AP Psychology Summer Assignment

Welcome! The AP Psychology course is designed to introduce students to the systematic and scientific study of the behavior and mental process of human beings and other species. Students are exposed to the psychological facts, principles, and phenomena associated with each of the major subfields within psychology. Students study and implement the ethics and methods psychologists use in their science and practice.

Overview: This assignment will help introduce students to a few of the topics we will explore throughout the year.

Directions: Choose **3 options** from the lists below of podcasts and videos. Listen to the podcasts and/ or watch the videos and answer the set of questions below for EACH. Write the title of the podcast/ video you are answering the questions for and complete each question using 2-5 complete, detailed sentences. ***Handwrite your responses and bring your work to class by September 1st.***

Podcasts:

- ☐ Speaking of Psychology: Why it takes courage to be creative, with Zorana Ivcevic Pringle, PhD (Linked here, but available wherever you get your podcasts)
- ☐ Speaking of Psychology: Dreams, nightmares, and sleepwalking: What can happen while we sleep, with Antonio Zadra, PhD (Linked here, but available wherever you get your podcasts)
- ☐ Speaking of Psychology: Why Do We Cry?
- ☐ Speaking of Psychology: How Competition Drives Our Behavior
- ☐ Speaking of Psychology: Why Do We Like Scary Movies?

Videos:

- ☐ Your Body Language May Shape Who You Are
- ☐ Sleep Is Your Superpower
- ☐ *Dan Ariely: Are We in Control of Our Own Decisions?*
- ☐ *Elizabeth Loftus: How Reliable is Your Memory* (warning: includes a reference to sexual assault)
- ☐ *Emily Esfahani Smith: There's More to Life Than Being Happy* (warning: includes a reference to suicide)

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Name:_____
Podcast/ Video Title:_____

1. What is the background of the speaker? What specific experience/qualifications do they have?

2. How would you describe the main message/purpose of the talk?

3. Describe in detail three interesting facts from the talk.
   A.)

   B.)

   C.)

4. How do you think this topic relates to AP Psychology and what you may learn this year?

5. How does this topic relate to the everyday world?

6. How does this topic relate to you personally?

7. What changes can you make after listening to this information?

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