

To ask questions PM me on instagram 😊

How many years have I played club?: This is now my 3rd year playing club volleyball.

What positions can you play?: My primary positions are Libero and Left side, my alternate position is Right Side.

Do you do privates/sessions etc?: I train with Pandas Varsity players for positional training on off season.

What is your favourite warmup drill?: My personal favourite warmup is the butterfly drill or 2s queens court!

What do you enjoy most about playing volleyball?: I enjoy the thrill and love the competition in the competitive sport of volleyball. I also love seeing my teammates and friends progress and develop love for the sport.

How do you control your emotions on the court/how can I get a more positive attitude after making a mistake?: For me what works best is focusing on the next point and remembering volleyball is a game of 25 mistakes. Forgetting about the past and focusing on the present will not only help you feel more positive but make you mentally stronger.

What highschool are you going to?: St. Francis Xavier

What player do you look up to the most?: Abby Guezen