

❄️ I'm Not Neurotypical ❄️



Here is a list of all of what I got going on in my brain!
The ones professionally diagnosed will be underlined!
The ones that are dubiously diagnosed will be *italic*!

❄️ **Main things:**

ASD/Autism

ADHDNOS (an offset of ADD but with occasional bouts of hyperactivity)

Generalized Anxiety

PTSD

Social Anxiety

Panic Disorder

Dyscalculia

OSDD-1b

❄️ **Other things:**

Dysphoria

OCD

Major Depression

Seasonal Affective ("reverse" effect/summertime sadness)

BIID

❄️ **Physical things:**

Amblyopia

Astigmatism

Light sensitivity

Solar Urticaria

Asthma

Contact dermatitis

Allergic dermatitis

Hay Fever

Chronic Sinusitis

Chronic Fatigue

Insomnia

Hypoglycemia

Acne

Acne Inversa

Sleep Apnea

❄️ **Phobias (don't really need diagnosed but they're there):**

Acrophobia (severe)

Agoraphobia (slowly becoming more severe)

Agyrophobia (especially in regards to how people drive in this stupid place)

Algophobia

Astraphobia (mild and only really afraid of lightning itself)

Atelophobia

Bacteriophobia (severe)

Basophobia (severe)

Carcinophobia (severe)

Claustrophobia

Coprophobia (human turds, mind you)

Cynophobia (very mild around most breeds but severe around Chow-chows)

Ecophobia

Emetophobia (in regards to myself vomiting)

Enochlophobia (recently becoming far from just severe thanks to the stupid virus)

Erotophobia

Gelotophobia

Globophobia (balloons popping in particular)

Heliophobia (for good reason)

Somniphobia

Hypochondria (again made more severe thanks to the virus)

Lilapsophobia

Mageirocophobia (mainly goes along with my pyrophobia)

Monophobia

Mysophobia

Necrophobia (just dying)

Nosophobia (goddamn COVID for making these worse for me)

Ophthalmophobia

Pharmacophobia

Phasmophobia (except around ghosts of people close to me)

Phobophobia
Phonophobia
Pteromerhanophobia
Pyrophobia (mild when using matches, severe around cooking)
Scopophobia
Telephone Phobia (thanks to that disgusting guy)
Tetraphobia (thanks to my ex among other things)
Thanatophobia
Thermophobia
Tokophobia (luckily I won't be able to give birth)
Tomophobia
Toxiphobia
Traumatophobia
Vehophobia (severe)
Verminophobia

