

CARLA'S BIBLE VERSES:

When anxiety is great within me your consolation brought me joy. Psalm 94:19

I will surrender my anxiety! I will be silent and stop my striving and I will see that you are God. Psalm 46:10

The Holy Spirit takes hold of me in my human frailty to empower me in my weakness. Romans 8:26

Lord, bless me and protect me. Make your face shine upon me and be gracious to me. Look with favor on me and bring me peace. Numbers 6:24-26

When I had nothing, desperate and defeated, I cried out to the Lord and He heard me, bringing His miracle deliverance when I needed it most. Psalm 34:6
(Praise your way out of difficulties into His light)

Yet even in the midst of all these things, I will triumph over them all, for God has made me to be more than a conqueror, and His love is our glorious victory over everything. Romans 8:37
(No situation in life can defeat us or dilute God's love. Divine love and power work for us to triumph over all things.)

When holy lovers of God cry out to You with all of our hearts, the Lord will rescue them and come to rescue them from all of their troubles. The Lord is near to the brokenhearted; He saves those crushed in spirit. Psalm 34:17-18

I will trust in the Lord with all of my heart and lean not on my own understanding; in all my ways I will submit to Him, and He will make my paths straight. Proverbs 3:5-6

Blessed am I who believes that the Lord will fulfill His promises to me. Luke 1:45

I will be cheerful in joyous celebration in every season. Phil. 4:4

I will set my mind on things above, not on things on the earth. Col. 3:2

For God has not given me a spirit of fear, but one of power, love, and sound mind. 2 Timothy 1:7

I will seek first the kingdom of God and His righteousness, and all of these things will be provided for me. Therefore, I won't worry about tomorrow because tomorrow will worry about itself. Each day has enough trouble of its own. Matthew 6:34

I will not fear for He is with me; I will not be afraid for he is my God. He will strengthen me and help me. He will hold on to me with His righteous right hand. Isaiah 41:10

His grace is sufficient for me; His power is perfected in my weakness. 2 Cor. 12:9

For when I am weak, He is my strength. 2 Cor. 12:10b

But HOPE means that I must trust and wait for what is still unseen. Romans 8:24

I will let HOPE burst forth within releasing continual joy. I won't give up in times of trouble, but commune with God at all times. Romans 12:12

God is my refuge and my strength, a helper who is always found in times of trouble. Therefore, I will not be afraid. Psalm 46:1

If I long to be wise and ask God for wisdom, He will give it! I must make sure I ask empowered by confident faith without doubting that I will receive it. James 1:5-6

The Lord will send His faithful love by day; His song will be with me in the night — a prayer to the God of my life. Psalm 42:8

(Read this when anxiety hits in the night. His song is with you in the night to comfort you.)

I will put my hope in God, for I will praise Him, my Savior and my God. Psalm 42:11

I will rejoice always, pray constantly, give thanks in everything; for this is God's will for me in Christ Jesus. 1 Thes. 5:16

You give me the gift of peace—Your peace. Not the kind of fragile peace give by the world, but my perfect peace! I won't yield to fear or be troubled in my heart—instead I will be courageous! John 14:27

I will not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present my requests to God. And the peace of God, which transcends all understanding will guard my heart and my mind in Christ Jesus. Phil. 4:6-7

“I ask—ask the God of our Master, Jesus Christ, the God of glory—to make you intelligent and discerning in knowing him personally, your eyes focused and clear, so that you can see exactly what it is he is calling you to do, grasp the immensity of this glorious way of life he has for his followers, oh, the utter extravagance of his work in us who trust him—endless energy, boundless strength!”

Ephesians 1:16-19 MSG