

Psychology Course Project

My Top 10 Takeaways from Psychology

Objective:

Reflect on the most impactful concepts, theories, or research findings from this course. Create a list of your "Top 10 Takeaways," explain their significance, and connect them to your life experiences through written and video formats.¹

Instructions:

Identify Your Top 10 Takeaways:

- Revisit the topics we've covered this semester. These can include theories, concepts, or significant research findings.
- Arrange them in descending order, with the most impactful concept as number 1, followed by the second most impactful, and so on.
- Add your top 10 list into a slidedeck presentation (create your own or make a copy of this template: [📄 Psychology Top 10 \(Make a copy to edit\)](#) . Add a brief description or add examples and some visuals (at least 5) to the slidedeck.
 - If it's not obvious in the slide, for each takeaway, write a brief explanation (around 100-150 words) to clarify what the concept is.
 - Explain why each concept is significant to you, or why it resonated with you the most.
- Create a Video:
 - Record a video, between 3-5 minutes, where you discuss how these Top 10 Takeaways relate to your own life, aspirations, or experiences. You do not have to address all of the takeaways in your video, but must mention at least 3 of them. You can use the slide deck in your video or choose to go another route altogether.

¹ Assignment inspired by Frantz, S. (2017, February). Using open educational resources: Some tips from Sue Frantz. APA Pre-College Psychology Teacher Network.
<https://www.apa.org/ed/precollege/ptn/2017/02/sue-frantz>

- Make sure to articulate the connections between different concepts and your personal experiences, so it's evident why these concepts made your list.

Evaluation Criteria:

- Depth of understanding demonstrated for each takeaway
- The relevance of each concept to your own life or broader societal issues
- Quality and coherence of your video presentation

Submission:

- Submit your ranked list and written explanations as Google slides, a ppt, or something similar.
- Upload your video. Ensure that the video and audio quality are clear.

Rubric

Criteria	Exemplary	Proficient	Developing	Not Evident	Points
Identification of Concepts	Successfully identifies 10 clear, relevant psychological concepts or research findings.	Identifies 8-9 relevant psychological concepts or research findings.	Identifies 6-7 relevant psychological concepts or research findings.	Identifies 5 or fewer relevant psychological concepts or research findings.	___/10

Depth of Understanding	Each takeaway is deeply explained with a nuanced understanding of the concept, theory, or research finding.	Each takeaway is adequately explained, demonstrating a fair understanding of the topic.	Takeaways are superficially explained, showing limited depth in understanding.	Takeaways are poorly explained or missing.	___/30 (3 per concept)
Relevance to Personal Life	Each takeaway is compellingly connected to the student's own life, aspirations, or experiences.	Connections to personal life are mostly clear but may lack some depth or nuance.	Some attempt is made to connect takeaways to personal life, but connections are vague or forced.	No effort to connect takeaways to personal life.	___/30 (3 per concept)
Coherence of Written Work in slides	Written explanations are well-organized, clear, and free of grammatical errors.	Written work is mostly clear and organized but may contain minor grammatical errors.	Written work lacks clarity or organization, with multiple grammatical errors.	Written work is disorganized and incoherent, with numerous grammatical errors.	___/10

Video Presentation	Video is highly engaging, with a clear narrative thread linking the takeaways. Audio and video quality are excellent.	Video is engaging and mostly clear, with good audio and video quality.	Video lacks engagement and may be hard to follow. Audio or video quality is subpar.	Video is unclear and disorganized, or is missing altogether.	___/10
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Total Points: ___/80