Each Keep Pulling event since October of 2016 asks each participant to sign and agree to the following event policies:

I certify all details that I provided through my registration are accurate to the best of my knowledge. By registering for an event by Keep Pulling through our online registration form, you agree to the following:

I hereby release and agree to hold the Organizers (Keep Pulling, Florida Weightlifting Federation, VALOR Fitness, and USA Weightlifting), its agents and competition personnel harmless from all expenses, causes of action, liability, claims and demands arising from good faith judgments made by the Organizers, its agents and competition personnel concerning my treatment, hospitalization and medical care in the event of my illness, injury or other emergent circumstances in connection with the competition.

I (and my parent or guardian, if I am a minor), agree that I will be financially responsible for treatment, hospitalization and other medical care rendered to me in the event of my illness, injury or other emergency circumstances in connection with the competition, except to the extent my injuries and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies' limits.

I acknowledge that all registrations and ticket purchases are final sale and not eligible for refunds. In the event that I can not attend this event for any reason, I may contact Keep Pulling in writing to either 1) transfer my registration for this event to another athlete while registration for this event is still active, or 2) transfer my registration to a future Keep Pulling competition before the start of this event. If the competition must be rescheduled due to circumstances beyond our control, Keep Pulling will immediately provide an alternative date and I will either attend the new proposed date or exercise one of the two options above.

I acknowledge that while all registrations are final sale and not eligible for refunds, in the rare exception that the event is canceled due to circumstances beyond our control with no alternative competition date provided and no ability or opportunity to reschedule the event in the foreseeable future, I may either exercise one of the two options in the previous section or request a refund in this instance of complete cancellation only.