# Session 1 (25-30 min) Our Families

## **Session Goals**

- Practice greetings and small talk
- Talk about families, professions, and personalities

## **Pre-Session Instructions for Learner**

In this session, you will talk about your family members, their ages, professions, and personality traits. To prepare, you can look at the session slides here, make sure you understand all the words, and practice answering the questions.

- Practice greetings and small talk
- Talk about our friends
- Talk about seasons and months
- Practice using the verb "to be"

## **Pre-Session Instructions for Learner**

In this session, you will talk about some of your friends, their ages, professions, and personality traits. You will also talk about the seasons and months. To prepare, you can look at the <u>session slides here</u>, make sure you understand all the words, and practice answering the questions.

# [Youth] Session 3A\* (25-30 min) Our Schools

\* Note that there are 2 versions of this session plan for youth and adults (3A and 3B)

#### **Session Goals**

- Practice greetings and small talk
- Talk about our schools
- Practice vocabulary related to school and academic subjects
- Practice using the verb "to be"
- Practice using the present simple

## **Pre-Session Instructions for Learner**

In this session, you will talk about your experience at school. To prepare, you can look at the <u>session slides here</u>, make sure you understand all the words, and practice answering the questions.

- Practice greetings and small talk
- Talk about our occupations
- Practice vocabulary related to work
- Practice using the verb "to be"
- Practice using the present simple

## **Pre-Session Instructions for Learner**

In this session, you will talk about your work experience. To prepare, you can look at the session slides <u>here</u> and a <u>video</u> here, make sure you understand all the words, and practice answering the questions.

# [Youth] Session 4A (25-30 min) Our Schools - Continued

\*Pay attention that there are 2 separate session plans for youth and adults (4A and 4B)

#### **Session Goals**

- Practice greetings and small talk
- Practice vocabulary related to time, academic subjects, and personalities
- Practice using the verb "to be"
- Practice using the present simple
- Start practicing the past tense

#### **Pre-Session Instructions for Learner**

In this session, you will keep talking about your experience at school. To prepare, you can look at the <u>session slides here</u>, make sure you understand all the words, and practice answering the questions. If you like, you can prepare a photo or two of one of your classrooms at school (find it online if your school has a website or Facebook page, or just take a picture one day after class). You can show your buddy what a Ukrainian school looks like - and use it in the "classroom objects" game in the last part of the session.

# [Adults] Session 4B (25-30 min) Jobs and Professions – Continued

## **Session Goals**

- Practice greetings and small talk
- Practice vocabulary related to time, work, and personalities
- Practice using the verb "to be"
- Practice using the present simple
- Start practicing there is/ there are

## **Pre-Session Instructions for Learner**

In this session, you will keep talking about your work experience. To prepare, you can look at the session slides <u>here</u>, make sure you understand all the words, watch the <u>video</u> and practice answering the questions.

# Session 5 (25-30 min) Our Daily Routine and Rooms

## **Session Goals**

- Practice greetings and small talk
- Practice vocabulary related to time, colors, routines, and household objects
- Practice using the present simple and past tenses

- In this session, you will talk about your daily routine and describe your room. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Optional: Take pictures of your room or find a picture of your dream bedroom online to share with your volunteer.

- Practice greetings and small talk
- Practice vocabulary related to photography, colors
- Practice describing people and discussing professions

- In this session, you will talk about photography. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Find some of your favorite famous photographs or paintings online and bring the links to the session.
- Find some pictures you took (on your phone or camera) that you really like. Bring them to share with your volunteer.

- Practice discussing hobbies and talents
- Practice describing ability using can/can't
- Review family and seasons vocabulary

## **Pre-Session Instructions for Learner**

In this session, you will talk about hobbies and talents. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

# Session 8 (25-30 min) What to Wear

#### **Session Goals**

- Practice discussing fashion and clothing
- Show interest by using "I'm into"
- Use the phrase "used to" when talking about the past
- Review the seasons

- In this session, you will talk about fashion. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Optional: Choose a few outfits to show your volunteer. You can take pictures of them and share with your volunteer, or you can show them during your meeting. Be ready to describe them and/or discuss why you chose these outfits.

- Practice discussing topics related to food
- Practice the present and past simple
- Practice justifying answers
- Practice countable and uncountable nouns
- Practice ordering food and saying prices

- In this session, you will talk about food. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- ✤ Watch this <u>video</u>.

## Session 10 (25-30 min) More Food

## **Session Goals**

- Practice discussing topics related to food
- Practice the present and past simple
- Practice justifying answers

- In this session, you will talk about food. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Show your volunteer what you usually eat! Prepare to give a tour of your fridge, freezer, and/or kitchen to your volunteer, or take pictures of your fridge to share during your meeting.

# Session 11 (25-30 min) Sports

## **Session Goals**

- Practice discussing topics related to sports
- Practice justifying answers
- Practice portraying willingness using "would" and "would not/wouldn't"

## **Pre-Session Instructions for Learner**

In this session, you will talk about sports. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

# Session 12 (25-30 min) Internet

Note that some of the slides in this session will be marked as YOUTH only or ADULTS only

## **Session Goals**

- Practice discussing internet-related topics
- Practice justifying opinions

#### **Pre-Session Instructions for Learner**

In this session, you will talk about the internet. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

# Session 13 (25-30 min) Adventures

## **Session Goals**

- Practice discussing adventures and fears
- Express opinions using "I don't mind"
- Practice emotions
- Practice justifying opinions

## **Pre-Session Instructions for Learner**

In this session, you will talk about adventures. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

# Session 14 (25-30 min) Free Time

## **Session Goals**

- Practice discussing free time activities
- Express frequency using adverbs (always, never, often, usually)

## **Pre-Session Instructions for Learner**

In this session, you will talk about free time. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

## Session 15 (25-30 min) A trip back in time

#### **Session Goals**

- Practice discussing mysteries and history-related topics
- Review topics from prior sessions: classes, frequency adverbs, months/seasons, feelings vocabulary, bedroom objects, classroom objects, and clothing items.
- Practice justifying opinions

- In this session, you will talk about history and time travel. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Think of a popular historical site in Ukraine and be prepared to answer the questions on slide 5.

- Review topics from prior sessions: months/seasons, PM/AM, midnight/noon, feelings, professions, food vocabulary, and clothing items.
- Practice justifying opinions.

- In this session, you will review previous grammar and vocabulary concepts. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Prepare a 2-3 minute presentation about your dream family celebration. There are questions on slide 11 that you can use to guide your presentation, but feel free to include other details in your presentation.

## Session 17 (25-30 min) The Weather

#### **Session Goals**

- Practice talking about the weather
- Practice weather vocabulary
- Practice justifying opinions

- In this session, you will talk about the weather. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Optional: you can show your buddy the weather where you live by taking pictures to share during your meeting, or by taking your device outside during your meeting.
- Watch the <u>video about climate change here</u> with subtitles ON, try to figure out the meaning of all the unknown words and phrases.

Practice talking about picnics, camping, and the countryside

- In this session, you will talk about picnics, camping, and the countryside. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Watch the <u>video here</u>. Make sure the subtitles are ON. Think of advantages and disadvantages of a city and the countryside.
- Prepare a 2-3 minute presentation about your ideal picnic day. For more details, check Slide 14.
- Optional: take pictures of places you like to visit or give a tour to your buddy during your session.

## Session 19 (25-30 min) Space

## **Session Goals**

- Practice talking about space-related topics
- Review daily routine
- Practice justifying opinions

- In this session, you will talk about space. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Optional: look up interesting facts/theories about space to share with your buddy.

# [Youth] Session 20 A\* (25-30 min) Review 2

\*Note that there are 2 separate session plans for youth and adults (20A and 20B)

#### **Session Goals**

- Review topics from prior sessions
- Practice justifying opinions

- In this session, you will review vocabulary and grammar from previous sessions. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Prepare a 2-3 minute presentation about your ideal bedroom. Instructions are on slide 13.

# [Adults] Session 20B\* (25-30 min) Review 2

\*Note that there are 2 separate session plans for youth and adults (20A and 20B)

#### **Session Goals**

- Review topics from prior sessions
- Practice justifying opinions

- In this session, you will review vocabulary and grammar from previous sessions. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Prepare a 2-3 minute presentation about your ideal hotel room. Instructions are on Slide 15.

- Talk about community service topics
- Practice justifying opinions

## **Pre-Session Instructions for Learner**

In this session, you will talk about community service. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

## Session 22 (25-30 min) Animals

## **Session Goals**

- Talk about animals
- Practice the past simple (affirmative and negative)
- Practice justifying opinions

- In this session, you will talk about animals. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Optional: if you have a pet you'd like to show your buddy, take pictures before your session or be prepared to show it during your session.
- Watch the video about <u>endangered animals</u>.

# Session 23 (25-30 min) Television

## **Session Goals**

- Talk about television
- Practice superlatives and comparatives
- Practice justifying opinions

## **Pre-Session Instructions for Learner**

In this session, you will talk about television. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

- Review topics from prior sessions.
- Practice justifying answers.

- In this session, you will review past topics. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Review comparatives and superlatives. Use slide 2 for help.
- Prepare a 2-3 minute presentation about your ideal school day. Use slides 15-17 for guidance.

- Practice talking about parties and celebrations
- Practice justifying opinions

- In this session, you will talk about the parties and celebrations. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Think of popular celebrations in your country, be ready to discuss them

# Session 26 (25-30 min) Travel

#### **Session Goals**

- Practice talking about travel.
- Practice discussing controversial topics related to travel.
- Practice justifying answers.

- In this session, you will talk about travel. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Prepare a 2-3 minute presentation about a plan for your buddy visiting you in Ukraine. Use slide 10 for guidance.

# Session 27 (25-30 min) Health and Fitness

#### **Session Goals**

- Practice talking about health.
- Practice discussing controversial topics related to health.
- Practice health-related expressions.
- Practice justifying answers.

- In this session, you will talk about health. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- ✤ Focus on Slides 11-16 and prepare your answers for both games.
- \* Watch the video with the subtitles ON, try to figure out the meaning of unknown words and phrases

- Review past materials including animals, causes, professions, superlatives and comparatives, food, feelings, and movie genres.
- Practice justifying opinions

- In this session, you will review previous topics. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Prepare a 2-3 minute presentation about your ideal day. Use slides 13-14 for guidance.

- Practice discussing work-related topics
- Learn about retirement in the U.S and workaholism
- Practice justifying opinions

- In this session, you will talk about work and success. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Make a list of 5 goals you'd like to achieve and be prepared to answer some questions. Use slides 14-15 for guidance.

## Session 30 (25-30 min) Environment

## **Session Goals**

- Practice discussing environment-related topics
- Practice discussing controversial topics such as animal rights and pollution
- Practice justifying opinions

- In this session, you will talk about the environment. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- \* \*Optional: research pollution solutions to discuss with your buddy. Use slide 6 for guidance.

# [Youth] Session 31 A (25-30 min) Relationships

\*Note that there are 2 separate session plans for youth and adults (31A and 31B)

#### **Session Goals**

- Practice discussing relationships
- Learn about relationships and cultural expectations
- Practice justifying opinions

#### **Pre-Session Instructions for Learner**

In this session, you will talk about relationships. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

# [Adults] Session 31 B (25-30 min)

\*Note that there are 2 separate session plans for youth and adults (31A and 31B)

#### **Session Goals**

- Practice discussing relationships
- Learn about relationships and cultural expectations
- Practice justifying opinions

- In this session, you will talk about relationships. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Watch the <u>video</u> and be ready to discuss the topic of relationship contracts. Make sure the subtitles are ON. Take notes of any unfamiliar words.

## Session 32 (25-30 min) Relationships Continued

## **Session Goals**

- Practice discussing relationships
- Learn about relationships and cultural expectations
- Practice justifying opinions

- In this session, you will continue talking about relationships. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Prepare a 2-3 minute presentation about a memorable experience you have had. Use Slide 9 for guidance.
- ✤ Watch the <u>video</u>

- Discuss making plans
- Learn about procrastination
- Practice justifying opinions

- In this session, you will talk about making plans. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Watch the <u>video</u>, make sure the subtitles are ON, try to figure out the meaning of all the unknown words.

# Session 34 (25-30 min) Talking about Problems

#### **Session Goals**

- Discuss having and solving problems
- Practice giving advice
- Practice justifying opinions

- In this session, you will talk about having problems. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Watch the <u>video</u>, make sure the subtitles are ON, try to figure out the meaning of all the unknown words.
- Be ready to talk about the most recent problem you've had using the questions on Slide 12.

# Session 35 (25-30 min) Language Learning

## **Session Goals**

- Discuss language learning
- Share the experience of language acquisition
- Practice justifying opinions

- In this session, you will talk about language acquisition. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Watch this video and be ready to discuss it
- Prepare a presentation of a language learning app using a plan on Slide 6

- Discuss higher education
- Talk about unusual degrees
- Practice justifying opinions

- In this session, you will talk about higher education. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- ♦ Watch the <u>video</u>. Make sure the subtitles are ON. Try to figure out the meaning of all the unknown words.

- Discuss staying at hotels
- Talk about unusual hotels
- Practice justifying opinions and comparing and contrasting

- In this session, you will talk about hotels. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- \* Watch the <u>video</u>. Make sure the subtitles are ON. Try to figure out the meaning of all the unknown words.

# Session 38 (25-30 min) Manners

#### **Session Goals**

- Discuss manners
- Talk about manners in different countries
- Practice justifying opinions and using adjectives describing character

- In this session, you will talk about manners. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Skim this article and be prepared to discuss it during the session.

- Discuss countries of the world.
- Practice justifying opinions and using the present perfect tense.

# **Pre-Session Instructions for Learner**

In this session, you will talk about countries. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

# Session 40 (25-30 min) Sense of Direction

#### **Session Goals**

- Practice directions, talking about sense of direction
- Practice imperative mood

- In this session, you will talk about asking for and giving directions, different terrains and imperative mood. To prepare, you can look at these slides. Make sure you understand all the words, and practice answering the questions.
- Read this <u>article</u>, make sure you understand all the words

# Session 41 (25-30 min) Transportation

#### **Session Goals**

- Discuss transportation
- Practice justifying opinions and using the comparative and superlative forms.

# **Pre-Session Instructions for Learner**

In this session, you will talk about transportation. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

Talk about going out, tips, cafes and restaurants

- ♦ In this session, you will talk about going to cafes, getting takeaway, service, tips etc.
- To prepare, you can look at the <u>session slides here</u>, make sure you understand all the words, and practice answering the questions.

- Discuss shopping
- Practice justifying opinions.

# **Pre-Session Instructions for Learner**

In this session, you will talk about shopping. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

Talk about money and currencies

- ✤ In this session, you will talk about money and currencies.
- To prepare, you can look at the session <u>slides here</u>, make sure you understand all the words, and practice answering the questions.

- Discuss art and artistic masterpieces
- Practice justifying opinions.

# **Pre-Session Instructions for Learner**

In this session, you will talk about art. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

- Discuss books and films.
- Practice justifying opinions.

# **Pre-Session Instructions for Learner**

In this session, you will talk about books and films. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.

Talk about unusual musical instruments

- In this session, you will talk about unique musical instruments
- To prepare, you can look at the <u>session slides here</u>, make sure you understand all the words, and practice answering the questions.
- Prepare a presentation about unusual instruments originating from your country.

- Discuss soft and hard skills.
- Discuss mentoring relationships.
- Practice justifying opinions.

#### **Pre-Session Instructions for Learner**

In this session, you will talk about skills and mentorship. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words and practice answering the questions.

- Discuss technology in our life.
- Practice justifying opinions.

- In this session, you will talk about technology in our life. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- Think about tehcnology/device/invention originating from your country. Research. Make a presenation about that for your buddy. Speak about Who created/When/Why is it useful and important/Price and more interesting facts.

# Session 50 (25-30 min) The Best Inventions of the Century

#### **Session Goals**

- Discuss the best inventions of the century.
- Practice justifying opinions.

- In this session, you will talk about the best inventions of the century. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- ✤ Read <u>this article</u> before the session.
- Prepare a short talk about something you'd like to invent. Review Slide 8 for guidance.

Talk about crafts, handmade and DIY

- In this session, you will talk about crafts and handmade
- To prepare, you can look at the <u>session slides here</u>, make sure you understand all the words, and practice answering the questions.
- Prepare a 3-minute presentation about the traditional crafts in your country. Prepare some pictures to show your buddy and immerse into your culture.

✤ Talk about advertisement

- ✤ In this session, you will talk about advertisements.
- To prepare, you can look at the <u>session slides here</u>, make sure you understand all the words and practice answering the questions.

# Session 53 (25-30 min) News Industry

#### **Session Goals**

- Talk about the news industry
- Practice reacting to good and bad news

- In this session, you will talk about the news industry.
- To prepare, you can look at the <u>session slides here</u>, make sure you understand all the words, and practice answering the questions.

- Talk about safety issues
- Talk about cybersecurity

- In this session, you will talk about safety.
- To prepare, you can look at the session <u>slides here</u>, make sure you understand all the words, and practice answering the questions.
- If you are going to have an asynchronous session- also review <u>the slides here</u> and be ready to complete the tasks individually and send them over to your volunteer in voice messages/written format. Follow the instructions on the slides.

Talk about celebrities and superheroes

- In this session, you will talk about celebrities and superheroes.
- To prepare, you can look at the <u>session slides here</u>, make sure you understand all the words, and practice answering the questions.
- If you are going to have an asynchronous session- review the slides here and be ready to complete the tasks individually and send them over to your volunteer in voice messages/written format. Follow the instructions on the slides.

- Discuss taking risks
- Practice justifying opinions

- In this session, you will talk about taking risks. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- If you are going to have an asynchronous session- review the slides here and be ready to complete the tasks individually and send them over to your volunteer in voice messages/written format. Follow the instructions on the slides.

- Discuss motivation
- Practice justifying opinions

- In this session, you will talk about motivation. To prepare, you can look <u>at these slides</u>. Make sure you understand all the words, and practice answering the questions.
- If you are going to have an asynchronous session- review the slides here and be ready to complete the tasks individually and send them over to your volunteer in voice messages/written format. Follow the instructions on the slides.

- Discuss stereotypes
- Practice justifying opinions

- In this session, you will talk about stereotypes. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- If you are going to have an asynchronous session- review the slides here and be ready to complete the tasks individually and send them over to your volunteer in voice messages/written format. Follow the instructions on the slides.

- Discuss praise and encouragement.
- Practice justifying opinions

- In this session, you will talk about motivation. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words, and practice answering the questions.
- If you are going to have an asynchronous session- review the slides here and be ready to complete the tasks individually and send them over to your volunteer in voice messages/written format. Follow the instructions on the slides.

- Discuss different questions
- Practice justifying opinions

- This is the final session of Beginner session plans. To prepare, you can look at <u>these slides</u>. Make sure you understand all the words and practice answering the questions.
- If you are going to have an asynchronous session- review the slides here and be ready to complete the tasks individually and send them over to your volunteer in voice messages/written format. Follow the instructions on the slides.