

ADEEGYADA DADKA DEGGAN BOSTON OO UU SAAMEYNTA KU YEESHAY CUDURKA COVID-19 AYADOON LOO EGEYN XAALADDA SOOGALOOTIGA



MAYOR'S OFFICE
FOR IMMIGRANT
ADVANCEMENT
Martin J. Walsh, Mayor of Boston

Macluumaadka ku saabsan cudurka COVID-19, Waxaad:

- Booqan kartaa boston.gov/coronavirus (English) | boston.gov/covid-19-so (Af-Soomali)
- Wici kartaa Lambarka Caafimaadka ee Maayarka oo ah **617-534-5050** (9 subaxnimo illaa 5 galabnimo)
- Qoraal u diri kartaa BOSSoomali **888-777 (Qoraal geli)**, kareeb wax calaamada ah oo aan qoraalka caadiga ah ahayn, wax yar oo macno samaynaayo
- Waci Boston **3-1-1** (24ta saacadoodba maalintii, 7da beri ee asbuuca). Luuqaddaada ku wac.

Haddii aad u baahan tahay cunto...

XAAFIISKA MAAYARKA EE CUNTADA (MAYOR'S OFFICE OF FOOD ACCESS)

(617) 635-3717 | boston.gov/food

Quraac iyo qado bilaash ah ayaa la siinayaa dhammaan carruurta iyo dhalinta reer Boston inta ay xiran yihiin Dugsiyada Dadweynaha ee Boston. Si aad u ogaatid goobaha iyo saacadaha, booqo boston.gov/departments/food-access/map-meal-sites-boston.

MASS 211

211 | mass211.org

Ka hel macluumaad ku saabsan meelaha lagu bixiyo cuntada, bakhaarrada cuntada iyo goobaha waayeelku ka casheeyaan, iyo waxyaabo kale oo badan.

TALEEFANKA MASHRUUCA CEESHA (PROJECT BREAD FOODSOURCE HOTLINE)

800-645-8333 | projectbread.org/get-help/

Ka hel macluumaad ku saabsan bakhaarrada cuntada laga bixiyo iyo goobaha bulshadu ka hesho quudka.

Haddii aad rabtid daryeel caafimaad...

KHADKA CAAFIMAADKA EE MAAYARKA (MAYOR'S HEALTH LINE)

617-534-5050 | bphc.org

Caawimaadda luuqadaha badan waxaa la helaa **9 subaxnimo illaa 5 galabnimo**. Wac lambarka kor ku qoran si aad iskaga diiwaangeliso caymiska caafimaadka, u hesid xarumaha caafimaadka, sidoo kalena aad wax uga ogaatid macluumaadka ku saabsan daryeelka ilmaha, caawimaadda cuntada, adeegyada waayeelka, iyo caawimaadda sharciga.

MUHIIM AH: Dookhyada caafimaadka ee Massachusetts waxaa heli kara qof kasta, ayadoo aan loo egeyn xaaladaha soogalootinimada. Baaritaanka, tijaabada, iyo daaweynta la xariira cudurka Coronavirus (COVID-19) saameyn kuma yeelanayaan go'aaminta lacagta la siiyo soogalootiga.

Hadii aad u baahantahay caruur haysmo

xafiiska mayarka ee horumarinta dumarka 617-635-3138 |

boston.gov/departments/womens-advancement/emergency-childcare-programs

xog ku saabsan xaaladaha degdega ah ee barnaamijka caruurta.

Haddii aadan haysan hoy caawa iyo si aad u heshid guryaha raqiiska ah...

WAAXDA GOBOLKA EE GURYO IYO BULSHO KOBICINTA, GARGAARKA DEGDEGGA AH EE GURIYEYNTA (MASS. DEPT. OF HOUSING AND COMMUNITY DEVELOPMENT, EMERGENCY HOUSING ASSISTANCE)

866-584-0653 |

mass.gov/how-to/find-emergency-family-shelter

Adeegyada guryaha ee loogu talagalay qoysaska.

XAAFIISKA MAAREYNTA GURIYEYNTA (OFFICE OF HOUSING STABILITY)

617-635-4200 | boston.gov/housingstability |

HousingStability@boston.gov

Ka hel xogta caawimaadda iyo joogtaynta amaanka la isku halayn karo, iyo dookhyada guryaha la iska bixin karo, macluumaadka dadka guryaha kireysta iyo xaquuqdooda iyo waajibaadkooda, caawimaada jiheynta shaqsiya iyo nidaamyada hoyga qoysaska.

MUHIIM AH: Laga bilaabo Sabtida, Maarso 14keeda sharciga guri ka saarista kumeel gaarka ah ee **Boston Housing Authority (BHA, Maamulka Guriyeynta Boston)** ayaa dhaqan galaya. Arintan waxay sii soconaysaa **inta Massachusetts ay ku jirto xaaladda degdega ah**. Haddii aad fariin ku saabsan guri-ka-saarista ka heshid Xaafiiska Maareynta Guriyeynta (la xariir xafiiska kor ku xusan).

Haddii aad shaqada ama mulkiilaha guriga kala kulantay takoor ama ay si xun kuula dhaqmeen...

XAAFIISKA TAYADA IYO CADDAAALADA EE GURIYEYNTA (OFFICE OF FAIR HOUSING AND EQUITY)

617-635-2500 | boston.gov/fairhousing

La xariir haddii lagugu takooray helitaanka guriyeynta, adeegyada dadweynaha, hoyga ama shaqada.

CITY LIFE/VIDA URBANA

617-934-5006 Eng | 617-397-3737 Span | clvu.org

wac

xaaladaha ku saabsan arimaha guryaha

Haddii aad raadinaysid caawimaad sharci...

XAAFIISKA MAAYARKA EE HORMARINTA SOOGALOOTIGA (MAYOR'S OFFICE FOR IMMIGRANT ADVANCEMENT)

617-635-2980 | boston.gov/immigrants

Rugta Talooiyinka Caafimaadka ee ku taala Xarunta Boston waxaa lagula xariiri karaa taleefan illaa war dambe U dir ImmigrantAdvancement@boston.gov iimay si aad macluumaad u heshid.

GARYAQAANNADA U DOODA XUQUUQDA MADANIGA (LAWYERS FOR CIVIL RIGHTS)

617-981-4308 | lawyersforcivilrights.org/coronavirus

Ka hel caawimaad bilaashka ah oo sharci ah looguna talagalay shaqsiyaadka, qoysaska, kooxaha bulshada, iyo ganacsiyada yaryar si looga hortago cudurka COVID-19.

Haddii aad ka weyn tahay 55+...

GUNOYINKA LAGU SALEEYO DA'DA (AGE STRONG COMMISSION)

617-635-4366 | boston.gov/agestrong

Caawimaadda guriyeynta, gaadiidka, daryeelka caafimaadka, shaqada, iyo fursadaha mutadawacnimada ah ee loogu talagalay dadka deegaanka (da'dooduna ka weyn tahay 55+).

Haddii aad ka badbaadday xadgudub...

SAFELINK

877-785-2020 | casamyrna.org/get-support/safelink

Caawimaadda qarsoodiga ah, qorshaynta amniga, xariirka tooska ah ee lala yeelanaayo dadka leh hoyga iyo gudbinta adeegyada bulshada ee shaqeeya 24/7.

Haddii aad rabtid khad internet ah...

WAAXDA TEKNOOLAJIYADA (DEPARTMENT OF INNOVATION AND TECHNOLOGY)

617-635-4783 |

boston.gov/news/internet-connectivity-supports-uring-coronavirus-covid-19-response

Ka hel ilaha lagu taageeraayo khadadka muhiimka ah, sida: internetka. Si aad macluumaad dheeraad ah u heshid, iimayl u dir digital.equity@boston.gov.

Haddii aad leedahay ganacsi yar...

XAAFIISKA MAAYARKA EE QAABILSAN KOBICINTA DHAQAALAH (MAYOR'S OFFICE OF ECONOMIC DEVELOPMENT)

311 ama 617-635-0355 | boston.gov/smallbusiness

Taageerada mulkiilayaasha ganacsiga yaryar.

MUHIIM AH: Shirkadda Dhaqaale Korinta ee Gobolka Massachusetts Growth Capital Corporation (MGCC) waxay ka shaqeyn doontaa dhamaan codsiyada maalgelinta amaahda \$10 ka milyan ah si loo bixiyo gargaar dhaqaale oo la siinaayo ganacsiyada Massachusetts ee uu saameeyay cudurka COVID-19. Si aad macluumaad dheeraad ah u heshid booqo: empoweringsmallbusiness.org.

Haddii aad tahay shaqaale...

QAREENKA GUUD EE GOBOLKA (MASSACHUSETTS ATTORNEY GENERAL)

617-727-3465 |

mass.gov/how-to/file-a-workplace-complaint

Waxa uu aqbalaa cabashooyinka onlaynka ah kuna saabsan mushaharka dhimista, lacagta saacadaha dheeraadka ah ee shaqada, waqtiga qofku xanuunsan yahay, waqtiyada gaagaaban ee loogu talagalay cuntada, iyo ilaalinta shaqaalaha.

MASSCOSH

617-505-8940 | masscosh.org

wac xog ku saabsan xuquuqda shaqaalaha

GREATER BOSTON LEGAL SERVICES

617-603-1530 | gbls.org

Wac xog ku saabsan xuquuqda shaqo la'aanta

Haddii aad tahay arday ama macalin...

DUGSIYADA DADWAYNAHA BOSTON (BOSTON PUBLIC SCHOOLS)

617-635-4783 | bostonpublicschools.org/coronavirus

Waxaad ka helayaa macluumaadka ku saabsan goobaha lagu bixinaayo qadada iyo quraacda bilaashka ah ee loogu talagalay dhamaan ardayda BPS, aalada Chromebooks ee loogu talagalay inay arday onlaynka wax uga bartaan, talooyinka iyo macluumaadka loogu talagalay macalimiinta.

Tusmooyin kale

QAREENKA GUUD EE MASSACHUSETTS (MASSACHUSETTS ATTORNEY GENERAL)

mass.gov/guides/resources-during-covid-19

CAAWIN SHARCI OO GOBOL (MASSLEGALHELP)

masslegalhelp.org/health-mental-health/covid-19

Isbahaysiga MIRA (MIRA Coalition)

miracoalition.org/resources/covid19

Xaqa shaqaalaha iyo fasax yadooda

https://docs.google.com/document/d/1i4KbrJ7Tw99Bmq3RBe-_z8_s3lISXX0XD05O-ljm08g



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