SPEAKING B22

1)

https://youtu.be/wva1rclob1g

Are you in good shape?
Do you have a balanced diet?
Is your work - life balance healthy?
Do you work out?

What can you do to avoid being sedentary?

What's the best exercise for someone who is out of shape?

Talk about your diet / eating habits.

Talk about any bad habits you may have. Are you trying to cut down on anything at the moment?

Do you have too much work? Is your life stressful? Why?

2)

https://youtu.be/AsoldrsX0lg

Is there a lot of crime where you live?
Which ones are the most serious crimes, in your opinion? Why?

3)

https://youtu.be/zKAYAnLsoUk

What is the air quality like in your village/town/city?

What is the government/ local government doing to improve the air quality where you live?

What is the best way to reduce air pollution?

In your City, do you sort your garbage? If so, how?

What kind of waste do you recycle?

What happens to non-recyclable waste?

Where you live, are farms mostly bigger and mechanised, or smaller and using more traditional methods?

Do you think it is worth paying extra to eat organic food? Why? Why not? Is it important to know where your food comes from?

4)

https://youtu.be/hqt3mRqaA5q

Are you a big spender or frugal?
What do you spend your money on?
Do you earn a good salary? Get by? Struggle?
Have you got a savings account?
Have you ever borrowed money? What for?