

# PLEASANT HILL OUTDOOR CAMP

## What to Bring & Not to Bring List

### What to Bring List:

- ☐ Backpack/Drawstring Bag
- ☐ Sleeping Bag and/or covers for Twin Size Bed
- ☐ Pillow(s) & Pillowcase(s)
- ☐ Sheets for Twin Size Bed
- ☐ Clothing for each day of camp  
(Including clothing for hot, rainy, & cold days)
  - ☐ T-Shirts, Shorts
  - ☐ Long pants, jeans, sweats/joggers
  - ☐ Jacket, Hoodie, or sweatshirt
  - ☐ Clothing & Accessories based on Theme Days
- ☐ Swimsuit & Water Shoes!
- ☐ Extra undergarments
- ☐ Closed-toed tennis shoes & a pair that can get wet/dirty, Flip flops/sandals(for lake & shower), inside Cabin Slippers
- ☐ Notebook and pen
- ☐ Laundry Bag/garbage bag
- ☐ Bible (not necessary but good to have)
- ☐ Toiletries (toothpaste, soap, brush, comb, hair pick, shampoo)
- ☐ Hand sanitizer
- ☐ Horse Lovers Campers: Cowboy Boots or Closed Toed shoes with Jeans
- ☐ Prescription Medication (Bring in the original container to give to Nurse @ Checkin)
- ☐ Mail for campers throughout the week, Please choose Monday-Thursday for the delivery
- ☐ Disposable/Digital Handheld Camera
- ☐ Bug spray and sunscreen
- ☐ Water bottle
- ☐ Sunglasses, Hat. or visor
- ☐ Drawstring Bag
- ☐ Poncho or raincoat
- ☐ Towels & washcloths (for beach/shower)
- ☐ Flashlight, or headlamp

Check Next Page for Theme Day information!

### Helpful Hints:

1. Bring multiple pairs of shoes. Wet shoes are no fun to wear. Shoes made of mostly canvas dry quicker when wet, as opposed to leather.
2. A small clip on fan (battery operated) works great for your personal sleeping space.
3. A small clip on lamp (battery operated) works great for after camper lights out.
4. Closed toed shoes are required for most activities, without them you camper cannot participate.
6. Water Bottles are a must have.
7. Put camper's name all of their belongings
8. Pack clothes that can get wet & dirty
9. Theme Days apply to Adventure & Teen Adventure Camp
10. If in Teen Camp be prepared to sleep in the Great Outdoors. Bring bedding that is appropriate for indoor/outdoor use!

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## **What Not To Bring List:**

- Electronics & cellphones, they will be confiscated and returned at the end of the week
- Extra Money, make sure all money goes into the camp store account for safekeeping
- Medication outside of the original container
- Outside snacks & drinks, we want to ensure the safety of all campers and snacks will be provided in the camp store. Outside food and drinks should not be included in camp mail. If you have specific concerns about this please contact the Camper Advocate.
- Any valuables, PHOC is not responsible for any damage caused to your items
- Blades of any kind including but not limited to pocket knives, swords, and disconnected razor blades (must be connected to razor body)
- Illegal and unprescribed drugs, substances/drugs, drug paraphernalia, and/or alcohol are prohibited
- Substitute drug devices are not allowed, which include but are not limited to electronic cigarettes or vapes
- Lighters or any device of similar function is not allowed
- Weapons of any kind and items resembling weapons are prohibited
- Any material or media that is explicit or inappropriate in nature is prohibited
- Anything that goes against PHOC's value of creating a safe and inviting place for everyone

If any of these items listed above are found, they will be confiscated. We will take appropriate action based on the item either the item will be confiscated completely or returned at the end of the session. If appropriate parents/guardians will be notified and/or appropriate legal action will be taken. Campers found in possession of weapons, drugs, tobacco products, alcohol, or drug paraphernalia will immediately be dismissed from camp and the item(s) will not be returned. PHOC has the right to determine if a certain item is appropriate or inappropriate and make an appropriate decision. By attending camp, all participants are agreeing to bring the appropriate items for camp to the best of their ability. Also, all participants are agreeing not to bring any items on the *What Not to Bring* list. We want to make sure PHOC is a safe environment, so thank you for doing your part in creating this space.