



UPPER PERKIOMEN SCHOOL DISTRICT

ATHLETIC DEPARTMENT

MR. ROBERT KURZWEG III, CMAA
DIRECTOR OF ATHLETICS

Step 1: Create an [Arbiter](#) Account

*All parents must create **ONE** Arbiter Account. Students and Athletes will sign forms from the same account.

Please use the following [LINK](#) to find step-by-step instructions on how to create your [Arbiter](#) Account.

Step 2: Select **ALL** of the Sports (Fall/Winter Spring) your student wants to compete in for the 2026-27 school year.

*You may come back and edit this section if your child is no longer interested in playing a previously selected sport.

Please review the sports options below before beginning to select the season

FALL

Girls/Boys Soccer
Field Hockey
Football
Cheerleading
Cross Country
Girls Tennis **(High School Only)**
Girls Volleyball **(High School Only)**
Golf **(High School Only)**
Girls/Boys Water Polo **(High School Only)**

WINTER

Girls/Boys Basketball
Girls/Boys Wrestling
Cheerleading
Girls/Boys Swimming **(High School Only)**
Boys/Girls Indoor Track **(High School Only)**
Co-Ed Unified Bocce **(High School Only)**

SPRING

Baseball
Softball
Girls Lacrosse
Boys/Girls Track & Field
Boys Tennis (**High School Only**)

Step 3: Complete ALL required fields. These are marked with a red asterisk.

Step 4: Print the Section 6: Medical Examination Form from the LINK tab on the right side of the screen and obtain a Physical

REMINDER: ATHLETIC PHYSICALS MUST BE COMPLETED ON OR AFTER MAY 1st, 2026, to be accepted for the 2026-2027 school year.

Physicals can be obtained by scheduling an appointment with your primary care physician, visiting an urgent care center, CVS Minute Clinic, etc.

Once the physical is completed and signed by a physician, please log into [Arbiter](#) and upload a photo or a scanned copy of the physical to Section 6.

Step 6: Complete and Impact Concussion Test. Instructions on how to complete the Impact Concussion Test can be found using the following LINK.

Final Reminders

- Students will not be cleared to play until all forms are completed on Arbiter Registration. If you cannot submit all forms before each season's due date, please contact the athletic office to make alternative arrangements. It is critical that we have all forms submitted before the first day of each season. *Any student submitting the required forms after the due date will not be cleared to participate for 24-72 hours after submission of the completed forms, so that all records can be reviewed with our athletic training staff/coaches.*
- Students who participate in multiple seasons must complete a Re-Certification Form on Arbiter Registration before the start of any subsequent season. More information on the Re-Certification Forms will be sent before the Winter and Spring seasons.
- Section 5, Section 6, and Impact Concussion forms require review by our athletic training staff and will not appear as approved until that review is completed. Due to limited summer hours for our athletic training staff, the review and approval of Section 6 and the Impact Concussion Test will take some time over the summer months. All forms submitted by the August 3rd due date will be reviewed and

approved by August 10th. The athletic trainers and/or athletic office personnel will reach out to anyone who needs follow-up or clarification regarding the approval of the Section 5, Section 6, or Impact Concussion forms.

