

**Will Grundy Speech-Language-Hearing Association
a Recognized Area Group of the
Illinois Speech-Language-Hearing Association**

Executive Functioning: Beyond Checklists, Planners, and Social Skills Groups

Presented by: Dr. Karen Dudek-Brannan

When: Friday, October 3, 2025

Where: Virtual

Activity Description:

This session will begin with a discussion on external signs and internal mental processes associated with executive functioning. A presentation on the relationship of anxiety, executive functioning and behavior will follow, in addition to a discussion on common challenges with talk therapy, social skills, groups, checklists, and planners. Attendees will also learn a strategy that uses an explicit instruction framework to teach students to visualize, plan, use self-talk, and work through tasks that require multiple steps, using a writing assignment as an example.

Agenda:

11:30-12: Registration

12-12:30: Defining executive functioning internal and external behaviors.

12:30-1:00: A critical review of common tools and service delivery-models.

1:00-1:30: Identifying a framework for effective executive functioning intervention.

1:30-2:00: Building self-talk, visualization, time-perception, and strategic-planning skills.

2:00-2:45: Emerging as the “executive functioning lead” on your team.

2:45-3:00: Q&A

Learning Objectives:

After attending the presentation, participants will be able to:

1. Define external and internal mental processes associated with executive functioning and their impact on students’ academic, social, and emotional functioning.
2. Identify five skill areas multidisciplinary teams can focus to inform interventions and strategies that support executive functioning.
3. Describe a strategy that builds self-talk, time-perception, and strategic planning for multi-step tasks.

Disclosure

Financial: Dr. Karen Dudek-Brannan will receive an honorarium for the presentation

Nonfinancial: Dr. Karen Dudek-Brannan has a nonfinancial relationship with DCFS



**Level: Beginner-Intermediate
ASHA CEUs: 3.0**