



# **Participant Information & Sportive Manual**

**LOCATION** Escot Park Ottery St Mary, Devon, EX11 1LU

**DATE** Sunday 23rd March 2025

## **Getting There**

Entry is via the rear Feniton entrance. Make sure you use this postcode EX11 1LU or what3words <a href="www.what3words.com/spillage.geek.owns">www.what3words.com/spillage.geek.owns</a> & don't just follow signs to Escot park! If you arrive at the WRONG front entrance our marshall will turn you round & you'll have to drive round to the Feniton entrance.

#### **REGISTRATION** From 9.00am at the venue

Nb All riders must sign on and attach their race boards before they can pre-ride the course!

#### START TIMES

Novice course opens for riders to practice - 10.00am

Youth & Novice - 10.30am - riders will start in one wave

Open course opens for riders to practice - 11.25am nb you may encounter a group of Segways on the course during the practice session. Please just go round them.

Main race - 12.15pm - open category riders will start in waves by age group. Female riders will start in single wave

Please check back for any updates the week before the race!

## Bike & tyres

We think a gravel bike with 38 or 40mm tyres will be ideal on this course. There are no rocks worth mentioning so narrower CX tyres should also be fine. With the expected conditions on Sunday, the course will be fully rideable with no dismounts required.

## Passing other riders & laps

Most of the track is quite wide with very little single track, but please be courteous when passing slower riders. We'll decide on the number of laps after the fastest riders have completed two laps. Everyone will finish on the same lap as the leader.

## **Spares & mechanicals**

All riders should bring their own tools and spare inner tubes or tubulars to the race. Tools and a selection of spares can be left at the designated pit area. The pit area is also the only designated feed area.

Riders can change wheels during the event, but have to use the same bike frame throughout the event. There is no outside technical assistance allowed. Any rider caught receiving technical assistance from anyone other than another rider or official event staff may be disqualified.

#### First Aid

**Gardant Medicare,** our first aid team will be on site.

#### **Race Number**

Your race number board has the timing chip on the back. Please attach it to your handlebars taking care not to cover it or bend it excessively.

#### Race Timing & Results

The event will be chip timed. Podium presentations at 11.30am for the Youth & Novice race & at 2pm for the main race.

## Catering

The Coffee Hub van will be at the venue serving hot drinks & other snacks throughout the day.

#### Facebook Page & Strava Club

Please like our Facebook page <u>www.facebook.com/sportivaevents</u> as it's where we post news and the first place we'll post the photographs & the results.

We now have a Strava Club. It's free to join see <a href="https://www.strava.com/clubs/sportivaevents">www.strava.com/clubs/sportivaevents</a>