criteria, as of March 1st:

9.5.1.1. Membership Level - 25%

9.5.1.2. Participation - 75%

9.5.1.2.1. Sessions officiated by members - 25%

9.5.1.2.2. Volunteer Hours - 25%

9.5.1.2.3. Total number of athlete appearances in SWA competitions,
including registrations for Provincials - 25%

SWA Associate Training Center Membership Program

The SWA Associate Training Center Membership provides gyms, schools, and communities interested in developing the sport of Weightlifting access to SWA programs and services.

Requirements for Membership

1. Minimum Standards for SWA Associate Training Center Membership
 - 1.1. 1 SWA Competition Introduction Certified (or In-Training) Coach
 - 1.2. 5 Registered SWA members
 - 1.3. Have regularly scheduled Olympic Lifting training sessions (min. 1-2 per week)
2. Administration
 - 2.1. The Training Center must complete an SWA Club Registration Form and submit it to the SWA Executive Director each year

Benefits of Membership

3. All registered clubs are eligible for the following membership benefits:
 - 3.1. Access to the SWA Used Equipment Loan Out Program
 - 3.2. The ability to host an SWA Mock Meet or Virtual Competition
 - 3.3. Access to an SWA Certified Coach to a maximum of 2 in person or virtual sessions for athlete or coach training (two covered by the SWA)
 - 3.4. Receive a discount on new or used equipment that the Association sells.