

Sharon “Shin Shin” Tang, Ph.D.

Licensed Psychologist

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EDUCATION

- August 2009 – October 2010 **Clinical Psychology Postdoctoral Residency in PTSD**
George E. Whalen Department of Veterans Affairs Medical Center
- Fall 2003 – June 2009 **Ph.D. Clinical Psychology**
University of Oregon
- September 1997-June 1999 **M.S. Psychology**
New Mexico Highlands University
- August 1988 – June 1993 **B.S. Environmental Science**
University of California at Berkeley
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CLINICAL EXPERIENCE

- November 2010-
present** **Private Practice**
Eugene, OR
- Conduct biopsychosocial assessments
 - Provide individual therapy using a variety of clinical interventions
 - Therapy groups offered: Support Group for Graduate Students and Mindfulness for Chronic Pain
 - Supervised a postdoctoral psychology resident (2020-2022)
- October 2016 –
May 2023** **Oregon Mind Body Institute** www.oregonmindful.org
Eugene, OR
- Clinical Director (May 2020 – May 2023)**
- Design and implement psychotherapy groups: Mindfulness for Chronic Pain groups for adults and for teens
 - Supervise doctoral student externs
- Co-Director (October 2016 to April 2020)**
- Helped obtain grant funding from the Oregon Community Foundation in partnership with Dr. Nichole Kelly of University of Oregon Counseling Psychology Department to research feasibility and efficacy of a mindfulness- based intervention for middle school

- o Oversee general operations, outreach and marketing
- o Conduct trainings for teachers on mindfulness for personal wellness and the classroom

**August 2009 –
October 2010**

George E. Whalen Department of Veterans Affairs Medical Center
Salt Lake City, UT

Clinical Psychology Postdoctoral Resident

- o Specialized training in PTSD
- o Conducted neuropsychological assessments
- o Evaluated and diagnosed mild Traumatic Brain Injury and PTSD while embedded in the Polytrauma Clinic, a multidisciplinary behavioral health team
- o Developed and co-led new psychotherapy groups, including Acceptance and Commitment Therapy and Cognitive Processing Therapy
- o As member of a multidisciplinary PTSD Clinic, assessed PTSD and provided individual psychotherapy

**June 2008 –
June 2009**

VA Pacific Island Health Care System
Honolulu, HI

Psychology Intern

- o Participated in four training rotations:
 - Neuropsychological Assessment
 - Biofeedback
 - Vet Center
 - Severe Mental Illness Day Treatment Center
- o Clinical trainings included: Cognitive Processing Therapy, Prolonged Exposure, Dialectical Behavioral Therapy, Clinician Administered PTSD Scale (CAPS), Acceptance and Commitment Therapy
- o Led DBT groups; developed and led mindfulness group
- o Conducted neuropsychological assessments of cognitive impairment

**September 2007 –
May 2008**

Clinical Psychology Practicum
Dept. of Veterans Affairs CBOC
Eugene OR

- o Conducted psychological assessments
- o Provided individual therapy
- o Co-led women veterans' support group

**Sept. 2006 -
June 2007**

Clinical Psychology Practicum
Volunteers in Medicine
Eugene, OR

- o Provided individual therapy using Relational Cultural Therapy
- o Participated in supervision group and individual supervision

- Sept. 2005 -
June 2006** **Clinical Psychology Practicum**
University of Oregon Psychology Clinic
Eugene, OR
- Psychosocial Assessment and Individual Therapy
 - Received clinical training in CBT
- Sept. 2004 -
June 2005** **Clinical Psychology Practicum**
University of Oregon Child and Family Center
Eugene, OR
- Assessed families using Family Check-up protocol
 - Provided individual therapy for children, adults, and families.
- August 2002 -
August 2003** **Crisis Counselor**
Community Research Foundation
San Diego, CA
- Provided individual and group therapy for clients with severe mental illness residing in a transition home.
- February 2001 -
August 2002** **Research Assistant**
University of California at San Diego
HIV Neuroscience Research Center
San Diego, CA
- Provide Motivational Interviewing intervention for individuals at high risk for HIV, including methamphetamine users and men who have sex with men
- January 1999 -
January 2001** **Therapist**
Union of Pan Asian Communities
San Diego, CA
- Developed and led groups and provide individual therapy for Southeast Asian refugee populations
- March 1999 -
June 1999** **Psychology Practicum**
New Mexico State Hospital
Las Vegas, NM
- Worked within a locked psychiatric unit to provide individual therapy
 - Developed a new psychoeducational group on medications

PUBLICATIONS

Tang, S. S. (2023). *Asian American psychology and psychotherapy: Intergenerational trauma, betrayal, and liberation*. Rowman and Littlefield.

- Allen, L. & **Tang, S. S.** (2019). *Attune Ed: Mindfulness-Based Mental Health in Education*. Eugene: Allen & Tang, LLC.
- Gomez, J. M., Smith, C. P., Gobin, R. L., **Tang, S. S.**, & Freyd, J. J. (2016). Collusion, Torture, and Inequality: Understanding the Actions of the American Psychological Association as Institutional Betrayal [Editorial]. *Journal of Trauma & Dissociation*, *17*, 527–544.
- Tang, S. S.** (2015). Blindness to institutional betrayal by the APA. [Letter]. *BMJ*, *351*, h4172.
- Tang, S. S.**, & Freyd, J.J. (2012). Betrayal trauma and gender differences in posttraumatic stress. *Psychological Trauma: Theory, Research, Practice, and Policy*, *4*, 469-478.
- Ullman, S. E., Foynes, M. M., & **Tang, S. S.** (2010). Sexual trauma disclosure: Implications for research and clinical practice. *Journal of Trauma and Dissociation*, *11*, 127-133.
- Tang, S. S.**, Freyd, J. J., & Wang, M. (2008). What Do We Know About Gender in the Disclosure of Child Sexual Abuse? *Journal of Psychological Trauma*, *6*, 1-26.
- Goldsmith, R., **Tang, S.**, & Freyd, J. (2008). Child and adolescent sexual abuse: Policy and practice implications. In: C. Hilarski, J. S. Wodarski, & M. Feit (Eds.) *Handbook of Child and Adolescent Sexual Abuse*, Philadelphia: Haworth Press, Inc.
- Tang, S. S.** (2006). Psychotherapy with Muslims in America: Theory and Practice (Abstract). *Psychotherapy Bulletin*, *41*, 11-12.
- Tang, S.**, & Fox, S. (2001). Traumatic experiences and the mental health of Senegalese refugees. *The Journal of Nervous and Mental Disease*, *189*, 507-512.
- Fox, S., & **Tang, S.** (2000). The Sierra Leonean Refugee Experience: Traumatic Events and Psychiatric Sequelae. *The Journal of Nervous and Mental Disease*, *188*, 490-495.
- Fox, S., **Tang, S.**, & Gomez, L. (1998). A mental health survey of Sierra Leonean refugees in The Gambia: A report to the United Nations High Commissioner for Refugees (UNHCR).
- Fox, S., **Tang, S.**, & Gomez, L. (1998). A mental health survey of Senegalese refugees in The Gambia: A report to the United Nations High Commissioner for Refugees (UNHCR).

TEACHING EXPERIENCE

Course Instructor

PSY 488 Psychology of Trauma, Oregon State University, Spring & Fall 2023

CPSY 609 Adult Practicum, University of Oregon, Winter 2019
PSY 610 Intervention Science I Adult, University of Oregon, Spring 2013
PSY 469 Psychopathology, University of Oregon, Summer 2004, Winter 2012
PSY 303 Research Methods in Psychology, University of Oregon, Winter 2006
PSY 472 Psychology of Trauma, University of Oregon, Winter 2007, Summer 2007

Teaching Assistant

PSY 302 Statistical Methods in Psychology, University of Oregon, Winter 2004, Spring 2004
PSY 303 Research Methods in Psychology, University of Oregon, Fall 2003, Fall 2005
PSY 380 Psychology of Gender, University of Oregon
PSY 472/572 Psychology of Trauma, University of Oregon, Fall 2006
PSY 473/573 Marriage and Family Therapies, University of Oregon
PSY 101 Psychology & Society, New Mexico Highlands University, Fall 1997, Spring 1998
PSY 408 Drugs & Behavior, New Mexico Highlands University, Fall 1998
Research Methods, New Mexico Highlands University, Spring 1999
Technical Writing for Engineers, University of California at Berkeley, Fall 1992, Spring 1993

Guest Lectures

“Self-actualization and Spirituality.” Portable Life Museum (AAD 199), University of Oregon,
November 2015
“Acceptance and Commitment Therapy.” Theories of Counseling (CPSY 614), University of Oregon,
April 2014
“Mindfulness and Psychotherapy.” Center for Community Counseling, Eugene, Oregon, January 2011
“Culture and Trauma among West African Refugees.” PSY 472 Psychology of Trauma, University of
Oregon

WORKSHOPS, PRESENTATIONS and POSTERS

Tang, S. S., Gómez, J. M., & Gobin, R. L. (August 5, 2023). Cultural betrayal trauma in BIPOC Communities: Liberation approaches to healing. Symposium 2.0 at the Feature Stage of the American Psychological Association (APA) Annual Conference, Washington, D.C.

Tang, S. S. (February 8, 2023). Mindfulness for Chronic Pain. Invited talk for the Eugene Center for Anxiety and Stress.

- Tang, S.S.** (2021). Foundations of mindfulness (2-part series). Invited workshop for 4J School District, September 1, 2020 and January 4 2021).
- Tang, S.S.** (2020). Mindfulness-based mental health for teachers (2-part series). Invited workshop for 4J School District, May 15 and 29, 2020).
- Allen, L. & **Tang, S.S.** (2019). Mindful being: The myth of self-control and the science of mindfulness. Invited presentation at Mind Your Mind: Advancing Wellness Across the Lifespan Conference, September 27, 2019.
- Allen, L. & **Tang, S.S.** (2019). Trauma-informed classrooms for calmer classrooms. Invited presentation for Lane ESD Curriculum Leaders meeting, April 16, 2019.
- Tang, S.S.** (2007). Feminist perspectives on gender differences in trauma. Invited presentation at the Center for the Study of Women in Society, University of Oregon, October 24, 2007.
- Spaventa, K., **Tang, S.S.**, & Freyd, J.J. (2007). Why don't kids tell? Gender and the disclosure of abuse. Poster presented at the 12th International Conference on Violence, Abuse, and Trauma, San Diego, CA, September 17, 2007. Winner of the B.B. Robbie Rossman Student Research Award.
- Tang, S.S.** (2007). Loss of face and relationships with depression, anxiety, and dissociation among Asian Americans. Paper presented at the National Multicultural Conference and Summit, Seattle, WA, January 26, 2007.
- Tang, S.S.** & Freyd, J.J. (2006). Gender Differences in Depression and Anxiety: The Mediating Role of Betrayal Trauma. Presentation to be given at the Annual Meeting of the International Study for the Study of Dissociation, Los Angeles, CA, November 9, 2006.
- Tang, S. S.**, & Gianotti, T. (2005). Psychotherapy with American Muslims: Addressing Trauma and Indigenous Perspectives of Dissociation. Paper presented at the Annual Meeting of the International Study for the Study of Dissociation, Toronto, Ontario.
- Tang, S. S.** (2005). The ethics of student reviewing. Invited presentation given at the Annual Convention of the American Psychological Association, Washington, D.C., August 20, 2006.
- Tang, S. S.** & Fox, S. (1999). Traumatic events and the mental health of Sierra Leonean refugees: Testimonies of tragedy and survival. Paper presented at the Annual Meeting of the Society for Applied Anthropology, Tucson, AZ.
- Tang, S. S.** (1999). Cross-Cultural Imperatives and Mental Health. Chaired Session at the Annual Meeting of the Society for Applied Anthropology, Tucson, AZ.
- Tang, S. S.** & Fox, S. (1999). Traumatic Events and Psychiatric Sequelae in West

African Refugees: the Dose-Response Relationship. Paper presented at the Annual Meeting of the International Studies Association, San Antonio, TX.

Fox, S., & Tang, S. (1999). The Sierra Leonean refugee experience: Traumatic events and psychiatric sequelae. Paper presented to the International Studies Association, San Antonio, TX.

HONORS AND AWARDS

- 2023** Feature Stage Symposium (with Gobin, R. & Gómez, J.), American Psychological Association, August 2023
- 2007** Keynote Speaker, Psi Chi Honor Society, University of Oregon, June 2007
- 2006** American Psychological Association, Division 29 (Psychotherapy), Student Paper Diversity Award
- 2006** Central European University (CEU) (Budapest, Hungary), Summer Program Scholarship
- 2006** Center for the Study of Women in Society, University of Oregon, Research Grant
- 2006** University of Oregon Psychology Department, Research Travel Award
- 2005** University of Oregon Psychology Department, Research Travel Award
- 2005** American Psychological Association of Graduate Students, Excellence in Campus Leadership Award
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PROFESSIONAL SERVICE

- April 2021-present** Reviewer, *Journal of Trauma and Dissociation*
- June 2014 - March 2021** Editorial Board, *Journal of Trauma and Dissociation*
- June 2008 – March 2010** Co-editor, special issue of *Journal of Trauma and Dissociation, Processes in the Disclosure of Sexual Trauma: Context and Consequences*
- 2006-2021** Reviewer, *Journal of Trauma and Dissociation*
- 2007-present** Reviewer, *Child Abuse and Neglect: The International Journal*
- 2007-present** Reviewer, *Journal of Nervous and Mental Disease*
- September 2004 – June 2006** Student Editor, *Cultural Diversity and Ethnic Minority Psychology*

September 2004 – American Psychological Association of Graduate Students Campus
June 2005 Representative