

Title	"Green Living Workshop: Composting & Recycling Essentials"		
Methodology	Interactive Workshop		
Where	Community Centre or Environmental Education Centre		
Duration of Activity (in minutes)	95 minutes	Learning Outcomes	• Understand the importance of composting and recycling in reducing waste and preserving the environment. • Learn practical techniques for composting organic waste at home. • Identify recyclable materials and understand the recycling process. • Gain insights into the impact of individual actions on a sustainable lifestyle.
Number of participants	15-20 participants		
Introduction	The workshop aims to educate participants about the significance of composting and recycling in fostering a more sustainable environment. Participants will engage in hands-on activities and discussions to grasp essential composting techniques and recycling practices.		
Resources, equipment or materials needed for the lesson	Compost bins or examples of composting setups Samples of recyclable materials (plastic, paper, glass)		
Methodology	The workshop will utilize a combination of visual demonstrations, group discussions, and hands-on activities to ensure engagement and understanding.		
Procedure / Instruction for the activity			
1. Welcome and check-in with participants (5 mins) 2. Introduction (10 mins): - Introduce the workshop's objectives. - Discuss the importance of composting and recycling in waste reduction and environmental conservation. 3. Visual Demonstration - Composting Techniques (30 mins): - Conduct a hands-on demonstration of composting techniques using compost bins or examples. - Explain the process of setting up a composting system, including layering organic matter,			

managing moisture, and turning the compost pile.

- Encourage participants to actively engage in examining compost materials and ask questions.

4. **Recycling Sorting Activity** (30 mins):

- Provide samples of recyclable materials (plastic, paper, glass) for a sorting activity.
- In groups, participants will sort the materials into proper categories and discuss the recycling process for each material type.
- Facilitate discussions on the importance of proper sorting and recycling guidelines.

5. **Group Discussion** (10 mins):

- Open discussion to address questions, share personal experiences related to composting and recycling, and discuss challenges faced in implementing these practices.

6. **Reflection and Self-Evaluation for Participants** (10 mins):

- Distribute blank papers to participants. Tell them to write reflections about their composting and recycling practices.
- Encourage participants to reflect on their current composting and recycling practices.
- Guide them to set personal goals for improvement and commit to adopting more sustainable habits.

Conclusion:

Summarize key points discussed during the workshop, emphasize the significance of individual actions in promoting sustainability, and thank participants for their engagement.

Reflection and self-evaluation for participants

Participants will be encouraged to self-evaluate their understanding of composting and recycling concepts and reflect on how they can implement these practices in their daily lives. A reflection sheet will be provided for participants to note their key takeaways and action plans for embracing more sustainable habits.