

# SUMMER PROFESSIONAL LEARNING SERIES [Skills-Based Health Education] |

July 21 - 22

In this dashboard, you can find all the activities and resources shared throughout the various meetings held during the Summer Professional Learning Series.

<b>Recorded Sessions</b>	<ul style="list-style-type: none"><li>⊕ <a href="#">Skills-based Health Education 101</a></li><li>⊕ <a href="#">Distance Learning Best Practices for Skills-based Health Education</a></li><li>⊕ <a href="#">Considerations for Re-entry in Skills-based Health Education - Trauma-informed Practices</a></li></ul>
<b>Slides</b>	<ul style="list-style-type: none"><li>⊕ <a href="#">Skills-based Health Education 101</a></li><li>⊕ <a href="#">Distance Learning Best Practices for Skills-based Health Education</a></li><li>⊕ <a href="#">Considerations for Re-entry in Skills-based Health Education - Trauma-informed Practices</a></li></ul>
<b>Resources &amp; Tools</b>	<ul style="list-style-type: none"><li>⊕ <a href="#">The Essentials of Teaching Health Education: Curriculum, Instruction, and Assessment</a> by Sarah Benes &amp; Holly Alperin</li><li>⊕ <a href="#">Lesson Planning for Skills-Based Health Education: Meeting Secondary-Level National Standards</a> by Sarah Benes &amp; Holly Alperin</li><li>⊕ <a href="#">Lesson Planning for Skills-Based Elementary Health Education: Meeting the National Standards</a> by Holly Alperin &amp; Sarah Benes</li><li>⊕ <a href="#">Health Education in the 21st Century: A Skills-based Approach</a> by Sarah Benes &amp; Holly Alperin in Journal of Physical Education, Recreation &amp; Dance</li><li>⊕ <a href="#">Tips for Teaching the National Health Education Standards Skills</a> (Standards 2-4)</li><li>⊕ <a href="#">Tips for Teaching the National Health Education Standards Skills</a> (Standards 5-8)</li><li>⊕ <a href="#">How to Build a Skills-Based Curriculum</a></li><li>⊕ <a href="#">Stress &amp; Early Brain Growth: Understanding Adverse Childhood Experiences (ACEs)</a></li><li>⊕ <a href="#">Health Education is a Critical Component of a Well-Rounded Education</a> by SHAPE America (Position Statement)</li></ul>
<b>Session Survey</b> <b>*Even if you watch a recording, please fill out a survey! We appreciate the feedback!</b>	<ul style="list-style-type: none"><li>⊕ <a href="https://bit.ly/spls20eval">https://bit.ly/spls20eval</a></li></ul>