

Hays CISD Home Learning



Wilson

Physical Education

Pre-Athletics

Athletics

Office Hours:

M, W, F 11 a.m. - 12 p.m. via email and Zoom link in Google Classroom

T & Th 11 a.m. - 12 p.m. on Zoom (LIVE Daily Workout @ 11:15 a.m.)

Horas de oficina:

Announcements and Important Links:

PE

Virtual PE Class Monday - Friday

<https://www.youtube.com/user/thebodycoach1/featured>

Pre-Athletics/Athletics

Directions to Join Boys Athletics on SportsYou

<https://docs.google.com/document/d/14KIMYrI7oB65N49PCBwOgFhezNGHah91-okRgIJuZ4/edit?usp=sharing>

Anuncios y enlaces importantes:

PE

Week of: 4/6 - 4/10			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos
Monday/ lunes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Tuesday/ martes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	



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Wednesday/ miercoles	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Thursday/ jueves	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Friday/ viernes	HOLIDAY		

Week of: 4/13 - 4/17			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos
Monday/ lunes	HOLIDAY		
Tuesday/ martes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Wednesday/ miercoles	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Thursday/ jueves	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Friday/ viernes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	



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Week of: 4/20 - 4/24			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos
Monday/ lunes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Tuesday/ martes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Wednesday/ miercoles	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Thursday/ jueves	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Friday/ viernes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	

Week of: 4/27 - 5/1			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos
Monday/ lunes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Tuesday/ martes	We will incorporate writing	Go to PE Google Classroom	



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	while talking about sports and fitness.		
Wednesday/ miercoles	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Thursday/ jueves	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Friday/ viernes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	

Week of: 5/4 - 5/8			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos
Monday/ lunes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Tuesday/ martes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Wednesday/ miercoles	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Thursday/ jueves	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	



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Friday/ viernes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
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Week of: 5/11 - 5/15			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos
Monday/ lunes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Tuesday/ martes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Wednesday/ miercoles	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Thursday/ jueves	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Friday/ viernes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	

Week of: 5/18 - 5/20			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos



Hays CISD Home Learning

Monday/ lunes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Tuesday/ martes	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	
Wednesday/ miercoles	We will incorporate writing while talking about sports and fitness.	Go to PE Google Classroom	

Pre-Athletics

Week of: 4/6 - 4/10			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos
Monday/ lunes	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
Tuesday/ martes	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
Wednesday/ miercoles	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
Thursday/ jueves	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
Friday/ viernes	HOLIDAY		

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Week of: 4/13 - 4/17			
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Monday/ lunes	HOLIDAY		
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Friday/ viernes	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts

Week of: 4/20 - 4/24			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos
Monday/ lunes	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
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Week of: 4/27 - 5/1			
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Monday/ lunes	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
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Week of: 5/4 - 5/8			
Day/ Día	Objectives/ Objetivos	Activities/ Actividades	Other Resources/ Otros Recursos
Monday/ lunes	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
Tuesday/ martes	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
Wednesday/ miercoles	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
Thursday/ jueves	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
Friday/ viernes	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts

Week of: 5/11 - 5/15			
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Monday/ lunes	We will continue to improve on our overall fitness and sport specific skills.	Go to Pre-Athletics Google Classroom	SportsYou App - for daily workouts
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Athletics



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Week of: 5/4 - 5/8			
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