






# 6th Grade - Unit 5: Week 7


**DPG.1 Setting SMART Goals:** Students are able to write effective and relevant SMART goals for personal growth.


	Quick Summary
	<p><b>Day 1:</b> <i>Students work on their SMART Goal and Action Planning worksheets to set goals for next quarter (and prepare for Student-Led Conferences).</i></p> <ul style="list-style-type: none"> <li>• In partners, students review their last quarters' SMART Goals and Action Plans</li> <li>• Teacher models their own, new SMART Goal and Action Planning worksheet</li> <li>• Students spend the remaining time working on their SMART Goal and Action Planning worksheets (using the guiding presentation, if necessary)</li> </ul> <p><b>Day 2:</b> <i>Students complete their SMART Goal and Action Planning worksheets and prepare for Student-Led Conferences by watching the presentation and practicing.</i></p> <ul style="list-style-type: none"> <li>• Teacher walks through "Intro to Student-Led Conferences" presentation (if necessary)</li> <li>• Students complete SMART Goal and Action Planning worksheets and look over their progress reports in preparation for conferences</li> </ul>
	Time Frame
	<ul style="list-style-type: none"> <li>• Two 45-minute classes             <ul style="list-style-type: none"> <li>○ ~ 10 minutes review of last quarter's goals</li> <li>○ ~ 5 minutes teacher walkthrough of personal SMART Goals and Plan</li> <li>○ ~ 45 minutes work on SMART Goals and Action Plan worksheet</li> <li>○ ~ 20 minutes Intro to Student-Led Conferences and prep</li> </ul> </li> </ul>
	Materials/Resources
	<ul style="list-style-type: none"> <li>• <a href="#">"SMART Goal Setting and Action Planning" presentation</a></li> <li>• <a href="#">"SMART Goals and Action Planning" worksheet</a></li> <li>• <a href="#">"Intro to Student-Led Conferences" presentation</a></li> <li>• <a href="#">"Student-Led Conference Outline" worksheet</a></li> </ul>
	Do Before Lesson
	<ul style="list-style-type: none"> <li><input type="checkbox"/> Go over <a href="#">"SMART Goal Setting and Action Planning" presentation</a></li> <li><input type="checkbox"/> Go over <a href="#">"Intro to Student-Led Conferences" presentation</a></li> <li><input type="checkbox"/> Print copies of <a href="#">"SMART Goals and Action Planning" worksheet</a> for all students</li> <li><input type="checkbox"/> Print copies of <a href="#">"Student-Led Conference Outline" worksheet</a> for all students</li> </ul>
	Teacher Modeling


# 6th Grade - Unit 5: Week 7

	<ul style="list-style-type: none"> <li><input type="checkbox"/> Complete your own personal <a href="#">“SMART Goals and Action Planning” worksheet</a> for modeling with students</li> <li><input type="checkbox"/> Be prepared to review your past <a href="#">“SMART Goals and Action Planning” worksheet</a></li> </ul>
--	--

	Objectives
	<ul style="list-style-type: none"> <li>• SWBAT write effective and relevant SMART goals for personal growth</li> <li>• SWBAT identify possible obstacles to achieving a personal goal</li> <li>• SWBAT develop SMART Action Steps to overcome potential obstacles to achieve a goal</li> </ul>

	Key Concepts and Connections
	<ul style="list-style-type: none"> <li>• SMART Goals with effective “SMART” Action Steps help us grow and improve and can be used to help us overcome our “triggers” identified through Backwards Reflection</li> </ul>

	Student Relevance
	<ul style="list-style-type: none"> <li>• The most successful people regularly set goals and action plans for achieving those goals - and constantly reflect on their progress</li> </ul>

	Subject Extensions
	<ul style="list-style-type: none"> <li>• <u>All Subjects (when struggling):</u> <ul style="list-style-type: none"> <li>○ <i>What is a SMART Goal you could set for yourself for improvement in this area?</i></li> <li>○ <i>What obstacles get in the way of your success?</i></li> <li>○ <i>How can you plan ahead to overcome those obstacles?</i></li> </ul> </li> </ul>

# 6th Grade - Unit 5: Week 7

DAY 1:				
Time	Subject	Grouping	Activity	Notes
~ 0:10	Do Now	Partners	<p>Students review their last quarters' "SMART Goals and Action Planning" worksheets. With a partner they answer the following:</p> <ul style="list-style-type: none"> <li>• Did I achieve my goal?</li> <li>• If so, why? If not, why not?</li> <li>• How could I make a better Action Plan to better achieve my goals?</li> </ul>	
~ 0:05	SMART Goals and Action Planning	Whole Class	Teacher models their own personal <a href="#">"SMART Goals and Action Planning" worksheet</a> with the class.	
~ 0:25		Individual	Students use the <a href="#">"SMART Goal and Action Planning" presentation</a> as a guide to complete their own <a href="#">"SMART Goals and Action Planning" worksheet</a>	

# 6th Grade - Unit 5: Week 7

DAY 2:				
Time	Subject	Grouping	Activity	Notes
~ 0:05	<b>Do Now</b>	Independent	<u>Digital Check-in:</u> Question of the Day - <i>No set question of the day</i>	
~ 0:15	<b>"Intro/Prep for Student-Led Conferences"</b>	Whole Class	Teacher walks students through the <a href="#">"Student-Led Conference Outline" worksheet</a> to prep them for their conferences.	
~ 0:20		Independent	Students complete their SMART Goals and Action Plans. <b><i>If time, students should role-play a Student-Led Conference with a partner.</i></b>	<i>If time, students should role-play a Student-Led Conference with a partner.</i>