

DUNCAN KIRKWOOD, 1LT, MPA BIO

Please do not use this as Duncan's speaker introduction
([here's his speaker introduction](#))

Duncan Kirkwood is a Veteran, father of four, and recognized authority on psychological resilience.

Duncan is an author, Veteran, and global resilience advocate. He has spent his professional life working to empower young people, educators, organizations, and communities. His mission is to ensure everyone can learn the critical tools to become the most resilient and best version of themselves.

His passion is helping individuals push through their perceived limits to take control of their futures.

Education Background:

- BA Communications Alabama State University
- MPA University of Arizona
- Army National Guard Master Resilience Trainer

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