

PROHUMAN CURRICULUM - KINDERGARTEN

OVERVIEW OF UNITS:

Unit 1	September	Optimism
Unit 2	October	Grit
Unit 3	November	Gratitude
Unit 4	December	Curiosity
Unit 5	January	Courage
Unit 6	February	Compassion
Unit 7	March	Fairness
Unit 8	April	Understanding
Unit 9	May	Humanity

UNIT 1: OPTIMISM

LESSON 2: LEARNING OPTIMISM FROM LITERATURE

SUMMARY:

The Prohuman Kindergarten curriculum is aligned to two sets of standards: [Common Core State Standards for English Language Arts](#) and [Character and Social Emotional Development \(CSED\) National Guidelines](#). The full collection of units introduces all nine of the prohuman character strengths: optimism, grit, gratitude, curiosity, courage, compassion, fairness, understanding, and humanity.

Unit 1, Lesson 2, “Learning Optimism from Literature,” reinforces the vocabulary word optimism. Students will learn an example of optimism from a classic work of children’s literature. Additionally, students will practice spelling optimism and copy the definition of the word optimism.

SUGGESTED TIME: 20 minutes

RELATED SUBJECT: English Language Arts

LEARNING OUTCOMES:

- Listen to a read aloud to reinforce understanding of English sentence structure, syntax, and grammar
- Understand the meaning of optimism
- Demonstrate understanding of standard English sentence structure and grammar in writing and speaking
- Practice conversation skills in a class discussion

REQUIRED MATERIALS:

- Video: [Tale of the Two Frogs](#) (~2 min) by [Elefaanty - Stories & Rhymes for Kids](#)
- Prohuman Kindergarten Unit 1 Worksheet 2: Learning Optimism from Literature

VOCABULARY:

Optimism: I have hope and believe that my actions will help things to turn out well.

ELA COMMON CORE STANDARDS MET

CCSS.ELA-LITERACY.RI.K.4	Ask and answer questions about unknown words in a text.	✓
CCSS.ELA-LITERACY.RI.K.10	Actively engage in group reading activities with purpose and understanding.	✓
CCSS.ELA-LITERACY.SL.K.1	Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.	✓
CCSS.ELA-LITERACY.SL.K.1.A	Follow agreed-upon rules for discussions (e.g., listening to others and taking turns speaking about the topics and texts under discussion).	✓
CCSS.ELA-LITERACY.L.K.1.A	Print many upper- and lowercase letters.	✓

CHARACTER AND SOCIAL EMOTIONAL (CSED) NATIONAL STANDARDS MET

Self-Management A3	Explain the different ways people respond to problems and challenges (e.g., ask for help, try harder, learn from mistakes)	✓
Social-Awareness A3	Demonstrate the ability to listen carefully and intentionally to others	✓
Interpersonal/ Relationship Skills 1	Initiate and engage in conversation and social interactions with classmates, peers, and adults	✓
Interpersonal/ Relationship Skills 7	Play games and appropriately participate in small group classroom activities	✓
Responsible and Ethical Decision-Making 1	Describe a rule or principle that everyone should strive to live by (e.g., be kind, be honest, try your best)	✓

LESSON PROCEDURE

- 1.) Play the video [The Tale of Two Frogs](#) (~2 min) for the class.
- 2.) Have a class discussion about how the frog showed optimism.
Discussion questions could include:
 - What were the frogs looking for?
 - What problem did the two frogs face?
 - What did the frogs at the top of the pit tell the frogs?
 - Did the frogs at the top of the pit show optimism?
 - What did the first frog think, and what happened to him?
 - What did the second frog think, and what happened to him?
 - Which frog showed optimism?
- 3.) Have students complete their worksheets.

KINDERGARTEN UNIT 1 WORKSHEET 2

Circle the pictures that start with the same sound as frog:



Image Credit: [August House Learning Resources | Tale of Two Frogs](#)