

# Race Committee Meeting MINUTES

14 September 2025, 7:00-9:00 pm EST

1. Welcome and Review of [August meeting minutes](#) (Jeff)
2. Program Updates (ENRG, U18, U16/U14, U10/U12, Para) (GT and Coaches)
  - Tova - Racing Rabbits - started up last Weds - all going well.
  - GT - Coaches attended development session Aug 6th - multi-variable training (Tyson Wellock). Tyson also provided package on revised training approach with focus on technique vs. endurance. Starting to see positive results on both fronts.
  - Nolan - U18s back and at it and all is well.

## 3. Operations: (GT)

### **Strength program:**

- started one time a week option. Lots of interest. 58 athletes in the program. Fees are fair. Kat looking into a 'pass' possibility at Evolve for Nakk athletes for athletes who have been actively strength training.

### **Army Run Bike Parking**

- Need to do some heavy recruiting... not many people have signed up to help.

### **Coaching courses -**

- Many upcoming courses on offer: L2T on snow Dec 5th eve + Dec 6, 7 @NS; CC Dec 13, 14 @NS; T2T on-snow Jan 10/11 (must have done T2T dryland).

### **Officials Course**

- Nov 8/9 - **ACTION: Steph and Jeff to connect with Grant Williams (organizer), connect with Pierre Millette and get the info out**

### **Trail Improvement @NS**

- October 4th + November 1st and more. Will be looking to Chris A to get a sign-up organized.

**ACTION: Parent coordinators to give heads up to parents on upcoming courses, trailwork dates, Army Run volunteering**

## 4. Ski Swap (GT)

- Two dates floating around - 1st and 8th.
- Originally wanted it later because of time needed to do ski testing
- Can't do 25th because Skinouk has booked for XC run, nor 26th because of Adventure Run.

- Chelsea Swap is the 7th. **UPDATE - CHELSEA SWAP WILL BE NOV 1 & 2**
- Decision made to go for it on Nov 8th
- NEXT YEAR - pick date as soon as this years' one is over

#### 5. Trip Planning update (Joan)

- Trip handbook and policies updated
- Website to be updated with active links.
- **ACTION: Jeff/Steph to circulate for comments from RC members**

#### 6. Registration (Jeff)

- Lower registrations than projected - Revenues down by about \$19K. Will continue to look for patterns/causes and consider financial implications in forward planning.
- Alex - big Minis numbers may not result in retention if they aren't suited for the program
- Toni - Accuracy in projections are really important - better to under estimate than over.
- Meghan - might consider tapping into LTS programming
- Jesse - some of this might be rightsizing post COVID - 3 years ago, very little competition for other sports.
- **ACTION: Parent coordinators to send out reminder to pay balance of fees September 15th**

#### 7. Race Calendar Update (Jeff/Steph/GT)

- Meeting with Pierre M - = events coordinator for Nakk, but also Info@ENGNE
- Need to get the dates for Theas and Cookie Race settled
- Requires coordinated consultative process. Pierre hoping that ENGNE will accept the responsibility of planning the local race calendar.

#### 8. Bookkeeper (Steph)

- Need to keep relationship with bookkeeper efficient and functional
- Generally direct parents away from comms with bookkeeper. Questions should be addressed to trip organizer, coaches, race chairs, who will communicate with bookkeeper as needed.
- Have heard that parents would like information about the refunds they receive (money going into their accounts for variety of things). Laura can't include this info as part of the refund process, so we should be advising people as to what

refund they will be receiving and that they will be receiving it in 2-3 weeks. Hopefully this will keep questions to a minimum.

9. Ski Beam (GT)

- Will need technically-minded people to operate the beam, especially with GT away for a few weeks Oct/nov.
- Have on order a new ski testing machine. Chris A and Chris N to install it. Anyone using it will need to be trained. Once operational, will increase efficiency of ski testing process. Will take 6 mins to test a pair of classic skis, 4 mins for skate skis.

10. Nakkertrak Proposal (Steph)

- Board and Nakkertrak committee to consider proposed approach to additional fees to be charged for people outside race program to use high performance time. Will report back...

11. Other business?

- NCD - AGM decision to disband, closed bank account; Race timing equipment is with ENGNE; Funds going to ENGNE for software updates
- Volunteer preferences survey - **ACTION: parent coordinators to send out again. Remind people about new responsibilities for Cookie Race - U10/U12/U14**

Next meeting: TBD by doodle poll.