2026-27 Curriculum Guide for Health and PE Major

While not all students will take all the courses in their major in exactly the same sequence, this guide can be used in combination with the online graduation progress report as a pathway to degree completion. **Courses marked with # indicate prerequisite courses required for application to the Educator Preparation Program (EPP). The application deadline is May 1 of the year that the anatomy and physiology BIOL courses are taken, typically the sophomore year.** See the Academic Regulations in the University of Lynchburg Catalogue for all academic degree requirements. Graduation = 120 hours.

Freshman	Fall	Grade	J Term	Spring	Grade	Summer
	GS 104 - 1			**EDUC 110 - 3 MWF 11-11:50**		
	HPE 258 - 3			**LVWL 100 - 2**		
	HPE 120 - 3 TH 11:30			**HPE 121 - 3 TH 11:30**		
	ENG 123W - 3			SCIENTIFIC LIT - 4		
	DELL 100 - 3			COMM 101 - 3		
	16			15		
Sophomore	**Fall**	**Grade**	**J Term**	**Spring**	**Grade**	**Summer**
	BIOL 224 - 4			**BIOL 225 - 4**		
	EDUC 351 - 3			**HPE 259 - 2**		
				HPE 310 - 4		
				SPED 220 - 3		
Junior	**Fall**	**Grade**	**J Term**	**Spring**	**Grade**	**Summer**
	EXPH 300 – 3			**HPE 335 - 4**		
	PBHL 270 - 3			**HPE 363 - 2**		
	HPE 303W - 3			**EDUC 362 - 3**		
	HPE 304 - 3					
Senior	**Fall**	**Grade**	**J Term**	**Spring**	**Grade**	**Summer**
	EXPH 380 - 3			**HPE 468 - 12**		
	HPE 320 - 4					
				12		

Classes to Fit In
Choose 6 Credits (2 classes) from Below
ART and CRTH - 3
ETH or CIVE - 3
HIST - 3
LIT - 3
Choose 3 Credits (1 class) in EACH area of study
LANG & INT CC - 3
SOCIAL SCIENTIFIC LIT - 3
QUANTITATIVE - 3
DELL 400 - 3
Coaching Minor (if added)
HPE 205 - 3

Course in **Bold** must be taken in sequence in order for the student to be on track for admission to the EPP and be aligned for licensure upon completion of their degree.