



2023 ANG National Championships

State Team Category Captain

Roles and Responsibilities

Background:

ANG competitions have 16 categories (male and female categories across five age groupings + Amateur, Elite and Masters). It is suggested that for the ANG National Championships each State has a Captain for each of these categories. It is recognised that children who are Captains in the younger age categories may require assistance from their parents/guardians in the role. It is expected that being a Category Captain should not interfere with their own run/performance.

Roles and Responsibilities:

- Be aware (meet) other athletes from their State in their age category (teammates) and do an attendance check of their teammates prior to the start of their category run.
- Be a communication link between the State Team Manager/Assistant Manager and teammates
- Demonstrate support and encouragement to teammates. This may include:
 - Answering questions from other teammates and/or referring any questions they are unable to answer to State Team Manager/Assistant Manager
 - Checking that their teammates are prepared for their run (e.g. assisting with any requirements – e.g. chalk, uniform)
 - Providing verbal encouragement during their teammates run
 - Encouraging other teammates to support teammates during their run
- Understand and follow the ANG Athlete Code of Conduct – see next page

Thank you

ANG National Championships Event Organisation Team

Emma Teede – Race Director

Sheri Thompson – Assistant Race Director

Sabrina Johnston -Media Director

Nathan Burley – Event Director

Jeff Coombes – Admin Director

Elaine Allen – Assistant Admin Director

ANG Athlete Code of Conduct

**** check to see that this is the most current version - I feel this is old****

Race tactics are part of the interaction between athletes, however athletes are required to:

- **At no time** engage in any behaviour that abuses, provokes, demeans or harasses others
- Respect the decision of officials. Follow the protest and appeals process.
- Practice good sportsmanship;
- Not attempt to gain unfair advantage in any way.
- Adhere to the principles of fair play and always play by the rules, respecting the traditions of the sport and the spirit of competition
- Follow the rules set by the host gym and ANG during competitions. Clarify any uncertainties on rules PRIOR to your run
- Be responsible for your own safety and the safety of others;
- Obey instructions from race officials.
- Always demonstrate appropriate conduct, behaviours, gestures, language and communication with all people involved and attending.
- Inform a Technical Official immediately after withdrawing from a race. Failure to do so before the end of the event may result in a suspension.
- Demonstrate support for, and respect the rights and dignity of, and show courtesy to all other persons
- Never engage in inappropriate conduct including the use of offensive language and gestures that are demeaning to others
- Care for the equipment and facilities made available during training and competition
- Always consider the safety and wellbeing of other participants before performance and results
- Respect the privacy of other athletes and persons at all times
- Adhere to anti-doping policies
- Display appropriate conduct, behaviours, gestures, language and communication with all other persons.