

**Health Science Nurse Aide Training Prep
Personal Care Attendant
Level/ Grade 3/ Semester 1
Course Syllabus 2026-2027**

Patricia King, BSN, RN, MEd, Instructor
Class schedules adjusted as warranted. Follow up with Mrs. King
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Grading System:

A 93-100

B 85-92

C 77-84

D 70-76

F Below 70

Knowledge Grade=30%

Attitude/Participation=30%

Skills Grade= 40%

Textbook- Hartman's Nursing Assistant Care Long Term Care and Home Care
Susan Alvare Hedman; Hartman Publishing; Fourth Edition

All work-related activities will be checked every Thursday. This includes workbook or related chapter assignments, as well as daily journaling assignments. There will be a test every Friday.

First Marking Period

August

26 Introduction of class, book distribution, syllabus

September: Clinical Rotation Schedule Will Be Posted To Begin First-Second Semester. Please Check your Clinical Schedule each Month. Be sure to attend your scheduled Days.

POS HST 100-105, 200-210, 300-308, 700-821 Targeted for Completion by March 2027

September: Skills –Must be completed w/Corresponding Chapters

1 Chapter 1: Understanding Healthcare Settings

8 Chapter 2: The Nursing Assistant and the Care Team

- 14 Chapter 3: Legal and Ethical Issues
- 21 Chapter 4: Communication and Cultural Diversity
- 28 **CPR Begins/GCNS/OSHA/PCA Cert**

October: Skills- Must Be Completed w/Corresponding Chapters

PROGRESS REPORTS: First week of October 2026

- 5 **CPR/First Aide/AED, OSHA BBP/HIPAA PCA Cert**
- 12 **CPR/First Aide/AED, OSHA BBP/HIPAA PCA Cert**
- 19 Chapter 5: Infection Prevention and Control
- 26 Chapter 6: Safety and Body Mechanics

FIRST QUARTER ENDS / PROGRESS REPORTS

Second Marking Period

November

November: Skills Must Be Completed w/Corresponding Chapters

Blood Drive November 11, 2026

- 2 Chapter 7: Emergency Care and Disaster Preparation
- 9 Chapter 8: Human Needs and Human Development
- 16 Chapter 9: The Healthy Human Body
- 30 Chapter 10: Positioning, Transfers and Ambulation

23-24 In-Service

25-27 Fall Break

December

December: Skills Must Be Completed w/Corresponding Chapters

- 7 Chapter 11: Admitting, Transferring and Discharging
- 14 Chapter 12: The Resident's Unit
- 21 Chapter 13: Personal Care Skills

PROGRESS REPORTS DUE second week of December, 2026

**Winter Break
Welcome Back! 2027!**

January

January: Skills Must Be Completed w/Corresponding Chapters

- 4 Chapter 13: Personal Care Skills
- 11 Chapter 14: Basic Nursing Skills
- 19 Chapter 15: Nutrition and Hydration
- 25 Chapter 16: Urinary Elimination

POS HST 100-105, 200-210, 300-308, 700-821 Targeted for Completion by January 2027

SECOND QUARTER ENDS

Third Marking Period/ Semester 2/ Grade 3, 2027

Clinical Rotation Schedule Will Be Posted To Begin Second Semester. Please Check your Clinical Schedule each Month. Be sure to attend your scheduled Days.

POS HST 821-906, 1000-1013, 1100-1106 Targeted for Completion by June 2027

February

February: Skills Must Be Completed w/Corresponding Chapters

- 1 Chapter 17: Bowel Elimination
- 8 Chapter 18: Common Chronic and Acute Conditions
- 16 Chapter 19: Confusion, Dementia, and Alzheimer's disease
- 22 Chapter 20: Mental Health and Mental Health Disorders

PROGRESS REPORTS DUE first week of MARCH 2027

HOSA STATE CHAMPIONSHIPS: SLC: April 2027

March

March: Skills Must Be Completed w/Corresponding Chapters

- 1 Chapter 21: Rehabilitation and Restorative Care
- 8 Chapter 22: Special Care Skills

15 NOCTI/HOSA Prep Review, Skill Practice and NOCTI Testing (Seniors)

30 Chapter 23: Dying, Death and Hospice

THIRD QUARTER ENDS/ PROGRESS REPORTS

March Spring Break (March 25th-March 29th)

Fourth Marking Period

April

April: Skills Must Be Completed w/Corresponding Chapters

- 5 Review, Skills Practice and NOCTI Testing (Seniors)
- 12 Review, Skills Practice and NOCTI Testing (Seniors)
- 19 Chapter 24: Introduction to Home Care
- 26 Chapter 25: Infection, Prevention and Safety in the Home

PROGRESS REPORTS DUE first week of May 2027

May

May: Skill Concentration will be on the 23 Skills Tested by The American Red Cross Test for the Prep Course

- 3 Chapter 26: Medications in Home Care
- 10 Chapter 27: New Mothers, Infants and Children
- 17 Chapter 28: Meal Planning, Shopping, Preparation, and Storage
- 25 Chapter 29: The Clean, Safe and Healthy Home Environment

June

June:

- 1 Chapter 30: Managing Time, Energy, and Money in the Home
- 7 Chapter 31: Caring for Career and Yourself

POS HST 821-906, 1000-1013, 1100-1106 Targeted for Completion by JUNE 2027

**Last Student Day: June 8, 2027
HAVE A GREAT SUMMER!**

