DAY 1- HAPPY SCHOLARS!

CHOOSE one of the Following To Interpret

Freedom and happiness begin with a clear understanding of one principle: some things are within our control, and some things are not." - Epictetus

-- Who was Epictetus?

"Remember that the happiest people are not those getting more, but those giving more."
— H. Jackson Brown Jr.

" You cannot teach a man anything ; you can only help him discover it within himself."

Galileo 1564-1642

(Galileo was an Italian Astronomer, Physicist and Philosopher best known for his discovery of the moon through a telescope).

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Directions: In your notebook- Interpret the Quote in your own words: What does it mean to interpret? Interpretation means to critically think about the ideas presented. Interpretation asks that you express what you think the quote is trying to communicate. Then draw connections to yourself. What does it mean to you in your life and the world around you?What do you think Galileo is trying to communicate?

Do these words speak to you on some level? How? Why?

_BRADY WILL GO OVER OUR SYLLABUS_____

You will have 5-7 minutes to interview your partner. I will ask you to write down the following questions. You will take the time to interview your partner .. then you will

Questions to ASK!

1.Full Name:

Academic Status : For example ; First Year Freshmen, transfer, etc..

2.What is your major?

3.What previous school did you attend? High school? etc? transfer ?

4.What do you do outside of school ? Name two things ?

5..Do you have any pets ?

6.NAME TWO ACTIVITIES THAT MAKE YOU HAPPY? (Think about what that means. If you had a FREE day to yourself and you could do anything you wish, WHAT WOULD THAT BE? - YOU CAN INCLUDE PEOPLE - YOU CANNOT INCLUDE TECHNOLOGY

7.How Important is it to SMILE? Scale of 1-10

8. Adjectives to describe Yourself..

yourself.. WHICH TWO would you choose?! Think about the adjectives you want to share with the class and me on the first day!

Examples include (Funny and Outgoing)

Give your partner contact information that you are comfortable with. A friend in class is valuable.