

May High School Breakfast Menu

This printable version of the menu will replace the printed menus provided by the schools

Monday	Tuesday	Wednesday	Thursday	Friday
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1	2	3	4	5
<p>Banana Benefit Bar (WSEM), Egg & Potato B'fast Burrito (WSEM)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W)</p> <p>Graham Crackers (WS),Mandarin Orange Fruit Cup Apple Juice, White Milk (M), Chocolate Milk (M)</p>	<p>Cherry Danish(WSM), Egg & Turkey Sausage B'fast Pizza (WSEM)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W)</p> <p>Graham Crackers (WS),Frozen Strawberry Cup Orange Juice, White Milk (M), Chocolate Milk (M)</p>	<p>Sausage, Egg & Cheese Biscuit (WSEMP), Oatmeal Benefit Bar (WSEM)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W)</p> <p>Graham Crackers (WS), Applesauce Apple Juice, White Milk (M), Chocolate Milk (M)</p>	<p>Cheesy Ham & Egg B'fast Sandwich(WSEM), Honey Wheat Biscuit (WSM) & Cr Cheese(M)</p> <p>Chocolate Mini Wheats(WS), Frosted Flakes(WS), Fruity Cheerios(W), Golden Grahams(W)</p> <p>Graham Crackers(WS), Red Grapes</p> <p>Orange Juice, White Milk(M), Chocolate Milk(M)</p>	<p>Blueberry Waffles (WSME), Breakfast Treat (WSEM)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W)</p> <p>Graham Crackers (WS), Frozen Strawberry Cup</p> <p>Apple Juice, White Milk (M), Chocolate Milk (M)</p>
8	9	10	11	12
<p>Sausage, Egg & Cheese Biscuit (WSEMP), Banana Muffins (WSEM)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W)</p> <p>Graham Crackers (WS), Applesauce</p> <p>Orange Juice, White Milk (M), Chocolate Milk (M)</p>	<p>French Toast Benefit Bar (WSEM), Egg & Turkey Sausage B'fast Pizza (WSEM)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W) Graham Crackers (WS),</p> <p>Mandarin Orange Fruit Cup, Apple Juice, White Milk (M), Chocolate Milk (M)</p>	<p>Maple Blast Pancakes (WSEM), Sausage Gravy Biscuit (WSEMP)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W)</p> <p>Graham Crackers (WS), Applesauce</p> <p>Orange Juice, White Milk (M), Chocolate Milk (M)</p>	<p>Berry Blast French Toast (WSEM), Honey Wheat Biscuit (SWM) & Cr. Cheese (M)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W)</p> <p>Graham Crackers (WS), Fresh Grapes</p> <p>Apple Juice, White Milk(M), Chocolate Milk (M)</p>	<p>Blueberry Waffles (WSME), Breakfast Treat (WSEM)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W)</p> <p>Graham Crackers (WS), PearsFruit Cup</p> <p>Apple Juice, White Milk (M), Chocolate Milk (M)</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17	18	19
<p>Banana Benefit Bar(WSEM), Egg & Potato B'fast Burrito(WSEM)</p> <p>Chocolate Mini Wheats(WS), Frosted Flakes(WS), Fruity Cheerios(W), Golden Grahams(W)</p> <p>Graham Crackers(WS), Applesauce</p> <p>Apple Juice, White Milk(M), Chocolate Milk(M)</p>	<p>Cherry Danish(WSM), Egg & Turkey Sausage B'fast Pizza(WSEM)</p> <p>Chocolate Mini Wheats(WS), Frosted Flakes(WS), Fruity Cheerios(W), Golden Grahams(W)</p> <p>Graham Crackers(WS), Frozen Strawberry Cups</p> <p>Orange Juice, White Milk(M), Chocolate Milk(M)</p>	<p>Egg & Cheese Biscuit(WSEM), Oatmeal Benefit Bar(WSEM)</p> <p>Chocolate Mini Wheats(WS), Frosted Flakes(WS), Fruity Cheerios(W), Golden Grahams(W)</p> <p>Graham Crackers(WS), Applesauce</p> <p>Apple Juice, White Milk(M), Chocolate Milk(M)</p>	<p>Cheesy Ham & Egg B'fast Sandwich(WSEM), Honey Wheat Biscuit (WSM) & Cr Cheese(M)</p> <p>Chocolate Mini Wheats(WS), Frosted Flakes(WS), Fruity Cheerios(W), Golden Grahams(W)</p> <p>Graham Crackers(WS), Red Grapes</p> <p>Orange Juice, White Milk(M), Chocolate Milk(M)</p>	<p>Blueberry Mini Waffles(WSME), Breakfast Treat(WSEM)</p> <p>Chocolate Mini Wheats(WS), Frosted Flakes(WS), Fruity Cheerios(W), Golden Grahams(W)</p> <p>Graham Crackers(WS), Peaches Fruit Cup</p> <p>Apple Juice, White Milk(M), Chocolate Milk(M)</p>
22	23	24		
<p>Sausage, Egg & Cheese Biscuit(WSEMP), Banana Muffin(WSEM)</p> <p>Chocolate Mini Wheats(WS), Frosted Flakes(WS), Fruity Cheerios(W), Golden Grahams(W)</p> <p>Graham Crackers(WS), Applesauce</p> <p>Orange Juice, White Milk(M), Chocolate Milk(M)</p>	<p>French Toast Benefit Bar(WSEM), Egg & Sausage B'fast Pizza(WSEM)</p> <p>Chocolate Mini Wheats(WS), Frosted Flakes(WS), Fruity Cheerios(W), Golden Grahams(W)</p> <p>Mandarin Orange Fruit cup</p> <p>Apple Juice, White Milk(M), Chocolate Milk(M)</p>	<p><i>Last Day of School</i></p> <p>Maple Blast Pancakes with Syrup (WSEM), Sausage Gravy Biscuit (WSEMP)</p> <p>Chocolate Mini Wheats (WS), Frosted Flakes (WS), Fruity Cheerios (W), Golden Grahams(W)</p> <p>Graham Crackers (WS), Applesauce</p> <p>Orange Juice, white Milk (M), Chocolate Milk (M)</p>		

Allergy Information: (M) Milk, (E) Eggs, (W) Wheat, (S) Soy, (P) Pork. ASD is a peanut, tree nut and shellfish free facility.

ASD is an equal opportunity employer.