



**TNT Adventure 2025
Frequently Asked Questions (FAQ)
For parents and athletes**

Q: What is the Adventure Team?

A: Riders in 6th grade or older. It's a progressive season introducing various riding styles, with a focus on team-building, camaraderie, and skill development for different trail types.

Q: What if my rider will miss several weeks of the season?

A: It's Summer, we understand that vacations happen. However, riders build skills throughout the season, and extended time away may make it tough to keep up. If you have travel plans, please reach out so we can create a ride plan for your athlete.

Q: When does the season start and end?

A: Our official season will start in May (weather permitting) and will end by Labor Day. This team may opt to ride into September/October based on coach availability.

Q: What does the program cost and what does the fee include?

A: The team fee is \$325 and includes TNT certified coaching, 2x practices per week, team shirt and team events (mechanical skills clinics, trail work days, volunteer days, end of season event etc.) The cost per practice comes out to \$10. We strive to keep our program costs low and accessible to our community.

Q: When does registration open and when are fees due?

A: We will open registration April 1, 2025. Fees will be due at this time via TeamSnap. Coach volunteers and returning riders will enjoy early registration access. (notification will come via email). No late registration.

Q: What are the requirements for athlete equipment?

A: **A well maintained mountain bike and a bike helmet are required to participate.** Local bike shops know us and can advise you. More detail on requirements available [HERE](#)

Q: When will the team practice?

A: We will practice on Monday and Thursday afternoons (est. 5-7pm). We will send out a notice via team snap if we need more time for an upcoming ride.

Q: Where will the team practice?

A: The team will practice in a variety of locations with varying trail types in the Truckee and North Tahoe area, taking advantage of our amazing trail systems. Be prepared to drive a bit and try to set up carpools where possible.

Q: Are there races?

A: No, this is a non-competitive team focused on building mountain bike skills and having FUN!

Q: How can I volunteer to help during the practices and events?

A: Anyone can volunteer to help during practices and events in a variety of capacities. You don't have to ride a bike! To get on the list, please enter your information via our [TNT Volunteer form](#).

Here are a few ways to contribute:

Ride Leader: Must commit to 12 rides

Ride Supporter: Must commit to 10 rides

Mandatory training requirements: All coaches must attend the OTB training, coaches pre-ride meeting and fill in their availability on the TNT adventure google calendar (We will work around illness, last minute work travel or vacation)

New coaches (for those who have never volunteered with the Adventure Team) who would like to volunteer must attend a virtual or in-person meeting to review expectations / requirements

New this year: Student coaches: for volunteer opportunities please inquire info@rideontnt.org

Admin: Arrive 10-15 minutes before the ride to check-in athletes on Team Snap

Pre-ride mechanical bike check: One volunteer to check bikes prior to the ride

Q: Can I ride along during the team practice?

A: No. Coaches are set prior to the season start.

Q: How do I become a certified coach?

A: If you are interested in learning more about coaching, please fill out the [coach interest form](#) and we will add you to the communications and invite you to information meetings.

Q: What can we do now to prepare?

A: Go ride bikes pre-season! Go to Reno or the Nevada City/Auburn area before the snow melts. Spread the word, get the stoke going! Go to local bike shops and talk to them about bike maintenance and what usually breaks during the season. Make sure you have all the gear you will need.

Q: How are dollars from TNT team fees being utilized?

A: TNT is a 501(c)(3) non-profit, run by volunteers. Funds TNT collects (either from team fees or sponsor donations) will go directly to supporting the team and the TNT infrastructure that enables it. Key costs include: Coach stipends and training, team shirts/jerseys, race support,

team events, insurance, scholarships, team trailer, IT costs (TeamSnap, website), legal and financial administration.

KEY CONTACTS:

Email: info@rideontnt.org

Head Coaches: Eric Baird, Alissa Niedz

TNT Website: www.rideontnt.org