

Me in 3 - 6 Months Time

Ideally, in 3-6 months I would like to be in a lean muay thai fighter physique who dresses classy and casual where I will be funny, likeable, smart and intelligent. In 3-6 month times I would like to be making \$3k/mo where I can have less restrictions when it comes to lifestyle freedom.

In 3-6 months I will be more well groomed, well spoken so no MORE STUTTERS and mumbling when it comes to my speaking on sales calls. Also I would like to have a more rising star energy so business owners and people look up to me as the MAN who's going to be the rainmaker and change a whole market, room and dynamic. Financially, I will be even more hungry and not content with my current position because when I do make \$3k/mo I will want to repeat and scale so I can gain even more value and increase myself as a man.

For my day in the life of future me, he will be more disciplined in terms of his work, completing his daily checklist. For example he will always beat the sun and wake up early, do his pushups and hydrate his mind with water and do the clientele work, crush it for them and as a result they would want more and I will have them on retainers in terms of copy and deep work. He will always want to go out in the unknown so he will do his Runs and push himself as a man physically and push past his limits. He will then return from his run to build his personal brand and increase his social media presence and give value out to the world because by then he will have fully engrained the GIVER principal in outreach, copy and in life. By then he would help TRW Students that are struggling and give them pointers, what not to say and what to say and give more value.

His key Habits are Waking up Early, everyday exercising, continuously working and in his free time HE MUST GIVE VALUE to students who may be struggling to give them some guidance.

Future me has more discipline such as doing the things he hates doing like his runs, his 100 burpees which will still be continued even after the Agoge Programe. Future me has much more better copy skills than I do in terms of writing and providing a ton of value. Future me is much more wiser in terms of world stuff and how we are going to be in the period of Hard Times so this is the moment for future me to be the strong man so he can create the easy times again for him and his family. Future me can easily say no to cheap dopamine like P0rn and Social Media scrolling and feel disgusted to even look at it.

Future me has accomplished making his client \$20,000 in profits for each of his clients' sales page copy and changing their life forever, future me has accomplished getting into the ring and actually proper fighting to test his limits in the battleground as a man so he sees what he has been made of.

The character traits that future me has is when he says something he means it and when he says will do something on x day that something will be completed on x day. For example if

Future me decides it's time to go war mode for a few days and lock himself in a room by himself to figure out on how to solve a massive problem and make his client a \$200,000 he will do it and cut out sleep if need be.

Other men perceive him as highly valuable, respectable and they would bet on future me to become a greater man and they could see him accessing high level old money networks in the country clubs. They also perceive him as a rising star where people would want to latch onto him because of the value he attracts and provides.

Women perceive him as a hard working, stand up guy who minds his own business and gets on with his work, acknowledges the discipline and pain that future me has gone through and would want to bet on him being the **winning Horse** as Justin Waller says. Women will perceive him as higher value than usual and would feel relief and hope that there are still good, honest hard working men out there.

His non-negotiables are waking up early immediately to do the deep hard work G session that's necessary in terms of succeeding, never missing a single muay thai training session, applying the never leave your chair principle until the work is done. His non negotiables were also never using social media until after the day has been completed so he can reward himself with moneybag AMAs or Emergency meetings Andrew releases.

The traps that future me avoided was getting too comfortable in terms of social media scrolling cycle and how he fixed that was he changed his environment by practically living at the kitchen there to do the deep work and then living at the muay thai gym and the only time he comes home is to sleep and eat. Because of this big environmental change he didn't fall into his loser habits.

Power Phrases

I'm Twaheed and if AlexTheMarshal can do it why can't I the fuck?

If I want to become really skilled enough at muay thai to compete then I must put 110% effort in training and complete my 5am runs

If I want a better deep work when it comes to copy and doing my daily checklist then I must change my environment constantly and put myself in the unknown as Andrew speaks about

If I want to sharpen my copy skills then I must leverage the copy aikido channel more which I will by sending a vid of me doing 100 burpees

If I want to be known as the winner horse JWALLER talks about then I must work harder and apply the principle that Andrew talks about when stretching your arm even higher.

If I want to never go back to my loser habits like scrolling replace that with PUCs, Tate videos and Moneybag AMAs so I never even consider scrolling or getting distracted