

Here is the food list by ingredient per weekly recipe. More details will be provided when the class is full. Please note the food list is subject to approval and may not be provided as part of the class.

Week1: No Nut Uncrustables

- SunButter Creamy Sunflower Seed Butter
- Harrison Honey Farm Honey (local raw from Wauconda)
- L'Oven Fresh 100% Whole Wheat Bread

Week 2: Microwave S'mores

- Benton's Graham Crackers
- Hershey's Chocolate Bars
- Jet-Puffed Jumbo Extra Large Marshmallows

Week 3: Pizza

- Pueblo Lindo Large Burrito Flour Tortillas
- Reggano Marinara Pasta Sauce
- Stonemill Oregano Leaves
- Happy Farms Shredded Italian Blend Cheese or
- Reggano Grated Parmesan Cheese
- Applegate Naturals Uncured Pork & Beef Pepperoni Sliced or
- Applegate Naturals Pepperoni Uncured Turkey

Week 4: Lunchables

- Happy Farms Sliced Mild Cheddar Cheese or
- Happy Farms Sliced Gouda Cheese or
- Happy Farms Sliced Munster Cheese
- Savoritz Vegetable Entertainment Crackers or
- Trader Joe's Original Savory Thin Crackers
- Appleton Farms Premium Ham Slices
- Aldi Deli Sliced Oven Classic Turkey
- Fruit salad: Grapes, blueberries, raspberries, watermelon
- Benton's Mini Chewy Chocolate Chip Cookies

Week 5: Toaster Pockets

- Pueblo Lindo Large Burrito Flour Tortillas
- Happy Farms Mozzarella Sliced Cheese
- Happy Farms Colby Jack Sliced Cheese
- Food Club Oven Roasted Turkey
- Food Club Smoked Ham
- Tuscan Garden Honey Mustard

Week 6: Garden Party (Veggie pinwheels/ Oreo Garden)

Veggie Pinwheels

- L'Oven fresh Spinach Herb Wraps or
- Pueblo Lindo Large Burrito Flour Tortillas
- Food Club Cream Cheese Spread with Garden Vegetables
- Food Club Original Whipped Cream Cheese Spread
- Broccoli
- Red/Orange/Yellow Bell Peppers
- Green Onions
- Bolthouse Fresh Matchstix Carrots
- Reggano Grated Parmesan Cheese or
- Happy Farms Shredded Mexican Cheese

Oreo Garden

- Lunch Buddies Chocolate Pudding Cups
- Friendly Farms Whipped Topping
- Crav'n Flavor Sandwich Cookies, Chocolate, Original with Vanilla Creme
- Haribo Gummy Candy, Rainbow Worms or
- Black Forest Gummy Worms or
- Albanese 12 Flavor Mini Gummi Worms