SAA of New York City



Meeting Script

Garment District
Thursday 7:30 AM Zoom Mtg

BRENTWOOD IN NEW YORK
SAA THURSDAY MORNING — RISE AND SHINE

CHAIR:

Good morning, and welcome to the SAA Thursday Morning Rise And Shine Meditation Meeting of Sex Addicts Anonymous. My name is _____ , and I am a sex addict. This is a closed meeting for anyone who seeks recovery from sexual addiction.

If you are using Zoom online, a chat feature is available for fellows to post information relevant to the meeting. We gently encourage you to avoid using the Zoom chat for conversation during the meeting. Also, in the spirit of maintaining anonymity, I will change any visible last names of Zoom participants to last initials.

Let's open this meeting with a moment of silence followed by the Serenity Prayer.

(If you would like to use the call and response form of the prayer)
I'll say it one line at a time and everyone can repeat after me.

"God, grant us the serenity, (everyone repeats)
to accept the things we cannot change, (everyone repeats)
the courage to change the things we can, (everyone repeats)
and the wisdom to know the difference (everyone repeats)"

Not to embarrass you, but so we may get better acquainted with you after the meeting, I would like to ask anyone new to this meeting or in his or her first week of attending SAA to please identify yourself by sharing your first name.

We also have a Newcomer welcome letter with links to two useful pamphlets at nycsaa.org/welcome

I will now mute all participants. During the meeting, I will call your name when it is time to read or share and ask you to unmute yourself. If you are not speaking please keep yourself muted.

In this meeting, we will start with the daily meditation from the book **"Voices of Recovery"** followed by a five-minute timed meditation. After the meditation, we will begin open sharing until 8:15 AM.

If you are online the handouts can be found at nycsaa.org/meetings by going to this meeting time and clicking on the handouts link.

I have asked someone to read **"Our Addiction".**

I have asked someone to read **"Our Program".**

I have asked someone to read today's passage from **"Voices of Recovery".**
We will now have a five-minute timed meditation.

Please keep yourself muted during the meditation. If you are going to move around during the meditation, please turn you camera off so as not to distract anyone during the meditation

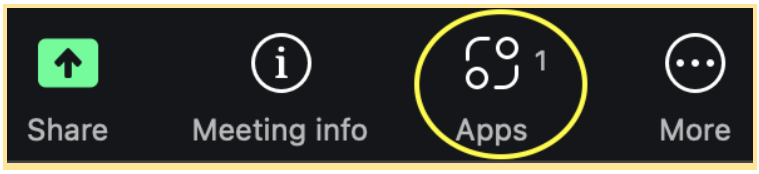
AFTER MEDITATION ENDS - CHAIR:

It is now time for open sharing until 8:15 AM. In an effort to keep everyone safe in this meeting, please be conscious of not being too explicit with your sharing or naming persons, places or websites that may be triggering to others. We ask that you show respect for each other by not cross-talking, criticizing or offering advice. We distinguish providing SAA-related information in chat from crosstalk.

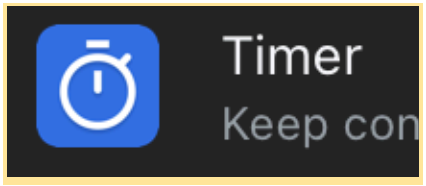
We ask that you be conscious of the length of your share with respect to the number of people at this meeting. A recommended share is 3 minutes. If your share is running too long; the Chair will have the discretion to signal you to wrap up. I will use Zoom's timer app to remind us of the lengths of our shares.

NOT TO BE READ ALOUD: How to use Zoom's timer app:

Click on "Apps":



Click "Timer":



Disable the alarm sound:



SAA is not a place to meet or pick up sex partners. This behavior is harmful to all of us. The Fellowship is committed to providing a safe place for everyone. If you have been troubled by an attendee's behavior, please discuss it with a trusted servant, and the matter will be addressed promptly and appropriately.

If anyone has a problem with a share, please say '**Explicit**' and then give the person time to continue their share.

*If you would like to share, please click on "**Reactions**" and then "**Raise Hand**". If you are on the phone, press *9 to raise your hand. I will call on you, ask you to unmute yourself and lower your hand after you finish sharing.*

AT 8:15 AM, TAKE 7TH TRADITION:

CHAIR:
It is now time for the Seventh Tradition.

CHAIR or TREASURER:
(The chair can add the following after the treasurer comments, or if the treasurer is not present the chair can read as follows):

SAA has no dues or fees, and your presence is and always will be more important than your money. Currently, all collections are going to support Intergroup's monthly expenses, which include online outreach, help lines, the website, zoom meetings and the Garment Center location rent. In order to cover these monthly expenses, we ask for those who can, to contribute during the 7th Tradition. It is possible to set up monthly recurring donations, which are especially appreciated, but any donation is appreciated. To donate, go to http://nycsaa.org/donation and you can pay through PayPal, Venmo or credit card. The receipt will not say SAA. I will now place the link on the chat. As always, your presence is and always will be more important than your money.

I have asked_____to read **The Twelve Steps of Sex Addicts Anonymous.**

ANNOUNCEMENTS:

- **Secretary** - Phone list
  (The secretary may choose to give out their phone number so that fellows may contact them for a copy of the phone list.)
- **Chair or Fellows** - SAA announcements
- **IG Rep** - Intergroup announcements
  SAA NYC Intergroup can help any fellows who are looking for a sponsor or looking to sponsor. You can fill out a request form at nycsaa.org/sponsorship.
- **Literature Rep** - Books & Literature

(The chair can add the following after the literature person comments, or if the literature person is not present the chair can read as follows)
If you are online, go to nycsaa.org/literature to access for free or purchase all SAA literature.

CHAIR: This is the time we have set aside for Newcomers and Burning Desires. Would any Newcomers like to share? Are there any Burning Desires?

AT 8:25 AM
CHAIR: Sorry, that's all the time we have for sharing today. It is a tradition of this room for each member to state one thing they are going to do today to stay committed to their recovery. We do this popcorn-style – the floor is now open for those who would like to state one thing they will do today.

I have asked _____ to read **"Closing Statement"** from **The Green Book of Sex Addicts Anonymous.**

This meeting was anonymous — who you saw here. what you heard here, when you leave here, let it stay here… Hear! Hear!

Before we close out the meeting, can we get a volunteer who is willing to be made host on Zoom, so that the meeting can remain open for fellowship? (Wait for a volunteer) You will be made host after the closing prayer. Thank you for your service.

After a moment of silence, would _____ lead us in the Serenity Prayer?

(If you would like to use the call and response form of the prayer)
I'll say it one line at a time and everyone can repeat after me.

"God, grant us the serenity, (everyone repeats)
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