

RAIN BATH AND PRAYER FAN MAKING WEEKEND

8 CEs NCBTMB Approved

February 24, 25 2024

Tuition: \$250 Day 1; \$150 Day 2 or \$350 Both Days



Day 1: Rain Bath is an ancient form of aroma therapy combined with stones, intended to rebalance the physical through affecting the nervous system with plant oils, aromas, and healing stones of various temperatures. This treatment is a very gentle and non-invasive method of alleviating stress and anxiety, helping to restore balance to the body's chemistry. In this workshop, you learn the Native American rituals and the history of specific herbal medicines (energies). Each herb used for creating the essential oil is fully discussed in spiritual terms as well as scientific, allowing you to fully understand how to work with these essential oils in combination with the Stone Tribe.

You will have an opportunity to perform the entire process on one another and will be prepared to proficiently offer this treatment modality by the conclusion of the class. In the professional clinical or spa setting, this is a one-hour treatment. Specific stones are used for various aspects of the therapy and a variety of temperature ranges are explored. *Rain Bath Kit: A kit of oils and stones are available for purchase. The kit will offer approximately 12 treatment sessions. The kits may be preordered for class. Oils and stones may be purchased separately.

Day 2: Feather Fan Making is an ancient crafting art for creating the Sacred Item of the Prayer Fan which is utilized in the application of Rainbath Therapy, for Smudging and as well in other Sacred Stone Medicine Strokes. In this workshop you will learn the historic, symbolic and ceremonial significance of the Prayer Fan, and have the opportunity to make one for your own personal use in a traditional way. All supplies included. Participants may bring a feather that has personal significance to them if desired.

FEBRUARY 24TH AND 25TH 2024 LURAY VA

INSTRUCTOR KAYTEA THOMPSON

Call 540-860-0749
for registration information

www.skyhawkhorseandstone.com