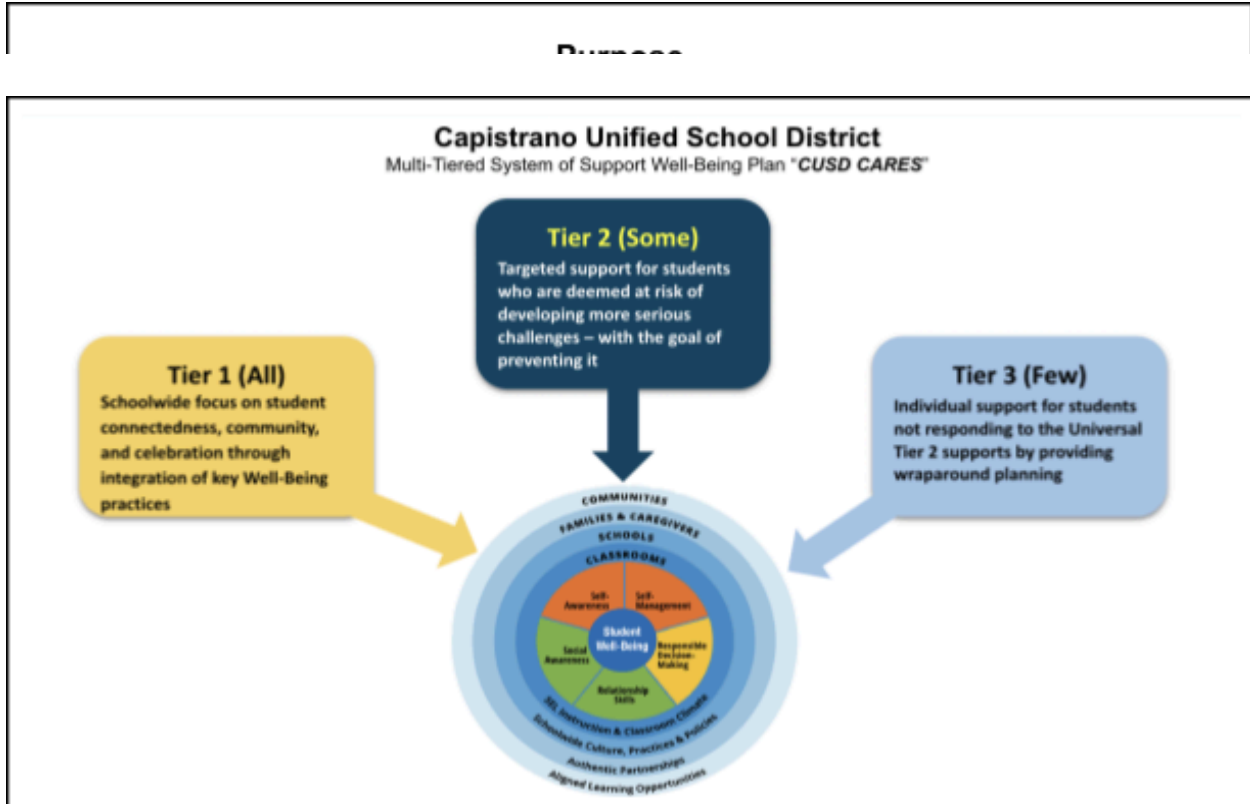
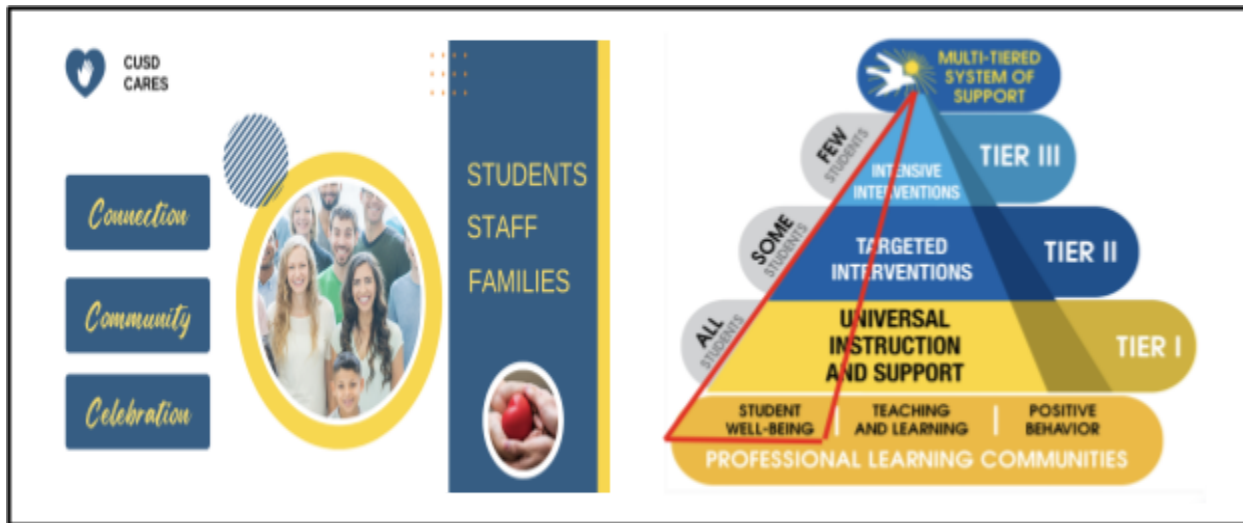


# CUSD CARES (Bathgate ES)

## Multi-tiered System of Support (MTSS): Well-Being



### **Tier 1 - Universal (All Students): Schoolwide focus on student connectedness, community, and celebration through integration of key “Well-Being” practices:**

- Daily classroom mindfulness moments
- “Be a Friend” kindness campaign (elementary schools)
- “You Belong Here” attendance campaign
- Counselor support through Second Step and Cultural Proficiency Lessons
- Positive Behavior Support Tier 1 Strategies and Interventions
- Bathgate ES examples: ([LINK to District Sample Form](#))
  - Mission Viejo Character Counts Awards (Caring is one of the theme)

# CUSD (**Bathgate ES**)

## Multi-tiered System of Support (MTSS): Well-Being

- Daily character quotes
- PBIS B.E.S.T. presentations
- PBIS B.E.S.T. Tickets
- PBIS B.E.S.T. Buy store (raffle)
- 

### **Tier 2 - Targeted (Some Students): Targeted support for students who are at risk of developing more significant challenges**

- **Staff Mentor**
- **Sensory Rooms (elementary schools)**
- Targeted group counseling (Counselors & Intervention Specialists)
- Referral to counselor
- Restorative Practices
- Positive Behavior Support Tier 2 strategies and interventions
- Bathgate ES examples:
  - *Daily check-ins with mentor*
  - *Group discussions (Counselor)*
  - *Student-Family-Site collaboration*

### **Tier 3 - Intensive: Individual and intentional support for students not responding to the Tier 2 supports by providing comprehensive planning and services**

- **Individual 1:1 Counseling**
- **District Support Team (counselors, psychologists, High School Family Lead Administrators, and District Staff)**
- County and outside mental health referral (with parent consent)
- Partnership with family, health provider, and school site team
- Bathgate ES examples:
  - *Frequent, calendared Individual meetings with mentor, counselor, or administrator*
  - *Home visits*
  - *Individual discussions (Counselor)*
  - *Student-Family-Site-District collaboration*