Riverside Yacht Club Junior Sailing

Sailing Gear List

Required

Lifejacket, i.e. PFD (Personal Floatation Device): USCG Approved Type III. Ensure you're not purchasing a "Floatation Aid," which has less floatation than a USCG-approved life jacket and is not allowed for use in RYC Jr Programs. USCG-approved life jackets are clearly labeled on the interior.

Closed-toe shoes / sailing boots: Regular sneakers are fine, or Sperrys or similar sailing-specific shoes. Shoes will be worn at all times, they will get wet. Flip-flops, sandals, or bare feet are not allowed.

Refillable water bottle: No glass containers. RYC provides multiple refilling stations with filtered water.

Sun protection: Sunscreen, hats and/or sunglasses to protect from the sun. The sun is much stronger reflecting off the water. A tether on hats and sunglasses will help prevent them from getting lost.

Sailing clothes: Sailors' clothing will get wet during practice. Board shorts/bathing suits work best and can be paired with synthetic (no cotton) shirts. Bring layers.

Towel: To dry off after sailing

Bag: All belongings should be brought to program in a bag so they can be stored neatly on the lawn or in the Junior Clubhouse when not in use.

Recommended

Dry Clothes: A change of clothing is recommended. On cooler days pack warm layers.

Spray gear (pants/top): A raincoat or windbreaker is ok, but sailing-specific clothing will work best. We will sail in rain and cold weather, so bringing layers is important. There is a huge variety available in style and price.

Digital watch: As we learn about racing, sailors will need to be able to time their starts. Timex Ironman or similar works well and is waterproof/durable. Needs to have a countdown feature.

Gloves: Many models are available, recommend trying on. Traditional sailing gloves work well or there are full-finger light weight options available at sailing gear and hardware stores.

Sunscreen: We recommend packing extra sunscreen just in case.