

PUBLIC SCHOOLS
OCCUPATIONAL THERAPY

STUDENT SELF-ASSESSMENT

Name: _____ Grade/Class: _____

Interviewer: _____ Date of Interview: _____

Personal Care (feeding, toileting, dressing, hygiene, managing personal belongings, personal organization)

Tell me what sort of things you do to take care of yourself. I really want to know what you'd like to do better, especially at school.

Functional Mobility (changing positions, navigating classroom, navigating school campus, accessing playground)

Tell me how you do getting around school. Is there any place at school it's hard for you to go or get to or don't like to go?

Student role/Interaction Skills (following classroom/specials/school/bus/cafeteria protocols & routines, safety awareness, respecting the space/time/materials of others, staying seated)

Tell me some of the rules you have in your class/school. Are there some rules that are hard to follow?

Learning academics/Process skills (following demonstrations, copying models, carrying out verbal directions, attending to instruction, using classroom tools, completing assignments)

Tell me, what are some of your favorite or best subjects? Are there some types of class work that are especially hard for you?

Play (turn-taking, imaginative play, sharing materials, exploring new play ideas/opportunities)

Tell me about some of your favorite things to when you have play or free time at school? Are there some things that you'd like to be able to play with, but can't?

Community Integration/Work (fieldtrips, school-related vocational training)

Tell me what you think or feel about fieldtrips? About your job/work site? Do you have an idea of what you want to do when you finish high school?

Verbal/non-verbal communication (requesting help, making needs/wishes known, negotiating peer relationships, following directions)

Tell me about some of your favorite adults who work at your school. Tell me who some of your friends are. Do you ever feel like you have a hard time getting people to understand what you want or need? Are you a good listener?

Graphic communication (handwriting, keyboarding, drawing/coloring, art)

Tell me, what you think of your handwriting? Drawing? Computer use? Is there anything you find hard or don't like about writing?

General assessment

If you had to pick 3 things you wanted to do better/be easier at in school, what would they be?

Notes/Comments: