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SUN PEAKS FREESTYLE CLUB MANUAL





[Overview](#)

[Introduction](#)

[Annual Review Process](#)

[Purpose, Beliefs and Promise](#)

[Membership](#)

[Programs](#)

[Overview](#)

[Age Requirements](#)

[Schedule and Duty of Care](#)

[General](#)

[Drop-Off](#)

[Pick-Up](#)

[Sun Peaks Resort Partnership](#)

[Operational Parameters](#)

[Performance and Development Teams](#)

[Ski Programs](#)

[FUNdamentalz](#)

[Freestylers](#)

[Freestyle Development Team](#)

[Freestyle High Performance Team](#)

[Snowboard Programs](#)

[Licensing/Membership Fees](#)

[Credits/Refunds](#)

[Volunteer Deposit and Reimbursement Program](#)

[Extra Training, Camps and Competition Expenses](#)

[Registration Fee Installment Plan](#)

[Financial Hardship Policy](#)

[Events](#)

[General](#)

[Principles for Safe Operation](#)

[Infrastructure and Facilities Management](#)

[Mogul Site](#)

[Freestyle Canada Air Pathway](#)

[Communications and Media](#)



[Responsible Membership](#)

[Fundraising](#)

[Sponsorship](#)

[Coaches](#)

[Coach Development](#)

[Junior Coaches](#)

[Brand Use and Guidelines](#)

[Usage](#)

[Athlete Safety](#)

[Concussion and Return to Sport after Injury](#)

[Codes of Conduct](#)

[Athlete Responsibilities](#)

[Compliance](#)

[Parent Responsibilities](#)

[Coach Responsibilities](#)

[Director Responsibilities](#)

[Alcohol, Drug Use, Smoking and Vaping](#)

[Safe Sport Policy](#)

[Interactions between Persons in Authority and Athletes and/or Minor Individuals – the 'Rule of Two'](#)

[Practices and Events](#)

[Communications](#)

[Virtual settings](#)

[Travel](#)

[Locker Room / Changing Areas](#)

[Photography / Video](#)

[Physical Contact](#)

[Enforcement](#)

[Privacy](#)

[Discipline and Complaints Policy](#)

[Social Media Policy](#)

[Equity and Access Policy](#)

[APPENDIX A-Image Consent Form](#)

[APPENDIX B-Important Resources](#)



Overview

Introduction

Sun Peaks Freestyle Club (SPFC) is dedicated to promoting freestyle skiing and snowboarding for kids ages 8 and up in the Kamloops and Sun Peaks areas. Established in 2016, Sun Peaks Freestyle Club has grown to 100+ athletes. Our athletes train intensively throughout the winter at Sun Peaks, and get a chance to show off their hard work by competing in regional, provincial, and national level competitions. The excitement around freestyle skiing and snowboarding continues to grow!

The purpose and intent of this manual is to provide SPFC members with a resource to find answers to common questions and provide direction on club policy and procedures. The manual is not intended to cover every expectation and responsibility of members, coaches, athletes, or volunteers. It is to provide guidance. This manual will be updated from time to time based on the direction of the board and the demands of the club.

This manual will be available for your reference at www.sunpeaksfreestyleclub.ca

Annual Review Process

To stay relevant and up to date this handbook will be reviewed annually and be ready for its annual distribution in the fall each year. Freestyle is an ever-changing and developing sport. If we, as parents, clubs, event organizers and officials, can adapt and change with it we will help provide a platform for the sport to continue to grow and thrive.

Purpose, Beliefs and Promise

SPFC is a not-for-profit ski and snowboard club operating in BC. We are a member-driven, **volunteer** organization that works in collaboration with national and provincial organizations to promote freestyle and freeskiing and snowboarding, as well as snowboard cross in a fun, safe, and progressive team environment. Our purpose is to promote and assist with the development of amateur youth freestyle ski and board programs, coaching programs and activities/events for all levels of amateur youth consistent with the standards of our partner organizations Freestyle Canada, Snowboard Canada and International Freeskiers & Snowboarders Association.



SPFC PURPOSE

- The continued growth of a freestyle program that encourages safety, fun and skill development.
- To create a program that allows our athletes' continued skill development in support of them reaching their goals in both recreation and competition.
- To support and encourage coaching development and coaching to ensure the continued growth of our club and create opportunities for our future SPFC leaders.
- To create an environment of excitement for our athletes to follow the path that inspires them and allows them to express themselves fully as well rounded athletes.
- To solidify the skills necessary for growth and success in the sport of freestyle skiing and snowboarding and to nurture the passion of our athletes for lifetime participation in their sport.

SPFC BELIEFS

SPFC believes in strong fundamental skills and never- ending potential. We believe in possibility and pushing boundaries. We believe in creating a safe and supportive space for our athletes to learn, grow and challenge themselves.

SPFC PROMISE

To provide a welcoming space for all children excited about freestyle skiing and snowboarding. To encourage all athletes to step out of their comfort zone and harness their courage to achieve their goals. To develop athletes that are ambassadors of their sport and of Sun Peaks.



Membership

SPFC membership is composed of voting and non-voting individuals engaged in activities with SPFC, including but not limited to, athletes, coaches, officials, judges, volunteers, directors, officers, administrators, spectators, team personnel, and parents of athletes.

The primary parent/guardian contact of an athlete as listed at registration is considered the voting member for the family. Each family is allotted one representative.

All members of SPFC are expected to be familiar with and adhere to the policies and procedures set forth in this manual.

SOCIETY CERTIFICATE:

 [Society_Certificate.pdf](#)

SOCIETY BYLAWS:

 [SPFC By-laws.pdf](#)

SOCIETY CONSTITUTION:

 [Society_Constitution_2022.pdf](#)



Programs

Overview

SPFC offers freestyle programs suited to athletes of all abilities and ages 8 - 18, from recreational to competitive, and beginner to aspiring international competitor. All registration must be completed electronically through [SnowReg](https://snowreg.com/#!/events/sun-peaks-snowboard-club-2025-2026).

SNOWBOARD REGISTRATION LINK: <https://snowreg.com/#!/events/sun-peaks-snowboard-club-2025-2026>

SKI REGISTRATION LINK: <https://snowreg.com/#!/events/sun-peaks-freestyle-club-2025-2026>

Ski Program Registration Notes

- SPFC does not offer a 'learn to ski' program, all skiers must be strong parallel skiers
- Sun Peaks Freestyle reserves the right to place athletes in the appropriate age and ability groups.
- Age groups are determined by the calendar year ending December 31, i.e. if 12 by Dec 31.
- All program registration, waivers, and payment must be completed before participation begins.
- Any athlete deemed by our coaches to not be at our minimum skill level will be refunded in full and removed from the program with the hope that they will return when they are ready.
- There is no pro-rating for a late start or extended absence.
- There is no family discount.
- All memberships from Freestyle BC and Freestyle Canada are non-refundable.

SNOWBOARD Program Registration Notes

Skill Level Required

- All snowboard participants entering at the base level must be strong with their edging both heel and toe. Able to get on and off chairlift independently and be comfortable on small jumps and basic boxes.
- Sun Peaks Freestyle reserves the right to move an athlete to a different ability/age group
- Any athlete deemed by our coaches to not be at our minimum skill level will be refunded in full and removed from the program with the hope that they will return when they are ready.
- Age groups are determined by the calendar year ending December 31, i.e. if 12 by Dec 31.
- All program registration, waivers, and payment must be completed before participation begins.
- There is no pro-rating for a late start or extended absence.
- All memberships from BC Snowboard and Canada Snowboard are non-refundable



Age Requirements

All participants must be 8 years of age at the time of registration or no later than the program start date. There are no exceptions to this. Athletes graduate from our programs at 19 years old.

Schedule and Duty of Care

General

For full day winter programming, the training day runs from 9:00 am to 3:00 pm with a lunch break that can be anytime between 11:00 am - 1 pm. Half-day programs run the morning session from 9:00 am - 12:00 pm and the afternoon session from 12:00 pm - 3:00 pm.

**Please note that the half day program break will start at the end of morning session for ease of pick up. Please arrive a few minutes early for a smooth transition. It is a parent's responsibility to physically ensure that their athlete meets up with their coach at the start of the training day and after the lunch break. Duty of care does not start until parent hand-off has been completed with a SPFC representative.

If you are late and the groups have left or are held waiting for you, message your coach and make alternate arrangements. If you are unable to attend a training day, please notify your team coach so that your athlete's group is not held up waiting.

Drop-Off

Coaches meet their groups at 8:45 am at the ANNEX and will depart promptly at 9:00 am.

Pick-Up

Lunch pick-up is at 11:45 pm for half day morning programs and end of day pick-up is at 3:00 pm from the ANNEX.



SKI PROGRAMS

We aim to have a better than 8:1 athlete to coach ratio. The goal is to have groups set by the 3rd weekend of training; however, individual athletes may be moved based on skill progression and training needs after that date. Groups will be created based on athlete age, ability, and coach feedback.

Requests from parents will be honored only when it fits with the best interests of the athlete and the team. All change requests must be submitted in writing to the Head Coach after the 2nd weekend of training. The program director in consultation with the coaches will make all final determinations on group placement.

FREESTYLERS (aged 8-13)

 [2025-26 FREEstylerz AGES 8-13-DETAIL.pdf](#)

FUNDAMENTALZ (aged 8-10)

 [2025-26 FUNdamentalz AGES 8-10-DETAIL.pdf](#)

FREERIDERZ (aged 12+)

 [2025-26 FREERIDERZ All mountain details.pdf](#)

Performance and Development Team Selection (SKI)

Performance Team Selection [2025-26 PERFORMANCE TEAM--DETAIL.pdf](#)

Athletes on the Performance Team are making a serious commitment to developing their freestyle skills. They are competing in freestyle events and are committed to training both on and off the mountain. Comp team athletes compete in Moguls, Slopestyle and Big Air. Competing in all disciplines at Timber Tour is mandatory. Athletes attending Canada Cup and/or Jr. Nationals may specialize from time to time. An Invitation from the Head coach is required prior to signing up for this team. After an assessment period the Head Coach invites athletes to become members of the team. This is a year-round commitment to all our programs including air bag/water ramps, trampoline, dryland, as well as extra training days over and above our normal program during the fall, winter and spring.



Development Team Selection 2025-26 DEVELOPMENT TEAM AGES 12+-DETAIL.pdf

An Invitation from the Head coach is required prior to signing up for this team. An assessment period may be required for coaches to get to know the athletes better and for athletes to see if it's a program they will have success in. If you did not receive an invite and are interested in this program, please contact sunpeaksfreestyleclub@gmail.com (ski) and we will have a coach contact you to determine if this is the correct program for you. This program is intended for athletes who are interested in increasing their skills, progressing, and competing. Development team athletes compete in Moguls, Slopestyle and Big Air. Competing in all disciplines at Timber Tour is mandatory. Athletes in this program will need to meet the benchmarks set out for the team and have sights on earning a spot on the Performance Team.

Programs–Snowboard

Overview

SPFC offers freestyle programs suited to athletes of all abilities and ages 8 - 19, from recreational to competitive, and beginner to aspiring international competitor. Any athlete deemed by our coaches to not be at our minimum skill level will be refunded in full and removed from the program with the hope that they will return when they are ready. All registration must be completed electronically. Returning members must register within their given window and are prohibited from sharing any early or advance registration codes - sharing will result in your registration being cancelled.

High Performance and Development Team Selection (SNOWBOARD)

 SNOWBOARD PERFORMANCE TEAM--DETAIL.pdf

Athletes on the Performance Team are making a serious commitment to developing their freestyle skills. They are competing in the BC Provincial Series and working into NorAm contests. After an assessment period the Head Coach invites athletes to become members of the team. This is a year-round commitment to snowboard training on and off the slopes. Trampoline, Strength and conditioning and extra training days over and above our regular on snow training is recommended.



Contact snowboard@sunpeaksfreestyleclub.ca and we will have a coach contact you to determine if this is the correct program for you.

We aim to have a better than 8:1 athlete to coach ratio. Groups will be created based on athlete age, ability, and coach feedback/invite. New performance and development athletes will be assessed by our coaching team. If an athlete is on the cusp of developing into that space they can be moved during the season if it's the right fit based on their skill progression and goals. This will be communicated from coach to parent/athlete.

The program director in consultation with the coaches will make all final determinations on group placement. Requests from parents will be honoured only when it fits with the best interests of the athlete and the team. For detailed information on the performance factors required for athletes on this team [click here](#)

Performance Team (coach invite)

The Performance Team is designed for athletes who are looking for more days on snow, increased competition experience and a year round training experience. Athletes in this group have chosen snowboarding as their main sport and are expanding in the competitive environment. Athletes are comfortable in all terrain environments and experienced in the terrain park. Performance Team athletes will have experience in Provincial Series competitions and competing or working into NorAm events. Performance Team athletes are encouraged to compete in 3 to 4 of the Provincial Series events, junior nationals and some NorAm events.

Development Team Selection **SBD COMP DEV TEAM (SLOPE OR SBX)-DETAIL.pdf**

No invitation is required from the Head coach for the Dev team, however if the skill matrix is not being met SPFC head coach reserves the right to move the athlete to the appropriate group. An Assessment period may be required for coaches to get to know the athletes better and for athletes to see if it's a program they will have success in. If you are interested in this program, please contact snowboard@sunpeaksfreestyleclub.ca and we will have a coach contact you to determine if this is the correct program for you.

This program is intended for athletes who are interested in increasing their skills, progressing, and competing in the BC Provincial Series competitions and local competitions. Athletes in this program will need to meet the benchmarks set out for the team and have sights on earning a spot on the Performance Team one day.

Development (Dev) Team

The Development Team is designed for athletes ages 11+ who are looking for more days on snow, increased competition experience and a fast-track program bridging the gap to Performance Team. Riders are expected to join off season training as much as possible when provided. Athletes will have great overall snowboard competencies and be focusing on strength, air awareness and overall slopestyle competencies to excel in the competitive environment. Riders must be comfortable in all terrain environments and experienced in the terrain park. Dev Team athletes are encouraged to compete in 2 to 3 of the Provincial Series events as well as participating in the local competitions.



Junior Local Dev Program [PDF](#) SBD JUNIOR COMPETITION DEV LOCALS PROGRAM-DETAIL.pdf

This program is a 14 week co-ed group ages 8 to 12 on Fridays from 9 to 3pm. The focus is to develop strong all-mountain riders using a blend of park riding, speed and freeride. Within these elements riders can develop their snowboard style and flow to move into the competitive space they choose. Riders must be competent with heel and toe edging, getting on and off the chairlift unassisted, comfortable with blue to black diamond runs and hitting small jumps and small box rails. Athletes will be encouraged to participate in the Sun Peaks Resort Local Rail Jams and SPFC knuckle Huck events with a focus on fun.

Riders Program (SBX team or Park) [PDF](#) SNOWBOARD RIDERS PROGRAM-DETAIL.pdf

The riders program is a 14 week co-ed group ages 9 and up. This program has a high focus on multidisciplinary snowboarding with a focus on developing well rounded snowboarders. Saturday's rider's group will have more emphasis on Park skills and Sunday's Riders group will have emphasis on Snowboardcross (SBX) skills. Riders must be competent with heel and toe edging, getting on and off the chairlift unassisted, comfortable with blue to black diamond runs and hitting small to medium jumps. Athletes will be encouraged to participate in at least 1 BC Provincial Series Event along with the Sun Peaks Resort Local Rail Jams and SPFC Knuckle Huck events. The focus is on fun and exposure to off mountain Provincial events.

Female Freestyle Program [PDF](#) SNOWBOARD FEMALE FREESTYLE -DETAIL.pdf

The female freestyle program is a 14 week Sunday program for riders 8 and up. Female athletes can choose a half day or full day option (if you are 9 and up). The Focus is to develop strong all mountain female riders using a blend of park riding, speed and freeride. Riders must be competent with heel and toe edging, getting on and off the chairlift unassisted, comfortable with blue runs and hitting small jumps and small box rails. Athletes will be encouraged to participate in the Sun Peaks resort local rail jams and/or 1 or more provincial events.



Age Requirements

All participants must be 8 years of age at the time of registration or no later than the program start date. There are no exceptions. Athletes graduate from our programs at 19 years old.

Schedule and Duty of Care

General

For full day winter programming, the training day runs from 9:00 am to 3:00 pm with a lunch break. Time varies on weather/conditions but usually between 12:00 pm - 1:00 pm. Sunday's half-day program runs the morning session from 9:00 am - 12:00 pm. It is a parent's responsibility to physically ensure that their athlete meets up with their coach at the start of the training day and after the lunch break. Duty of care does not start until parent hand-off has been completed with a SPFC representative. If you are late and the groups have left or are held waiting for you, message your coach and make alternate arrangements. If you are unable to attend a training day, please notify your team coach so that your athlete's group is not held up waiting.

Drop-Off

Coaches meet their groups at 8:45 am at the ANNEX and will depart promptly at 9:00 am.

Pick-Up

Lunch pick-up is at 11:50 pm for half day morning programs and end of day pick-up is at 3:00 pm from the ANNEX.



Sun Peaks Resort Partnership

It is the responsibility of all members to acknowledge that maintaining a respectful relationship with the Resort is crucial to the success and viability of our club. The SPFC is a guest of the Resort, and the club operates with their generous support and permission. Our positive relationship with our host mountain provides:

- The ability to train and operate our programming on the mountain
- A willingness for the host resort to provide key resources such as training areas, grooming, terrain park builds, event support, supplies, and infrastructure at low or no cost to the club
- The opportunity to host events

SPFC members are committed to adhering to and abiding by the [Alpine Responsibility Code](#).

Any concerns from members about resort operations should always be addressed directly with the SPFC and not directly with the Resort.

Operational Parameters

Training times will be adjusted or completely canceled if the temperature is at -25 C ambient and - 30 C windchill as forecasted the night before for all teams with the exception of Performance Teams. High Performance team training may continue to take place at the coach's discretion.

Any decision to cancel training will be made by 7:00pm the day before. In some cases, training may be canceled mid-session due to deteriorating conditions and families will be contacted to collect their athletes.

Always make sure your athlete is dressed in appropriate layers for the training day and changing conditions.

Groups may also be canceled due to coach illness or injury and the unavailability of a substitute coach. Notification will be sent to those impacted with as much advance notice as possible, but please understand that these events are often last minute.

At all times, parents must follow the Duty of Care Policy to ensure the safety of athletes and that they are handed off to a coach.



Licensing/Membership Fees

The SPFC operates in partnership with Freestyle Canada, BC Freestyle, International Freeski Association (IFSA), and BC Snowboard (BCSBD). Each participant is responsible for registering and purchasing the appropriate License or Licenses through one or more of these organizations and remaining in good standing with the organizations. Please note that there are different renewal dates and it is the participant's responsibility to ensure that their license is up to date prior to participating in any programming on- and off-snow. **BC Snowboard, Freestyle BC & Freestyle Canada Memberships are NON-REFUNDABLE or transferable after purchase.**

Registration, Cancellation and Refund Policies

As a not-for-profit organization we strive to keep our fees as low as possible. We recognize our season may be disrupted by circumstances beyond the club's control. Sun Peaks Freestyle Club will aim to provide make-up sessions with canceled training days due to resort dictated cancellations, coach unavailability or local/provincial/national health guideline changes. For any days we are not able to offer a make-up, we will offer a prorated credit. Make-up days and credits will not be issued for adverse weather conditions that fall outside of our operational parameters. Any credits will be issued at the end of the season.

Registration Fees–Cancellation and Refund Policy

- Refunds will not be available for no-snow conditions except where no alternative can be offered by the end of the season. In this case, a prorated refund or credit for the following season may be offered instead.
- If a session is missed by an athlete due to illness, injury, or another commitment, there is no opportunity for makeup sessions.
- Written requests for refunds or credits for registration fees due to extenuating circumstances may be considered at the discretion of the Board on a case-by-case basis. Additional documents (ex. doctor's note) may be required. In the instance a registration refund is granted, the following parameters are in place for registration refunds: Cancellations of registration fees prior to November 15th will be subject to a \$250 processing and administration fee. Cancellations of registration prior to December 15th will be subject to a \$500 processing and administration fee. No refunds will be given after January 1st.



Camps, Extra Training, Water Ramp, Airbag–Cancellation & Refund Policy

- Notice of withdrawal from a program, camp or event must be given no later than 4 weeks from the start date of such program, camp or event.
- If notice of withdrawal is received less than 4 weeks prior to the start date of a program, camp or event, no refunds or credits will be issued.
- If notice of withdrawal from a program, camp, or event is received 4 weeks or more from the start date, a full refund will be issued to the payee, minus service fees and taxes, and an administration fee of \$75.00.
- Written requests for refunds or credits for programs, camps or events may be considered at the discretion of the Board on a case-by-case basis for extenuating circumstances. Additional documents (e.g., doctor's note) may be required. If you miss a session due to personal illness, injury, or another commitment, you are not eligible for a refund, credit, or makeup session.
- If Sun Peaks Freestyle Club cancels a session due to weather or extenuating circumstances, we reserve the right to reschedule such session until the end of the season. In the case a session cannot be rescheduled, a refund or credit may be available at the discretion of the Board.
- An admin fee of \$75 will be applied to all refunds or credits.



Volunteer Program

SPFC is a non-profit club that relies on parent and family volunteers to run smoothly. Volunteering helps keep program costs affordable and builds a stronger community.

\$200 Volunteer Commitment & Levy

To keep programs affordable and ensure events run smoothly, SPFC requires each family to contribute through volunteer hours or a financial levy. Families may choose to complete their volunteer hours or opt to forfeit the levy to support essential club operations.

During registration, you chose one of the following options:

1. I commit to completing six (6) volunteer hours in support of the 2025/26 SPFC season. I understand that, in order to have my \$200 volunteer levy returned, I must submit a completed Google Form outlining my volunteer hours with the club no later than **April 30, 2026**. I acknowledge that, upon verification of my completed hours, my volunteer levy will be returned to me on **May 15, 2026**.
2. I hereby relinquish my volunteer levy of \$200 in lieu of completing the required volunteer hours. I understand that SPFC is a volunteer-run organization, and I acknowledge that my \$200 contribution will be allocated toward covering coach wages to complete essential tasks that would otherwise rely on volunteer support.

WHAT IF I HAVE MULTIPLE KIDS IN SPFC FREESTYLE PROGRAMS?

The volunteer rebate and volunteer duties are applicable to each athlete registered.

WHAT CAN I DO TO EARN VOLUNTEER HOURS?

Volunteer opportunities will be posted on the website and sent through emails. Some common ways to volunteer include

- Club hosted events such as Canada Cup/Timber Tour/Shred Series (many jobs to be done and the best way to get a front row seat to competitions)
- House Parents (on call on training days for supervision of a participant or group if needed)
- Social events
- Join a committee (events, fundraising, etc)
- Moguls course and air site maintenance



HOW DO I GET REIMBURSED AFTER I HAVE DONE MY VOLUNTEER HOURS?

All members are asked to track their volunteer time and complete this form:

[VOLUNTEER LEVY REIMBURSEMENT FORM--DUE APRIL 30, 2026](#)

Volunteer Reimbursements will be paid on May 15, 2026.

Extra Training, Camps and Competitions- Invoicing

Extra training, camps and competitions will require payment in advance to secure an athletes spot. All payments are subject to our Club Registration, Cancellation and Refund Policy. All invoices will include an attachment with a cost breakdown and a cost per athlete. Expenses including but not limited to: coach travel (accommodation, per diem, travel time and mileage), coach wages, shared athlete accommodation and shared food will be evenly divided by athletes attending each event. All extra training, camp and competition invoices are subject to a 3.5% processing fee to offset Club administrative costs and payment processing.

At home competitions are subject to a flat-fee day rate.

Registration Fee Installment Plan

Financial Hardship Policy

For those facing financial hardship SPFC is developing a financial hardship policy to support local children that may need it. If you have a child that is super passionate about freestyle skiing or snowboarding and needs a little extra support please send your confidential request for financial leniency to

sunpeaksfreestyleclub@gmail.com



Events

Athletes will have opportunities to compete at local events, regional events and provincial/national level events. All athletes are welcome to participate in any event the club supports, and they are eligible to attend. Please check with your child's coach if you are unsure. Please note that Competition and Event Registration Fees may apply. The club will also from time-to-time bid to host events. These bids will be approved by the Board of Directors at the start of the season.

SKI EVENTS

EVENT	DESCRIPTION	MORE INFO...
NORAM SERIES	FIS Competition–Entry invitation determined by FIS Ranking.	Invitation
CANADA CUP FIS	The Canada Cup FIS Series presented by Toyo Tires is Freestyle Canada's national competition circuit. It was created to support a competitive and sustainable domestic tour where freestyle athletes from across Canada can develop their competitive skills in all of our disciplines; Moguls, Aerials Slopestyle and Halfpipe. Canada Cup FIS Athletes are working towards a Noram Invite.	Invitation based on Ranking
CANADA CUP DEV	The Canada Cup DEV Series. It was created to support a competitive and sustainable domestic tour where freestyle athletes from across Canada can develop their competitive skills in all of our disciplines; Moguls, Aerials Slopestyle and Halfpipe.	
JUNIOR NATIONALS	Invitation-Year end competition for the Timber Tour level competitors.	Stoneham March 2026
TIMBER TOUR	Following is a guide for the BC Timber Tour Series of Freestyle Skiing events. Freestyle BC in partnership with BC registered clubs offer the BC Timber Tour to provide a meaningful competitive experience for athletes in the learn to train (L2T) and train to train (T2T) stage of the long term athlete development (LTAD) model.	3 events each season Locations + Dates TBD
STOKE SERIES	Fun intro to competition! 2 day competition alongside the Timber Tour Competitions. U8 to U16 Competition groups. 2 day competition featuring Slopestyle and Moguls	Sun Peaks Resort + Dates TBD
BC GAMES	Rossland	



SNOWBOARD EVENTS

Air Nation Events	Canada and US competition	13+ Invitation ONLY/FIS
Senior Nationals	Slope and Big Air	13+ Invitation ONLY/FIS
Junior Nationals	Slope event usually held at end of season	Speak with the coach if this is right for you. Up to age 17
BC Provincial Series	3 to 4 Slope events throughout BC and 2-3 SBX events	Open to all ages-great for kids 8+ for most venues. Speak with coach on best contest fit
SPR local events & Knuckle Huck		Fun Local events for all ages-Speak with coach if contest is right fit for participant

Principles for Safe Operation

To ensure safe operation the *SPFC* will not allow participation in any activities by the following individuals or groups:

- Non-members of a sanctioned BC Freestyle/BC Snowboard Club
- Anyone without an active BC Freestyle/BC Snowboard membership
- Members who do not follow the instructions or guidelines provided by BC Freestyle/BC Snowboard and Provincial/Regional health authorities

SPFC will maintain a list of participants at training and events.

All types of training activities must be carried out in accordance with the most recent BC Freestyle/BC Snowboard guidelines and Provincial/Regional health orders/guidelines. These guidelines will be followed and reinforced, as required.



Infrastructure and Facilities Management

All facilities/training sites will operate in conjunction with resort staff and resources to provide a safe and productive environment for athletes to use for training purposes.

Coaches, Head Coaches, and Volunteers are responsible for all training-site related protocols including but not limited to: Site Security, Setup/Teardown, Site Operations, Handling of Equipment, and Documentation.

Users of any training site must do so with the permission of the SPFC and hold up-to-date membership with Freestyle BC or BC Snowboard.

The *SPFC Board of Directors* are responsible for the effective delegation of responsibilities to coaches and volunteers.

Mogul and Air Site

Volunteers, Coaches, and Head Coaches will be called on for daily maintenance including but not limited to: Building Jumps, Setting Courses, Maintaining Site Safety Standards, and Chopping Landings.



Freestyle Canada Air Pathway (SKI)

Air qualification system – Air bag ♦ Water ramp ♦ Snow



FC AIR QUALIFICATION

Single inverted maneuvers will be **required** to be qualified using the following system:

- The Air Qualification form is required to be fully and properly fill out.
https://docs.google.com/forms/d/e/1FAIpQLSe1LCiS9Ec7ET3C4UC8JWBSDPkP_QychFrLdhW3_YwqzYSpBQ/viewform?usp=sf_link
- For the air bag and the water ramps qualification, athletes must do at least 50 repetitions of the jump wanted to be qualified before the qualification.
- For the on-snow qualification, athletes must do at least 15 repetitions of the jump wanted to be qualified before the qualification.
- The coach that qualifies the athletes should have seen more than half of those repetitions.
- In order to be qualify, the athlete will need to perform that same jump 5 times in a row and have a minimum total score of 75 for each jump.
- If the qualification is missed, it can't be repeated the same day.
- The qualification must be done on the same type of jump that the athlete will be competing on during the winter.
- The coach doing the qualification needs to send a copy of the qualification form to the athlete's PSO and to info@freestylecanada.ski.
- Athletes still **need to qualify front or back tuck before moving on to inverted spinning maneuvers** in that same take-off category. (e.g. Misty, Rodeo, Flatspin etc)
- Athletes are required to qualify bio/corked tricks where feet or hips go over their head (see diagram below) **NOTE Young skiers doing less inverted (feet or hips stay below the head) off axis spins on small and medium jumps MAY perform corked 540 and 720 without being qualified. It is recommended to take them through the qualification process to build confidence.
- This skill development system applies to athletes of all ages – with the exception of National Team athletes.

Inverted maneuvers

An inverted maneuver is any maneuver whereby the athlete's feet or hips go above the athlete's head at any time during the said maneuver (see diagram below). For purposes of clarification Misty, Rodeo, Flat Spin, Flair, and Underflip are all considered to be inverted maneuvers by Freestyle Canada. If there is any question about the status of other new maneuvers, they must be clarified before being performed on a FC sanctioned snow-training site.





Communications and Media

Communications to Membership

Coaches and Club Administrators will communicate training and event details by creating team specific and event specific Whatsapp groups. Official SPFC Whatsapp Groups will be set up by the individual team coach for informational purposes only. Correspondence must be respectful and relevant to the group chat. Parents are encouraged to create their own group chats to plan outings, shared travel and any other parent chat topics.

The Club will communicate organization & other info via:

Emails from Board/Committee Organizers

Club Newsletter

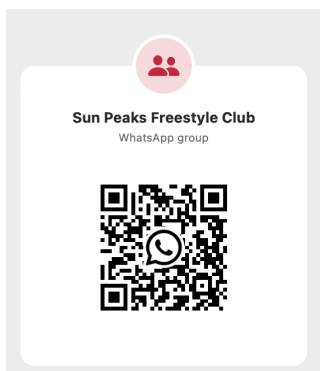
Club Handbook

Master Calendar

Website

Communication Parent to Coach

To contact your team coach regarding your child's progress or participation, please contact them via What's App (https://chat.whatsapp.com/GVF0V5etTea4YDW6ZZHLXx?mode=ems_copy_t) to arrange a further discussion on the coach's terms. Please be respectful and observe regular business hours. Coaches will respond to non-emergency parent inquiries on Thursdays and Mondays.



Our administrators include both paid staff and volunteers who juggle SPFC administrative duties with other obligations. Please allow 2-3 days (& sometimes more) for a response for items that are not of an urgent nature. We will do our best to get back to you asap.



Responsible Membership/Ambassadors for Freestyle Skiing & Snowboard

Each member of our organization is part of something bigger than themselves and their club. Each member is an ambassador of our club and the sport of freestyle skiing/snowboarding. Therefore membership in SPFC comes with obligations. These obligations include but are not limited to: honesty, fair play, acting with integrity, courtesy respect towards others, and compliance with SPFC policies.

Communication and interactions between all members of our organization and the broader Freestyle Community should be professional and respectful. That includes communications/interactions with: coaches, athletes, parents, volunteers, officials, and representatives from the PSO and NSO.

SOCIAL MEDIA POLICY

Website: <https://www.sunpeaksfreestyleclub.ca/home/>

Facebook: [Sun Peaks Freestyle Club Facebook](#)

Instagram (ski): <https://www.instagram.com/sunpeaksfreestyleclub/?igsh=MTB6eWl5emc3dGFrdQ%3D%3D>

Instagram (snowboard): https://www.instagram.com/spfc_snowboard/?igsh=bmFvbDgzY2tvbjBv

SUN PEAKS FREESTYLE CLUB is committed to adhering to and abiding by the Social Media Policies as presented by our Provincial Sports Organization, BC Freestyle.

<https://freestylebc.ski/wp-content/uploads/2024/06/SOCIAL-MEDIA-POLICY-2024.pdf>

Athletes and their families are encouraged to tag and promote the club in their social media posts, but it is expected that all social media communications are positive in nature and have the best interests of the SPFC and its members at heart. Negative comments and any other type of abuse are strictly prohibited for all participants and may be subject to disciplinary action. The following general guidelines should be considered when posting: ensure the Code of Conduct is being observed, any language or music selection should be clean and non-offensive, and no consumption or encouragement of drugs, alcohol, smoking, or vaporization.

Athletes and their families are highly encouraged to write and distribute press releases to local, provincial, and national media outlets celebrating their accomplishments. Any such releases



should be approved by the club president prior to submission to the media.

Specific club contacts are:

- Club President
- Club Vice President
- Head Coach (ski)
- Head coach (sbd)

Fundraising

From time to time, the *SPFC* and/or authorized volunteers will initiate fundraising activities that benefit the club as a whole. All club members are expected to participate fully in these activities.

Sponsorship

The *SPFC* values the contributions of sponsors. Revenue generated from sponsorship has allowed our club to keep membership fees down, purchase infrastructure and provide event prizing.



A photograph of a skier in mid-air, performing a jump. The skier is wearing a white helmet with the number "11", a white and black jacket, and red skis. The background is a clear blue sky.



SPONSORSHIP PROPOSAL

2025/2026



Coaches

Coaches are the *SPFC's* *most* valuable asset. We value their unique skill set, passion and commitment to our sport. All coach guidelines and policies are set out in the Coaches Handbook and include the elements of the Codes of Conduct, Coach Development, and Travel as detailed in this Club Manual.

Coach Development

Coaches are highly encouraged to further their professional development. The *SPFC* supports coach development under the following guidelines:

- Any reimbursement must be approved in advance by the Program Director and Board of Directors.
- Reimbursement will occur in the following manner:
 - 50% of course fees upon successful completion of coaching contract in the year the course was completed
 - Remaining 50% of course fees upon successful completion of coaching contract in the following year the course was completed
 - Travel and accommodations for coach courses will be approved on a case by case basis.

Opportunities to develop skills include:

- BC/Canada Freestyle Coaching Courses - see their websites for upcoming courses
- BC/Canada Snowboard Coaching Courses - see their website for upcoming courses
- NCCP - see their website for upcoming courses
 - Freestyle Related modules (Part of the “Coaches Pathway” i.e. *Teaching & Learning* is in the Comp Intro Certification pathway)
 - Multi-Sport Modules

Junior Coaches

The *SPFC* is committed to developing existing athletes into our next generation of coaches. Athletes wishing to learn more about being a coach are invited to speak with our Program Director about opportunities to shadow and support certified coaches. The club is happy to certify volunteer hours for any athletes that participate in this program. When junior coaches are ready to take their coaching course, they will be reimbursed as per the Coach Development policy. Fundamentals certified coaches will be partnered with a Senior Coach and complete 2-4 days of Shadowing before being assigned their group of athletes. Junior Coaches are encouraged to stay connected to their Sr Coach Mentors throughout the season for



support in their coaching role. 'Coach Sessions' will be scheduled throughout the season.. This is an opportunity for all coaches to ski together, session new skills and remain connected throughout the season.

Brand Use and Guidelines

Usage

The *SPFC* word marks and logos should be used under the following terms and conditions:

1. The *SPFC* logos and wordmarks are for non-commercial use only. Usage of the *SPFC* logos and wordmarks for commercial sales, individual fundraising or organizational fundraising is strictly prohibited unless otherwise approved by the Board.
2. Word marks and logos may not be used in an ambiguous way as described herein:
 - No word mark and/or logo may be used in any way that suggests that the *SPFC* is affiliated with, sponsors, approves or endorses you, your organization, your websites, your products or your services.
 - No word mark and/or logo may be used in any way that mischaracterizes any relationship between you and the *SPFC*.
 - Vendors may not use any word marks and/or logos to advertise the *SPFC* or its members as clients on industry or vendor websites and promotional pieces without written permission, and which must be requested in writing.
3. All logos are distinctive, designed pieces of graphic artwork, owned by the *SPFC*. The following usage guidelines must be followed:
 - Do not modify or alter the logos
 - Do not change scale, skew or rotate any logo
 - Do not change the design of any logo
 - Do not change or vary the colours of any logo
 - Avoid screening logos
 - Do not shrink any logo to less than 1 inch in width or height
 - Do not combine a logo with any other design, trademark, graphic, text or other element, including your name, any trademarks or any generic terms
4. No word mark or logo may be used or displayed in any of the following ways:
 - In any manner that, in the sole discretion of the *SPFC*, discredits the *SPFC* or tarnishes its reputation and goodwill
 - In any manner that infringes, dilutes, depreciates the value, or impairs the rights of the *SPFC* in the word marks and/or logos
 - In any manner that is false or misleading



- In connection with any inappropriate content, illegal activities, or other materials that are defamatory, libelous, obscene, or otherwise objectionable
- In any manner that violates the trademarks, copyright, or any other intellectual property rights of others
- In any manner that violates any law, regulations, or other public policy

5. In any manner as part of a name of a product or service of a company or organization other than the *SPFC*. All goodwill generated by the use of any word mark and/or logo inures to the benefit of the *SPFC*
6. You must, if requested from the *SPFC*, provide samples of any materials that include the *SPFC* word marks and/or logos for purposes of determining compliance with this policy
7. You must make any change(s) to your use of the word marks and/or logos that are requested by the *SPFC*.

- Your download and use of the logos is subject to the *{CLUB}* approval
- Partners who have agreements with the *{CLUB}* must comply with the terms of their agreement in addition to this guideline.





Athlete Safety

There are inherent risks associated with skiing and snowboarding in winter conditions. Safety and injury prevention are very important to our club. Coaches will review on-mountain safety plans with athletes at the start of each season and revisit as required. The club will brief parents on safety plans at our first parent meeting of the season. All athletes must wear a helmet and are encouraged to use additional safety gear such as hip and spine protection, mouth guards, wrist guards, etc..

Concussion and Return to Sport after Injury

Athletes follow planned skill progression pathways to minimize the risk of injury, are instructed to ski/board within their limits, and are coached to pay attention to changing weather conditions. If an athlete sustains an injury during training, they must report it immediately to their coach for assessment. Coaches will document the injury in their coach report, inform parents, and seek additional medical attention.

If the athlete does not report the injury to the coach, the parents must follow-up and report it to the *SPFC*.

If an injury is sustained outside of training, it is the responsibility of the athlete's parents to inform the *SPFC* of the injury so that athlete safety will not be impacted.

The *SPFC*, at their sole discretion, may require an athlete to provide a note from their doctor or physiotherapist to confirm they are clear to ski/snowboard after an injury.

Any athlete suspected of sustaining a concussion will be requested to seek appropriate medical care. A note from the doctor or physiotherapist confirming the results of the investigation may be required. If a concussion is positively diagnosed the athlete must provide a Medical Assessment Letter to the Head Coach or Program Director and may not return to any activities with a risk of concussion until medically cleared to do so.

SPFC follows the [Freestyle Canada Concussion Guidelines](#) to ensure the health and safety of all athletes.

SPFC recommends **baseline concussion testing** through Sage Sport Institute in Kamloops. This provides important reference data should a concussion occur.

Sage Sport Institute <https://sagesport.ca>





Codes of Conduct

The *SPFC* is committed to providing an environment in which all individuals are treated with respect. This Code of Conduct Policy exists to help create a safe and positive environment within the *SPFC* programs, activities, and events. The *SPFC* accepts all language contained in the [British Columbia Universal Code of Conduct](#) (BC UCC) and the Freestyle Canada Safe Sport Policy

Manual as part of this policy. All individuals must be aware that there is an expectation of appropriate behavior, consistent with the values of the BC Freestyle/BC Snowboard, Safe Sport, and the BC UCC at all times. Further, the *SPFC* supports equal opportunity and prohibits discriminatory practices. Members of the *SPFC* are expected to conduct themselves at all times in a manner consistent with the values of the club that include fairness, integrity, open communication, and mutual respect. They are expected to be familiar with their responsibilities under this Code of Conduct Policy, and at all times, act as both a representative of the Club and in general, a role model to the public.

[SUN PEAKS FREESTYLE CLUB ~CODE OF CONDUCT~](#)

Definitions

The following term will have this meaning in this Policy:

“Individuals” - All categories of membership within the *SPFC*, as well as all individuals engaged in activities with the *SPFC*, including but not limited to, athletes, coaches, officials, judges, volunteers, directors, officers, administrators, spectators, team personnel, and parents of the *SPFC* members.

Scope

This policy applies to individuals relating to conduct that may arise during the course of business, activities and events, including but not limited to, office environment, competitions, training, camps, and travel.

This policy applies to conduct that may occur outside of business and events when such conduct adversely affects relationships within the *SPFC* work and sport environment and is detrimental to the image and reputation of the *SPFC*.

This policy applies to conduct that occurs in-person and online.



All individuals involved in the *SPFC* can and should play a part in promoting fair play. As such, individuals should lead by example and respect the written and unwritten rules of sport. It is important to learn how to constructively manage frustration, so that fair play skills and instincts will not be lost in the moment.

Responsibilities

All individuals have a responsibility to:

1. Respect the property of others and not willfully cause damage.
2. Abstain from the non-medical use, control or possession of drugs or performance-enhancing drugs or methods.
3. Comply at all times with the Bylaws and Policies of the *SPFC* as adopted and amended from time to time.
4. Ensure familiarity and adherence to the Commitment to Safe Sport Policy.
5. In order to prevent situations from escalating, the *SPFC* and its members shall observe a 24- hour “cooling-off” period where appropriate. The exception to this rule would be any situation that arises which places a participant’s personal safety at risk.

Athlete Responsibilities

All athletes are members of the *SPFC* and membership has both privileges and responsibilities. It is expected that athletes will read this code of conduct, understand its content, and abide by the guidelines set out. Further, athletes must understand that failure to comply with the Code of Conduct may lead to loss of privileges, including the ability to participate in training or competition. Parents should support their athletes in understanding these responsibilities. As part of registration, athletes must indicate review and acceptance of this Code of Conduct Policy.

As an athlete and a member of the *SPFC* Team you are expected to adhere to and abide by the Sun Peaks Code of Conduct.:



Sun Peaks Freestyle Club Athlete Code of Conduct

The Sun Peaks Freestyle Club (SPFC) is committed to promoting safe and respectful conduct by all of its members (athletes and their parents/guardians, as well as coaches). Specifically, all SPFC members (athletes, coaches, and volunteers) understand and agree to the following:

A. Alpine Responsibility Code

SPFC members will abide by the Alpine Responsibility Code any time they are skiing/snowboarding, both during and outside SPFC sanctioned activities, and both at Sun Peaks Resort and at other ski/snowboard areas.

The Alpine Responsibility Code is as follows:

1. Always stay in control. You must be able to stop, or avoid other people or objects.
2. People ahead of you have the right-of-way. It is your responsibility to avoid them.
3. Do not stop where you obstruct a trail, or are not visible from above.
4. Before starting downhill or merging onto a trail, look uphill and yield to others.
5. If you are involved in or witness a collision/accident you must remain at the scene and identify yourself to the Ski Patrol.
6. Always use proper devices to help prevent runaway equipment.
7. Observe and obey all posted signs and warnings.
8. Keep off closed trails and obey area closures.
9. You must not use lifts or terrain if your ability is impaired through the use of alcohol or drugs.
10. You must have sufficient physical dexterity, ability, and knowledge to safely load, ride, and unload lifts. If in doubt, ask the lift attendant.

B. Park Smart

SPFC members will abide by the Park Smart principles any time they are skiing/snowboarding in a terrain park, both during and outside SPFC sanctioned activities, and both at Sun Peaks Resort and at other ski/snowboard areas.

The Park Smart principles are as follows:

- START SMALL - Work your way up. Build your skills.
- MAKE A PLAN - Every feature. Every time.
- ALWAYS LOOK - Before you drop.
- RESPECT - The features and other users.
- TAKE IT EASY - Know your limits. Land on your feet.

C. Respectful Conduct



All resort guests and staff/volunteers, as well as all other SPFC members, are to be treated in a respectful manner at all times (i.e., both during and outside SPFC sanctioned activities, and at both Sun Peaks Resort and other venues). In particular, offensive, racist, or sexist behavior, including foul language, is forbidden. Bullying, harassment, hazing, fighting, or seriously disruptive behavior will not be tolerated.

D. Fair Play

SPFC members are committed to the principles of fair play: fair competition, respect, friendship, team spirit, equality, sport without doping, integrity, solidarity, tolerance, care, excellence, and joy.

E. Helmets

SPFC members will wear a helmet any time they are skiing/snowboarding, both during and outside SPFC sanctioned activities, and both at Sun Peaks Resort and at other ski/snowboard areas.

F. Inverted Aerials

SPFC members will never attempt any inverted aerials on snow that they have not been qualified for on water or air bag, both during and outside SPFC sanctioned activities, and both at Sun Peaks Resort and at other ski/snowboard areas.

G. Alcohol, Tobacco, Cannabis, and Illicit Drugs

The use of alcohol, tobacco, cannabis, or illicit drugs by SPFC members is forbidden during all SPFC sanctioned activities.

H. COVID-19

SPFC members will follow the current guidelines outlined by the local health authority. These include but are not limited to physical distancing, limiting people in a vehicle, self-monitoring of symptoms, etc. SPFC members displaying symptoms of COVID-19 or who have knowingly been exposed to someone suspected of having COVID-19 will not participate in any SPFC sanctioned activity.

I. Disciplinary Measures

Violation of any of the above items by an SPFC member may result in the imposition of disciplinary measures. Disciplinary measures may range from a temporary suspension to a permanent ban from SPFC sanctioned activities. Disciplinary measures will be determined by the SPFC Board of Directors, and may be coordinated with the disciplinary measures imposed by the management of Sun Peaks Resort or another ski/snowboard area, such as the temporary or permanent revocation of lift passes.



Failure to Comply with the Code of Conduct

Athletes will be sent home from training after 3 strikes. This will apply to but is not limited to actions such as not listening, talking back, swearing, chirping (making fun of one another), and abuse (hitting others – playful or not).

More serious infractions will be dealt with on a case-by-case basis. Actions that will not be tolerated and that will have stiffer penalties include not following mountain rules and protocols, roughhousing, and bullying.

If it is decided that an athlete is no longer suitable for the program, they will be asked to leave with no option for a refund. Also, the member can lose the privileges that come from membership with Sun Peaks Freestyle Club, including the opportunity to participate in Freestyle BC, Freestyle Canada or NorAm events.

Code of conduct compliance is mandatory by all members (coaches, parents, volunteers, officials, board members). Upon the event of non compliance with SPFC codes of conduct, situations will be reviewed and assessed on a case by case basis. Instances of non compliance should be reported to the Board of Director through email to sunpeaksfreestyleclub@gmail.com and must include all relevant, factual information including but not limited to: dates, names, locations, witnesses and bystanders, description of the issues and a request for response. All information shared with the Board of Director will remain private and confidential.



Parent Responsibilities

All parents are members of the *SPFC* and membership has both privileges and responsibilities. It is expected that parents read this code of conduct, understand its content, and abide by the guidelines set out. Further, parents must understand that failure to comply with the Code of Conduct may lead to loss of privileges, including the ability to participate in training or competition. As part of registration, parents must indicate review and acceptance of this Code of Conduct Policy.

As a parent and a member of the *SPFC* you are expected to:

Parent Code of Conduct

Sun Peaks Freestyle Club (*SPFC*) is made up of both athletes and a wider community of people who play a variety of supporting roles, including coaches, volunteers, Board members, and parents. Everyone within this community is encouraged to support the process of creating a positive and safe environment for athletes to compete, train and develop.

Definition

Parents or Guardians of *SPFC* athletes (collectively, “Parents”) play an important role in supporting and enriching the experience of athletes and all other *SPFC* community members. Parents can enhance the experience of athletes by acting as positive role models and promoting a spirit of good sportsmanship. As such, Parents are expected to conduct themselves in a manner that reflects *SPFC*’s values of respect, sportsmanship, excellence and kindness.

Expectations

Parents shall be fully aware of the rules of the competition and shall conduct themselves during competition as well as training in a respectful and sportsmanlike manner.

This includes but is not limited to the following:

1. Ensuring that their child(ren) understands and abides by all *SPFC* Policies, including but not limited to the corresponding Sun Peaks Freestyle Club Athlete Code of Conduct.
2. It is strongly recommended that all parents complete the online module, Making Headway inSport <https://coach.ca/module/nccp-making-head-way-sport>
3. Respecting the athlete-coach relationship;
4. Where applicable, working with coaches to support an athlete’s progression and development;



5. Respecting other parents and other SPFC community members in a constructive and cooperative manner;
6. A commitment to volunteering time or skills to SPFC to improve the efficacy and success of programming;
7. A commitment to assist in fundraising events aimed towards SPFC programs;
8. Acting in a manner that engenders a positive review of SPFC and the sport more generally;
9. Respectfully engaging with host clubs, officials, judges and volunteers at events elsewhere;
10. Model positive and encouraging behavior to other parents and athletes, and encourage their child to be positive and respectful towards others; and
11. Uphold the principles of BC Human Rights Code in all club related activities treat everyone fairly and not discriminate against any individual because of the race, color, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation, gender identity or expression, or age of that person or that group or class of persons.

Minor infractions of this Contract may result in a withdrawal of SPFC privileges for all family members for a short period of time (e.g., 1-2 days). *Repeated minor infractions* may result in withdrawal of training or privileges for all family members for a longer period of time (e.g., 1-2 weeks).

Major infractions may result in all family members being dismissed from all SPFC programming, without refund of fees. Major infractions will be adjudicated by a discipline committee composed of the High-Performance Director, SPFC President, and at least one other SPFC Board Member.

Please Note: All parents and athletes will be required to sign the Sun Peaks Freestyle Club Codes of Conduct during registration.



Coach Responsibilities

The athlete-coach relationship is a privileged one and plays a critical role in the personal as well as athletic development of their athletes. Coaches must understand and respect the inherent power imbalance that exists in this relationship and must be extremely careful not to abuse it.

As a coach and a member of the *SPFC* you are expected to:

1. Ensure a safe environment by selecting activities and establishing controls that are suitable for the age, experience, ability and fitness level of athletes, including educating athletes as to their responsibilities in contributing to a safe environment.
2. Prepare athletes systematically and progressively, using appropriate time frames and monitoring physical and psychological adjustments while refraining from using training methods or techniques that may harm athletes.
3. Avoid compromising the present and future health of athletes by communicating and cooperating with sport medicine professionals in the diagnosis, treatment and management of athletes' medical and psychological problems.
4. Under no circumstances provide, promote or condone the use of drugs or performance enhancing substances or methods, and in the case of minors, alcoholic beverages and/or tobacco products.
5. Accept and promote athletes' personal goals and refer athletes to other coaches and sports specialists as appropriate and as opportunities arise.
6. At no time engage in an intimate or sexual relationship with an athlete under the age of 18 years and at no time engage in an intimate or sexual relation with an athlete over the age of 18 if the coach is in a position of power, trust or authority over the athlete.
7. Where an athlete has qualified for an event, training camp, provincial team, national team, etc., the Coach will support the program, applicable coaching staff and *SPFC*.
8. Refrain from intervening inappropriately in personal affairs that are outside the generally accepted jurisdiction of a coach.
9. Recognize the power inherent in the position of coach and respect and promote the rights of all participants in sport. This is accomplished by establishing and following procedures for confidentiality (right to privacy); informed participation and fair and reasonable treatment. Coaches have a special responsibility to respect and promote the rights of participants who are in a vulnerable or dependent position and less able to protect their own rights.
10. Adhere to and abide by the following Codes of Conduct:

 [SPR Clubs Code of Conduct \(002\).pdf](#)

[Universal Code of Conduct to Prevent and Address Maltreatment in Sport](#)



[\(UCCMS\)](#) [Sun Peaks Code of Conduct](#)

Director Responsibilities

The individuals that make up the Board of Directors are members of the *SPFC* and membership has both privileges and responsibilities. It is expected that directors will read this code of conduct, understand its content, and abide by the guidelines set out. Directors are entrusted with the responsibility to ensure the safety and well-being of athletes and coaches.

As a director and a member of the *SPFC* you are expected to:

1. Act with honesty and integrity, and in the best interest of the *SPFC*. Always maintain confidentiality and privacy.
2. Ensure a safe environment and be a positive role model and representative of the *SPFC* at all times.
3. Refrain from intervening inappropriately in personal affairs that are outside the generally accepted jurisdiction of the *SPFC*.
4. Encourage and facilitate athletes, coaches, and parents to be responsible for their own behavior, performance, and decisions.
5. Support Board decisions in a positive manner, even if you are in a minority position.
6. Work with and respect the opinions of your peers and leave any personal prejudices out of Board decisions.
7. Avoid acting in a way that represents a conflict of interest between your position as a Board member and your personal or professional interests. If such a conflict does arise, declare that conflict before the Board and refrain from acting or voting on matters in which you have a conflict.
8. Refrain from the use of illegal substances while representing the *SPFC* in any way



Alcohol, Drug Use, Smoking and Vaping

This Policy is created in consideration of the following:

- The *SPFC* is committed to the health and safety of all of its members.
- Intoxication while conducting business or volunteering at *SPFC* sanctioned events is prohibited by all employees, members, volunteers, parents
- The *SPFC* recognizes that the casual and minimal consumption of alcoholic beverages by members, parents, volunteers of legal age during freestyle social events does occur from time to time and does not intend to curtail that practice.
- The *SPFC* expects all members, parents, and volunteers to take reasonable steps to manage the consumption of alcohol, marijuana, and/or tobacco products including smoking and vaporizing.
- the *SPFC* has a zero-tolerance policy for the consumption of alcohol, marijuana, and/or tobacco products including smoking and vaporizing by minors
- This policy is meant to enhance the *SPFC* Code of Conduct.

The following expectations apply to all members while conducting business on behalf of the *SPFC*:

- Members are expected to be fit for duty and able to perform their duties safely and to remain fit for duty while conducting business.
- Members are prohibited from reporting to work, performing business and working with minors while intoxicated.
- Members are prohibited from the consumption of alcohol, marijuana, and/or tobacco products including smoking and vaporizing while training or supervising minors.
- Members shall not drive to or from activities on behalf of the *SPFC* while intoxicated.
- Members who take prescription medication must communicate to the Program Director or Club President any potential side-effects, risks, limitations, or restrictions arising from the use of such medication that requires or may require the modification of duties or that may give the appearance of intoxication. All such medical information shall be kept confidential by the *SPFC* unless authorized by law.

The *SPFC* understands that individuals may develop a dependency to certain substances, which may be defined as a disease or disability. Members are not excused from their duties as a result of dependencies, though the *SPFC* will accommodate any disability to the extent required by law.

The *SPFC* supports early diagnosis. Any contractor who has or suspects that they might



have a substance dependency is expected to seek appropriate treatment promptly and communicate that dependency or suspected dependency to the so that it can be accommodated appropriately.

Members will be subject to disciplinary action as per the Code of Conduct Policy up to and including termination of contract for failure to adhere to the provisions of this policy.

SAFE SPORT POLICY

SUN PEAKS FREESTYLE CLUB has a fundamental obligation and responsibility to protect the health, safety and physical and mental well-being of every individual that is involved in the BRITISH COLUMBIA freestyle skiing community.

SUN PEAKS FREESTYLE CLUB takes any situation involving misconduct, Maltreatment and Prohibited Behaviour very seriously; for this reason, SUN PEAKS FREESTYLE CLUB is committed to enacting and enforcing strong, clear, and effective policies and processes for preventing and addressing all forms of misconduct, Maltreatment and Prohibited Behaviour.

This Safe Sport Policy Manual contains policies for the entire BRITISH COLUMBIA freestyle skiing and snowboard community, that are applicable across BRITISH COLUMBIA and from the club level to the national team. The policies are intended to promote a safe sport environment in a manner that allows for consistent, immediate, appropriate and meaningful action should any issues arise, but also to prevent issues from arising by communicating expected standards of behavior to all participants.

This Safe Sport Policy Manual has been prepared by Freestyle Canada and has been adopted by SUN PEAKS FREESTYLE CLUB as the applicable safe sport policies for SUN PEAKS FREESTYLE CLUB. As Freestyle Canada has adopted the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS), the UCCMS shall be considered as incorporated by reference in this Safe Sport Policy Manual and will apply, as amended from time to time by the Sport Dispute Resolution Centre of Canada (SDRCC), to all Individuals as a condition of their participation in the sport of freestyle skiing and snowboarding in BRITISH COLUMBIA and/or their membership in SUN PEAKS FREESTYLE CLUB.

Any allegations involving Maltreatment and/or Prohibited Behaviour, as those terms are defined in the UCCMS, as amended from time to time by the Office of the Sport Integrity Commissioner (OSIC), that involves a UCCMS Participant, must be Reported directly to the OSIC¹, which will manage the matter in accordance with the Canadian Sport Dispute Resolution Code, and any other relevant and applicable policies.



Any allegations of an alleged breach of any of the policies included or referred to in this Safe Sport Policy Manual, including those involving Maltreatment and/or Prohibited Behaviour that do not fall within the authority of OSIC, as described above, must be Reported to Freestyle Canada's or Canada Snowboards Independent Third Party and shall be managed in accordance with this Safe Sport Policy Manual (and any other applicable policies). If the Freestyle Canada Independent Third Party receives a Report involving allegations of Maltreatment and/or

Prohibited Behaviour that should have been Reported to OSIC as described above, they shall seek consent from the Individual(s) that made the complaint to refer the matter to the OSIC and make such a referral if the Individual(s) provides such consent.

Except for those matters that must be reported to the OSIC, upon receipt of a Report from an Individual, the Freestyle Canada Independent Third Party will determine the appropriate forum and manner to address the complaint.

SUN PEAKS FREESTYLE CLUB notes and wishes to advise the SUN PEAKS FREESTYLE CLUB freestyle skiing and snowboard community that if any Policy, in whole or in part, is excerpted from this Safe Sport Policy Manual, any such action must be taken with the knowledge and disclosure to any receiving party, that the Policy is part of the Safe Sport Policy Manual, which may impact its application or understanding. Lastly, SUN PEAKS FREESTYLE CLUB has adopted the BC Universal Code of Conduct and the UCCMS, which shall apply to all Individuals. In the event of a conflict between the BC Universal Code of Conduct and the UCCMS, the UCCMS will prevail to the extent of the conflict.

[Universal Code of Conduct to Prevent and Address Maltreatment in Sport \(UCCMS\)](#)

SUN PEAKS FREESTYLE CLUB strongly recommends all parents and athletes take the free SafeSport Training, <https://coach.ca/sport-safety/safe-sport-training>.

ATHLETE AND MINOR PROTECTION POLICY

Duty of Care

Purpose

This Athlete and Minor Protection Policy describes how Persons in Authority shall maintain a safe sport environment for all Athletes and any Individuals who are Minors. For the avoidance of doubt, this Policy applies to all Athletes, regardless of their age, and to any Minor Individual with a role in freestyle skiing and snowboarding, including, without limitation, Minor athletes,



coaches or volunteers.

Interactions between Persons in Authority and Athletes and/or Minor Individuals – the 'Rule of Two'

Freestyle Canada, Canada Snowboard and its Members, including SUN PEAKS FREESTYLE CLUB³, strongly recommend the 'Rule of Two' for all Persons in Authority who interact with Athletes and/or any Individuals who are Minors, whether in person or remotely (i.e., in virtual settings). The Coaching Association of Canada describes the intention of the 'Rule of Two' as follows:

A coach must never be alone or out of sight with a minor athlete. Two NCCP trained or certified coaches should always be present with an athlete, especially a minor athlete, when in a potentially vulnerable situation such as in a locker room or meeting room. All one-on-one interactions between a coach and an athlete must take place within earshot and in view of a second coach except for medical emergencies.

One of the coaches must also be of the same gender as the athlete. Should there be a circumstance where a second screened and NCCP trained or certified coach is not available, a screened volunteer, parent, or adult can be recruited.

SUN PEAKS FREESTYLE CLUB recognizes that fully implementing the 'Rule of Two', as described above (and modified accordingly for Persons in Authority), in all circumstances, may not always be possible. Consequently, at a minimum, interactions between Persons in Authority and Athletes and/or any Individuals who are Minors must respect the following:

- Training and competition environments shall be open to observation so that all interactions between Persons in Authority and Athletes and/or any Individuals who are Minors are observable.
- Private or one-on-one situations must be avoided unless they are open and observable by another adult or athlete.
- Persons in Authority shall not invite or have an Athlete or Minor Individual (or Athletes or Minor Individuals) in their home without the written permission and contemporaneous knowledge of the Athlete or Minor Individual's parent or guardian. In such circumstances, all



other sections of this Policy must still be followed.

- Athletes and Minor Individuals must not be in any situation where they are alone with a Person in Authority except in emergency situations
- For further clarity, a situation where one Person in Authority is alone with one Athlete or Minor Individual would be a violation of Section 3(iv). However, provided that all other sections of this Policy are followed, situations where two screened Persons in Authority are with one Athlete or Minor Individual, or two Athletes or Minor Individuals are with one screened Person in Authority, shall not constitute a violation of Section 3(iv).

Practices and Events

As it relates to practices and/or competitions, the following applies:

- a. A Person in Authority should never be alone with an Athlete or Minor Individual prior to or following a competition or practice unless the Person in Authority is the Athlete or Minor Individual's parent or guardian.
- b. If the Athlete or Minor Individual is the first Athlete and/or Minor Individual to arrive, the Athlete and/or Minor Individual's parent should remain until another Athlete, Minor Individual or Person in Authority arrives.
- c. If an Athlete and/or Minor Individual would potentially be alone with a Person in Authority following a competition or practice, the Person in Authority should ask another Person in Authority (or a parent or guardian of another Athlete and/or Minor Individual) to stay until all of the Athletes and/or Minor Individuals have been picked up. If an adult is unavailable, another Athlete and/or Minor Individual, who is preferably not a Vulnerable Participant, should be present in order to avoid the Person in Authority being alone with the Athlete and/or Minor Individual.
- d. Persons in Authority giving instructions, demonstrating skills, or facilitating drills or lessons to an individual Athlete and/or Minor Individual must always do so in an open and observable environment.



Communications

- 1) Communications between Persons in Authority and Athletes and/or Minor Individuals shall respect the following:
 - a) Group messages, group emails or team pages are to be used as the regular method of communication between Persons in Authority and Athletes and/or Minor Individuals.
 - b) Persons in Authority may only send personal texts, direct messages on social media or emails to individual Athletes and/or Minor Individuals when necessary and only for communicating information related to team issues and activities (e.g., non-personal information). Any such texts, messages or emails shall be professional in tone and must be copied to another adult. Texts, messages or emails shall not be deleted by any Person in Authority for the purpose of destroying evidence that may establish a breach of any Freestyle Canada or Member policy, rule or regulation.
 - c) No personal texts between Athletes and/or Minor Individuals and Persons in Authority may be sent; however, if this is necessary under Section 5(b), it shall include one other adult person on the message (preferably the Athlete or Minor Individual's parent(s)/guardian(s)).
 - d) Parents and guardians may request that their child not be contacted by a Person in Authority using any form of electronic communication and/or to request that certain information about their child may not be distributed in any form of electronic communication.
 - e) All communication between a Person in Authority and Athletes and/or Minor Individuals must be between the hours of 6:00am and 11:00pm (in the time zone of the recipient of the communications) unless extenuating circumstances justify otherwise (e.g., canceling an early morning practice).
 - f) Communication concerning drugs or alcohol use (unless regarding its prohibition) is not permitted.
 - g) No sexually explicit language or imagery or sexually oriented conversation may be communicated by any medium.



- h) Persons in Authority and Athletes and/or Minor Individuals are not permitted to offer or ask one another to keep a secret for them for any unethical, inappropriate, prohibited or improper purpose.

Virtual settings

- 2) The Rule of Two shall apply to all Minors in a virtual environment. Specifically:
- a) For Minor Athletes or other Minor Individuals, where possible, a parent/guardian should be present during any virtual session.
 - b) Two adult coaches should be present or one coach and one adult (parent, guardian, volunteer, club administrator). One-on-one virtual sessions are prohibited.
 - c) Coaches shall be informed by SUN PEAKS FREESTYLE CLUB of the expected standards of conduct during virtual sessions through the publication of this Policy. For further clarity, no further communication of the expected standards of conduct by SUN PEAKS FREESTYLE CLUB is necessary.
 - d) Parents/guardians of Minors shall be informed by the coach, the Person in Authority, or the club who is responsible for leading and organizing the virtual session of the activities that will take place during the virtual session, as well as the process of the virtual session.
 - e) Parents/guardians of Minors shall provide consent (verbal or written) to the Minor participating in the virtual session, if irregularly scheduled, or prior to the first session if the sessions will take place on a regular basis.
 - f) Communications during virtual sessions shall take place in an open and observable and appropriate environment.
 - g) Unless otherwise prohibited by professional regulations or where the Athlete and/or Minor Individual does not provide express consent, virtual sessions



between Persons in Authority and Athletes and/or Minor Individuals must be recorded whenever allowed by the technology being used.

- h) Parents/guardians should debrief with Minors on a weekly basis regarding virtual sessions.

Travel

- 3) Any travel involving Persons in Authority and Athletes and/or Minor Individuals shall respect the following:
 - a) Teams or groups of Athlete and/or Minor Individuals shall always have at least two Persons in Authority attending the trip.
 - b) For mixed gender teams or groups of Athletes and/or Minor Individuals, there will be one Person in Authority from each gender.
 - c) Unless otherwise required by the circumstances, no Person in Authority may drive a vehicle with an Athlete and/or Minor Individual alone unless the Person in Authority is the Athlete or Minor Individual's parent or guardian.
 - d) A Person in Authority may not share a room or be alone in a hotel room with an Athlete and/or Minor Individual unless the Person in Authority is the Athlete or Minor Individual's parent or guardian or there is an emergency that requires the Person in Authority to enter the room.
 - e) Room or bed checks during overnight stays must be done by two Persons in Authority.
 - f) For overnight travel when Athletes and/or Minor Individuals must share a hotel room, roommates will be age-appropriate and, for Minors, shall be within two years of age of one another and of the same gender identity.

Locker Room / Changing Areas



- 4) The following applies to locker rooms, changing areas, and meeting rooms:
- a) Interactions (i.e., conversation) between Persons in Authority and Athletes and/or Minor Individuals should not occur in any room where there is a reasonable expectation of privacy such as a locker room, restroom or changing area unless there is an emergency. A second screened adult should be present for any necessary interaction between an adult and an Athlete and/or Minor Individual in any such room. The Rule of Two must be respected.
 - b) If Persons in Authority are not present in the locker room or changing area, or if they are not permitted to be present, they should still be available outside the locker room or changing area where Minors are present in the locker room or changing area and be able to enter the room or area if required, including but not limited to team communications and/or emergencies.

Photography / Video

- 5) Any photograph or video involving Athletes and/or Minor Individuals shall respect the following:
- a) Photographs and video taken by a Person in Authority (or otherwise in their possession) may only be taken in public view, must observe generally accepted standards of decency, and be both appropriate for and in the best interest of the Athlete and/or Minor Individual.
 - b) The use of recording devices of any kind in locations where there is a reasonable expectation of privacy, such as a locker room, restroom, changing area or hotel room is strictly prohibited.
 - c) If any photographs or videos will be used on any form of public media, an Image Consent Form must be completed before any images are taken and used.

Physical Contact

- 6) It is recognized that some physical contact between Persons in Authority and Athletes and/or Minor Individuals may be necessary for various reasons including, but not limited to, teaching a skill or tending to an injury. Any physical contact shall respect the following:



- a) Unless it is otherwise impossible because of serious injury or other justifiable circumstance, a Person in Authority must always clarify with an Athlete and/or Minor Individual where and why any physical contact will occur prior to the contact occurring. The Person in

Authority must make clear that he or she is requesting to touch the Athlete and/or Minor Individual and not requiring physical contact before the Athlete and/or Minor Individual is actually touched.

- b) Infrequent, non-intentional physical contact during a training session is permitted.
- c) Hugs lasting longer than five seconds, cuddling, physical horseplay, and physical contact unrelated to teaching a skill or attending to an injury initiated by the Person in Authority is not permitted. It is recognized that some Athletes and/or Minor Individuals may initiate hugging or other physical contact with a Person in Authority for various reasons (e.g., such as crying or celebrating after a performance), but this physical contact may only occur in an open and observable environment and should be limited to a few seconds.

Enforcement

Any alleged violations of this *Athlete Protection Policy* shall be addressed pursuant to SUN PEAKS FREESTYLE CLUB *Discipline and Complaints Policy*.

Privacy

The collection, use and disclosure of any personal information pursuant to this Policy is subject to SUN PEAKS FREESTYLE CLUB's usual policies and practices regarding private and/or confidential information.

DISCIPLINE AND COMPLAINTS POLICY

Purpose

Individuals are expected to fulfill certain responsibilities and obligations including complying with all policies, bylaws, rules and regulations of SUN PEAKS FREESTYLE CLUB ⁷, as amended from time to time. Non-compliance with any SUN PEAKS FREESTYLE CLUB policies, bylaws, rules



and regulations may result in the imposition of sanctions pursuant to this Policy.

Application

This Policy applies to all Individuals and to any alleged breaches of SUN PEAKS FREESTYLE CLUB'S policies, bylaws, rules or regulations that designate this Policy as applicable to address such alleged breaches.

In addition to being subject to disciplinary action pursuant to this *Discipline and Complaints Policy*, an employee of SUN PEAKS FREESTYLE CLUB who is a Respondent to a complaint may also be subject to additional consequences in accordance with the employee's employment agreement or SUN PEAKS FREESTYLE CLUBS human resources policies, if applicable.

Reporting a Complaint

UCCMS Participants

Incidents that involve alleged Maltreatment or Prohibited Behaviour (as those terms are defined in the UCCMS) that occurred or continued as of January 1, 2023 involving a UCCMS Participant must be reported to the OSIC (www.sportintegritycommissioner.ca/report) and will be addressed pursuant to the OSIC's policies and procedures.

Incidents that involve alleged Maltreatment or Prohibited Behaviour that occurred before January 1, 2023 may be reported to the OSIC; however, the OSIC shall determine the admissibility of such complaints in accordance with the relevant and applicable OSIC Guidelines regarding the initial review and preliminary assessment, and the matter may only proceed pursuant to the OSIC's procedures with the express consent of the Parties involved where the Parties have not been designated by Freestyle Canada as a UCCMS Participant.

<https://freestylecanada.ski/safesport/>

EQUITY AND ACCESS POLICY

SUN PEAKS FREESTYLE CLUB is committed to adhering to and abiding by the Social Media Policies as presented by our Provincial Sports Organization, BC Freestyle.

<https://freestylebc.ski/wp-content/uploads/2023/12/Equity-and-Access-St>



Appendix A – Image Consent Form

1. I hereby grant to SUN PEAKS FREESTYLE CLUB (collectively the “Organizations”) on a worldwide basis, the permission to photograph and/or record the Participant's likeness, in any form, still or moving (collectively, the "Images"), and to use the Images to promote the sport and/or the Organizations through traditional media such as newsletters, websites, television, film, radio, print and/or display form, grants, funding applications and through social media such as Instagram, Facebook, YouTube, and Twitter. I understand that I waive any claim to remuneration for use of audio/visual materials used for these purposes. This consent will remain in effect in perpetuity; however, consent may be withdrawn by the Participant by the Participant notifying SUN PEAKS FREESTYLE CLUB of such withdrawal in writing.
2. I hereby fully release, discharge, and agree to save harmless the Organizations, for any and all claims, demands, actions, damages, losses or costs that might arise out of the collection, use or disclosure of the Images or taking, publication, distortion of the Images, negatives, and masters or any other likeness or representation of the Participant that may occur or be produced in the taking of said Images or in any subsequent processing thereof, including without limitation any claims for libel, passing off, misappropriation of personality or invasion of privacy.
3. **I UNDERSTAND AND AGREE**, that I have read and understood the terms and conditions of this document. On behalf of me, my heirs and assigns, I agree that I am signing this document voluntarily and to abide by such terms and conditions.

Signed at this _____ day of _____, 20_.

Print Name of Participant: _____

Signature of Participant: _____

Signature of Parent/Guardian (if Participant is younger than the age of majority):



Appendix B – Important Resources

Freestyle BC

<https://freestylebc.ski/join/>

Freestyle Canada

<https://freestylecanada.ski/resources/>

Safe Sport Training

<https://coach.ca/sport-safety/safe-sport-training>

Concussion Awareness

<https://coach.ca/sport-safety/concussion-awareness>

BC Snowboard Policies (safe sport)

<https://www.bcsnowboard.com/fr/safe-sport/>

Canada Snowboard

<https://www.canadasnowboard.ca/en/about/Safesport/>

Codes of Conduct

- [Sun Peaks Code of Conduct](#)
-  SPFC Athlete Code of Conduct 2025/26.pdf
-  Parent-Code-of-Conduct 2024/25.pdf
-  SPR Clubs Code of Conduct (002).pdf



Appendix C - The Cost of Freestyle–COMPETITION COSTS

Competition Costs are not included in your registration fees.

If you are attending a competition, you can expect the following costs:

DESCRIPTION	AMOUNT	HOW DO I PAY?
COMPETITION REGISTRATION FEES	SHRED SERIES \$95 TIMBER TOUR \$215 CANADA CUP DEV \$280 CANADA FIS \$315	REGISTRATION occurs through SnowReg. PLEASE NOTE: The REFUND policy for competition fees is at the discretion of the organizer. Often a partial refund will be given if a registered competitor cannot attend the competition.
COMPETITION DEPOSIT	\$100 (non-refundable) DEPOSIT TO SPFC UPON EVENT REGISTRATION	SPFC will invoice.
COACHING COSTS	AVG 4-5 DAYS/COMP AT A RATE OF \$75/DAY	SPFC will invoice.
COACH TRAVEL EXPENSES	THIS INCLUDES: • Coach Travel Time • Coach Mileage @ 57cents/km • Coach Accommodations • Coach PerDiem @ \$55/day	TOTAL Coaching Costs will be divided amongst the competing athletes. SPFC will invoice these costs with an attached breakdown of the expenses for each event. *We aim to send minimum 2 coaches/event *We often work with other clubs to share coaching in an effort to share coaching costs and keep expenses down.
LIFT TICKETS	DISCOUNTED RATES FOR ATHLETES	We often purchase athlete lift tickets through a group program. This information will be shared with all attending families and the process is different from comp to comp.





Appendix A – Image Consent Form

4. I hereby grant to SUN PEAKS FREESTYLE CLUB (collectively the “Organizations”) on a worldwide basis, the permission to photograph and/or record the Participant's likeness, in any form, still or moving (collectively, the "Images"), and to use the Images to promote the sport and/or the Organizations through traditional media such as newsletters, websites, television, film, radio, print and/or display form, grants, funding applications and through social media such as Instagram, Facebook, YouTube, and Twitter. I understand that I waive any claim to remuneration for use of audio/visual materials used for these purposes. This consent will remain in effect in perpetuity; however, consent may be withdrawn by the Participant by the Participant notifying SUN PEAKS FREESTYLE CLUB of such withdrawal in writing.
5. I hereby fully release, discharge, and agree to save harmless the Organizations, for any and all claims, demands, actions, damages, losses or costs that might arise out of the collection, use or disclosure of the Images or taking, publication, distortion of the Images, negatives, and masters or any other likeness or representation of the Participant that may occur or be produced in the taking of said Images or in any subsequent processing thereof, including without limitation any claims for libel, passing off, misappropriation of personality or invasion of privacy.
6. **I UNDERSTAND AND AGREE**, that I have read and understood the terms and conditions of this document. On behalf of me, my heirs and assigns, I agree that I am signing this document voluntarily and to abide by such terms and conditions.

Signed at this _____ day of _____, 20_.

Print Name of Participant: _____

Signature of Participant: _____

Signature of Parent/Guardian (if Participant is younger than the age of majority):



Appendix B – Important Resources

Freestyle BC

<https://freestylebc.ski/join/>

Freestyle Canada

<https://freestylecanada.ski/resources/>

Safe Sport Training

<https://coach.ca/sport-safety/safe-sport-training>

Concussion Awareness

<https://coach.ca/sport-safety/concussion-awareness>

BC Snowboard Policies (safe sport)

<https://www.bcsnowboard.com/fr/safe-sport/>

Canada Snowboard

<https://www.canadasnowboard.ca/en/about/Safesport/>

SOCIAL MEDIA POLICY

SUN PEAKS FREESTYLE CLUB is committed to adhering to and abiding by the Social Media Policies as presented by our Provincial Sports Organization, BC Freestyle.

<https://freestylebc.ski/wp-content/uploads/2024/06/SOCIAL-MEDIA-POLICY-2024.pdf>

EQUITY AND ACCESS POLICY

SUN PEAKS FREESTYLE CLUB is committed to adhering to and abiding by the Social Media Policies as presented by our Provincial Sports Organization, BC Freestyle.

<https://freestylebc.ski/wp-content/uploads/2023/12/Equity-and-Access-Statement.pdf>



SPFC CLUB MANUAL VERSION 2-2025

Effective date	September 26, 2024
Archived date	
Date last reviewed	August 16, 2025
Scheduled review date	April 30, 2026
Replaces and/or amends	Links Updated to reflect new information + dates
Approved by and date	AMY ATKINSON, SPFC INTERIM PRESIDENT JANNA BROWN, SPFC VICE PRESIDENT Reviewed and Edited by: KATHERINE CAMPBELL, DIRECTOR JEN WITZANEY, DIRECTOR SEPTEMBER 26, 2024
Appendix(-ces) to this Policy	