

OREGON ACADEMY OF NUTRITION AND DIETETICS

An affiliate of the Academy of Nutrition and Dietetics

Recognized Young Dietitian of the Year (RYDY)

Applications are due March 1, 2027

The purpose of the RYDY program is to recognize the competence and activities of younger dietitians in the Academy of Nutrition and Dietetics and to encourage their continued participation in Academy affairs. This group will be an additional resource from which the leadership of the Academy will develop, both at the district, state, and national levels.

Requirements

1. Active member of the Oregon Academy.
2. Age limit as of the May 1 deadline: 35 years or younger.
3. Active participation in the national, state, or district association.
4. Is a Registered Dietitian or Registered Dietitian Nutritionist or the equivalent in their own country if an international member.
5. Not previously selected as an RYDY in the current or any other affiliate.
6. Demonstrated concern for the promotion of optimal health and nutritional status of the population.
7. Demonstrated leadership, e.g., in legislation, research, education, management, etc., either in the Association or employment.

Application

Submit all materials on time. Incomplete and/or late applications will not be scored.

- Complete Online Application: <https://forms.gle/tQi4XeUZCbaG4UYT8>
- Includes uploaded CV/Resume and Letter of Recommendation (please start the document title with the candidate's last name)

Overview of Categories

Category	Points	Description
Section 1: Elected & Appointed Academy Positions	10	This section evaluates the depth, duration, and organizational level of the candidate's official leadership roles within the Academy (National, State Affiliate, District) and outside of the Academy.
Section 2: Academy Leadership Accomplishments	10	In 200 words or less, describe your board leadership accomplishments. Highlight 1–2 major achievements or summarize your cumulative impact.
Section 3: Career-Related Volunteer Activity	15	In 200 words or less, describe your professional impact through volunteerism, mentorship, and leadership outside of Academy roles (e.g., workplace advocacy, corporate initiatives, regional clinical outreach, community clinics, or intern precepting).
Section 4: Future Focused Potential (Max 15 Points)	15	In 200 words or less, please share your self-reflection, professional vision, and long-term goals to advance the field of dietetics, as demonstrated through your personal statement and early-career milestones.

Scoring Rubric & Guidelines

Section 1: Elected and Appointed Positions (Max 10 Points)

This section evaluates the depth, duration, and organizational level of the candidate's official leadership roles (National, State Affiliate, District).

Please select the number of years that you have served in each position.

- National Level - Elected/Appointed
- State Affiliate - Elected/Appointed
- District Level - Elected/Appointed

Please list the specific positions and actual years (not the total number) that you served in the position.

Section 2: Academy Leadership Accomplishments (Max 10 Points)

This section evaluates your volunteer contributions specifically within the Academy of Nutrition and Dietetics, state affiliates, or district dietetic associations. Your score is determined by the depth, frequency, and breadth of your involvement.

- **9–10 Points (Excellent):** Awarded for exceptional impact. Your volunteer work spans multiple categories and shows clear evidence of driving structural change, policy advancement, or widespread community engagement within the association.
- **6–8 Points (Strong):** Awarded to active volunteers in multiple categories. You demonstrate consistency and reliable engagement in local or state affiliate events.
- **3–5 Points (Moderate):** Awarded for limited or generalized volunteer activity. This tier typically reflects short summaries or involvement confined to only one primary category.
- **0–2 Points (Minimal):** Given for minimal association volunteer work.

Section 3: Career-Related Volunteer Activity (Max 15 Points)

The depth, duration, and organizational level of official leadership titles held.

- **13–15 Points (Excellent):** Contributions go well above standard job descriptions. The candidate demonstrates high-frequency precepting, manages large-scale regional initiatives, or creates programs addressing public needs (e.g., food insecurity, continuing education funding).
- **9–12 Points (Strong):** The candidate participates in routine mentorship or precepting. They make regular contributions to clinical, educational, or corporate advancement outside their daily job duties.
- **5–8 Points (Moderate):** The candidate provides standard professional contributions, such as occasional precepting or single-event volunteering.

- **0–4 Points (Minimal):** Career-related volunteer only meets standard, day-to-day employment requirements with no true extra-mile impact.

Section 4: Future Focused Potential (Max 15 Points)

This section evaluates the candidate's self-reflection, professional vision, and long-term potential to advance the field of dietetics, as demonstrated through their personal statement and early-career milestones. Scoring is based on the clarity of their professional narrative and evidence of an upward trajectory toward meaningful leadership within the nutrition profession:

- **13–15 Points (Excellent):** Exceptional, cohesive demonstration of early leadership. The candidate clearly articulates how their foundational achievements translate into a forward-thinking strategic vision. They show high potential for driving innovation, advancing public policy, leading clinical/community initiatives, or shaping systemic professional growth in dietetics.
- **9–12 Points (Strong):** Clearly demonstrates active professional engagement and strong initiative. The candidate provides reliable examples of managing projects, programs, or unique patient/client initiatives, with a well-articulated plan to expand their leadership footprint and continue contributing to the profession.
- **5–8 Points (Moderate):** Provides standard professional summaries. The description is generalized and focuses primarily on daily, routine job requirements or entry-level duties rather than extra-mile impact, professional involvement, or future leadership aspiration.
- **0–4 Points (Minimal):** The narrative is missing, incomplete, or fails to address future growth and professional goals.