

## Quinlan ISD SHAC Minutes For December 7, 2022

The following members were present: Courtney Painter/ Assistant Superintendent, Alice Lafferty-Director of Secondary Curriculum, Jenny Cheney-AEB Counselor, Amy Learned-TMS Counselor, Jeanette Rowland-FHS Counselor, Beverly Farrand-Nurse Coordinator, Dana Gibbs-Assistant Nurse Coordinator, Steve Walden- QISD Police Chief, Elizabeth Wetzell-Community, Dr. Sarah Lay, David Upchurch-Pastor, Roger Dawson- associate & Pastor of Youth, and guest Brenda Stone.

Lunch, provided by QISD nurses, began at 1130 with the meeting beginning at approximately 1140. Dana Gibbs, RN began by introducing one new member to the committee, Elizabeth Wetzell. The committee in return introduced themselves. Minutes from the Nov 2, 2022 meeting were provided and reviewed by all members. No objections or amendments were made.

11:50 Brenda Stone began her presentation concerning nutritional guidelines for Quinlan ISD. Mrs. Stone provided insight to the services available to our students through nutritional services.

- Daily meals for Breakfast and Lunch
- Dinner provided after school for those in ACE or anyone needing a meal prior to leaving campus
- Summer meals provided to the families in the community
- Mobile Learning Cafe
- Dietary restrictions ( calories, sodium, serving size, whole grains, no fried food)
- Majority of products provided are processed
- Rules for reimbursement
- Approved snack bar foods for Ford High and Thompson Middle School
- Nutritional services assist the QISD nurses with Diabetic care by providing a menu with a breakdown of carbohydrates, calories, and sodium
- Explanation of the "Shared Table": Food items that other students do not open are placed on a table for other students who may want them. Items are placed on a temperature controlled table and discarded if not taken, The Shared Table was discontinued due to Covid, and has not been reinstated at this time.

12:15 Courtney Painter and Alice Lafferty provide the committee with an update to the Local FFA Policy.

- Nutrition promotion in cafeteria/classroom
- Nutrition education/healthy eating
- Environment related to healthy eating and physical activity

12:20 Agenda content met, Dana Gibbs opens the floor for questions, comments or other topics of interest. Beverly Farrand shares that the QISD nurses will partner with Goodside Health in the upcoming months. Goodside health is a virtual/telehealth program for QISD students whose parent gives consent to obtain treatment for his/her child while at school. Services provided include the following:

- Live virtual visit with a MD or PA
- No costs to the school district 2022-2023
- Cost next year based of visits until the end of 2022-2023 school year
- Medical treatment based on symptoms
- Allow campus nurses to screening (Strep, Flu, and/or Covid)
- Rx services- with Rx being called into parent's pharmacy of choice
- OTC Rx for treatment of acute symptoms; examples of Rx available given
- Privacy aspects while the student is engaged in the visit

- Out of pocket costs for student with and without insurance
- Services also offered to QISD staff members
- None turned away due to inability to pay
- Parents being notified visit being initiated
- Parents are texted to ask to join virtual visit

The next SHAC meeting will be Wednesday, February 8, 2022. Topic to be determined at a later date.

Respectfully submitted,

Dana Gibbs, RN