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Title: (Avenir Next LT Pro 20, Bold, Sentence case, and Center)

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ABSTRACT
The abstract should be clear, concise, and descriptive. Abstract written in English contains research objectives, research methods / approaches and research results. Abstract is written in one paragraph, no more than 200 words. (Avenir Next LT Pro 10, single space).
Keywords: ..... ; ..... ; ..... (3-5 words and/or phrases)

Authors' Contribution: a – Study Design; b – Data Collection; c – Statistical Analysis; d – Manuscript Preparation; e – Funds Collection

INTRODUCTION (Font size: 12, Avenir Next LT Pro, Bold)

Contains background, research context, literature review results, and research objectives integrated into paragraphs, with a percentage of 15-20% of the entire article. Relevant literature review and development of hypotheses (if any) are included in this section. In introduction, authors should state the objectives of the work at the end of introduction section. [Font size: 12, Avenir Next LT Pro]

METHOD (Font size: 12, Avenir Next LT Pro, Bold)

Explains exposure in the form of paragraphs about research design, data sources, data collection techniques, and data analysis that is actually carried out by researchers, with a percentage of 10-15%. [Font size: 12, Avenir Next LT Pro]

RESULTS AND DISCUSSION (Font size: 12, Avenir Next LT Pro, Bold)

Contain exposure to the results of the analysis relating to research questions, while the discussion contains the meaning of results and comparisons with the theories and or results of similar research, with a percentage of 40-60% of all articles, the results of research can be supplemented with tables, graphs / or chart. Tables and Figures are presented center, as shown below and cited in the manuscript. Please highlight differences between your results or findings and the previous publications by other researchers. Possible follow-up activities can also be presented in this section The discussion should explore the significance of the results of the work, not repeat them. Make the discussion corresponding to the results, but do not reiterate the results. Often should begin with a brief summary of the main scientific findings. [Font size: 12, Avenir Next LT Pro]

Table 1. .....

No.	Category	Percentage
1		
2		
3		
4		

CONCLUSION

Based on the results of the research and discussion, the following research results can be concluded: (1) Height is not a determinant of success in shooting basketball, if it is not in synergy with regular training, (2) Arm muscle strength is also one of the physical abilities that must be possessed by a basketball player, in this study the selected sample aged 13-15 years is a student who does not play basketball every day, so in this case arm muscle strength does not have a significant effect on shooting basketball, (3) Vertical jump is one of the physical components needed in training, so that the ability to shoot basketball will also have an effect, but in this case the sample used is students aged 12-15 years. So in this study with the research sample consisting of children aged 12-15 years, where the sample is junior high school students, the variables taken in this study consisting of height, arm muscle strength and vertical jump do not have an effect on shooting basketball. The follow-up plan that must be carried out by the researcher is to convey the importance of physical condition training and the ability to play big ball games, so that all students are able to master all techniques and can play big ball games, one of which is basketball.

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