



PEQUOT LAKES

PUBLIC SCHOOLS

RE: Students with **Food Allergies**

Dear Families,

Federal law and regulations for the National School Lunch Program and the School Breakfast Program require schools to make accommodations for children who are unable to eat the school meal as prepared because of a disability. Accommodation generally involves substituting food items.

In order to make substitutions for items in a federally funded school meal, the school must have on file a written statement signed by a licensed physician indicating what the child's disability is, what foods must be omitted from the child's diet, and what foods must or may be substituted.

This signed form from the physician must be updated and sent in at the beginning of each school year.

The purpose of requiring a written statement is two-fold. First, it ensures the nutritional integrity of the school meal will not be compromised by the substitution, more importantly, it ensures that decisions about specific food substitutes are made by persons who are highly qualified to prescribe them. Therefore, this requirement helps to protect both the child and the food service personnel who are working to meet the child's needs.

If your child or children have food allergies and will be requiring food substitutions from the food service department we must have the following:

1. A signed statement from the child's physician.
2. Fill out the form below and send it to:
Patty Buell, Food Service Director, ISD 186, 30805 Olson Street, Pequot Lakes, MN 56472
*** This form does NOT take the place of the signed physician statement. This form will initiate the required conversation.
3. Patty Buell will call and discuss the plan of action for the child's meals.

***** A food substitution cannot be made until the above steps are completed.**

FOOD Allergy Information Form

Childs Name	Grade	Parents Name	Contact Phone Number	Secondary Contact Phone Number	Describe Allergy