Tony Azevedo Pacific Northwest Clinic 2027

Powered by 6-8 Sports

Led by 5x Olympian & Silver Medalist Tony Azevedo

February 27 and 28
9:00 am - 3:00 pm (Saturday)
9:00 am- noon (Sunday)

Space for:

- 24 high school boys
- 12 high school girls
- 12 advanced 14u
- 8 goalies

SCHEDULE

Saturday:

9:00 am Coach Introductions

- Take advantage of this opportunity

9:05 Group Stretching
9:15 Start Warm-Up
9:15 am Offensive and Defensive movements

- 8 Laps total swimming and legs warm-up

9:20-9:50 Fundamentals of Defensive Movements/Positioning

- 6 Min Drive Defense Progression
- 6 Min Zone Defense/Blocking Progression
- 6 Min Splitting Defense Progression

9:50-10:10 Passing:

- Zone Attack Progression
- 3 Player Pressing (Italy Drill)
- Zone Attack vs. Split

10:15-11:15 Shooting With a Purpose:

- Watch the Ball Drive Drill (No looking at the Player Eyes on Goal)

- Zone Attack 1/2/3-2/3/4-3/4/5 (6 Players a Goal)
- 2/3/4 With Splits (Rotate Every Two)
- If time Campagna (1/2/3/4/5 vs. Splits)

11:15-12:00 6-8 Challenge Testing
- 2 buoy -
- Radar gun -
- 12.5 sprint -
- Vertical jump -
- Med ball hold -
- Obstacle course -

12:00-12:30 Lunch

12:30-1:00 COLLEGE TALK with Q&A

- See 6-8 Recruiting Sheet

1:00-1:30 PM Meeting 5X6 Movements and 6X5 Movements

- 5X6 Body Position is everything
- X1/X3 YOU'RE THE SAVIORS TO YOUR GOALIE
- Willingness to get stops

6X5:

- How you are in a ready position
- Post Players how you get people from hanging on you
- Simple Rotations are the best
- This takes 6 Players working in unison
- Importance of Pos. 1/6 taking the ball all the way to the line and allowing the post to move.

1:35-1:45- Quick Warm-Up

- Partner 5X6 Blocks
- 6X5 Post Passing

1:45-3:00 PM-6X5 Shooting

- 1/4/5/6 Vs. X1/X4/X5/X3 (Can Only Shoot Near Side)
- Progression Pos. 1 vs. 1
- Triangles still beating the block
- 1/4/5/6 vs. All Anywhere

3:00-3:50 PM 3 Way 6X5

3:50-4:00PM

- Day 1 Wrap-Up

Sunday

9:00 am Team Announcements
9:15 am Learn how to warm up for a game properly
10:00 am Tournament Begins
12:00 pm Prizes and Q & A