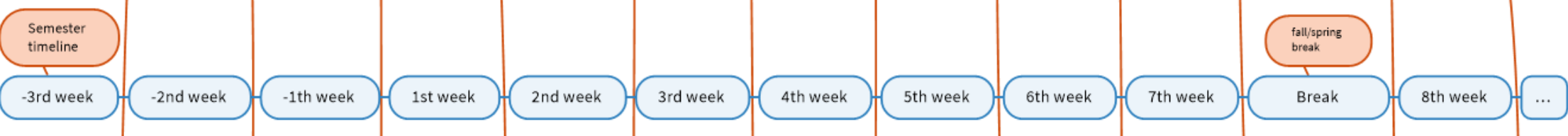
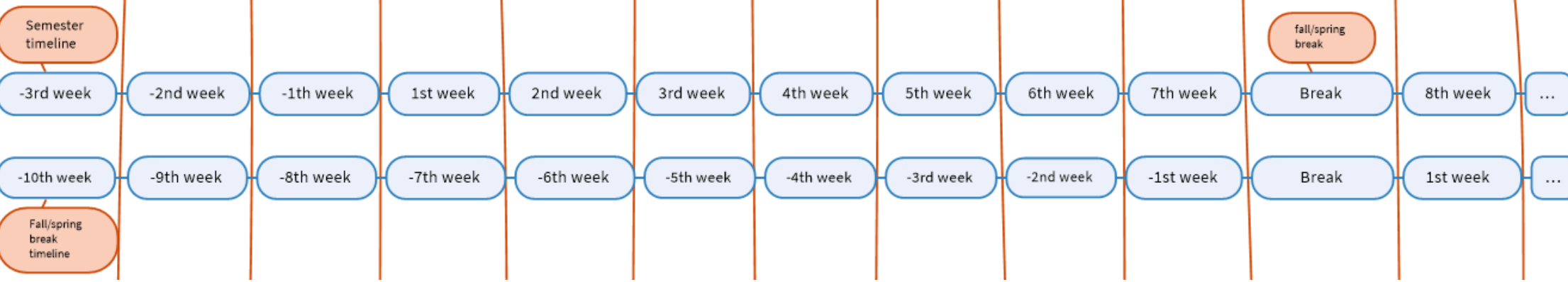


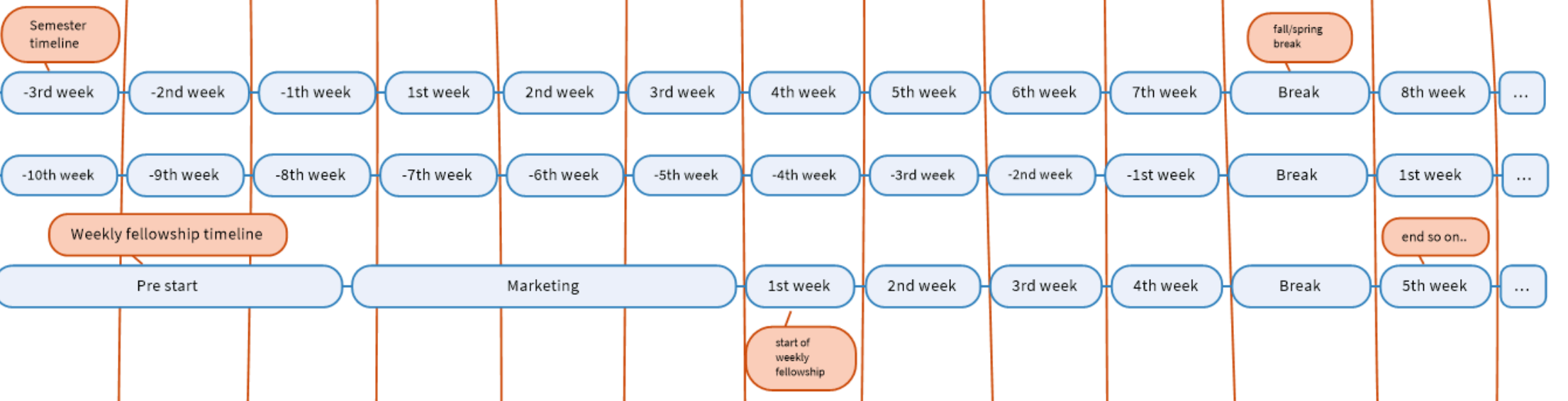
1. Here you will see the general outline of a university semester. Of course every university is different and you would have to adopt this for your own context, but you should be able to get the general idea. The minus signs mean the weeks before the semester starts. The “...” in the end just means the rest of the weeks before the exam period starts. Nothing fancy so far.



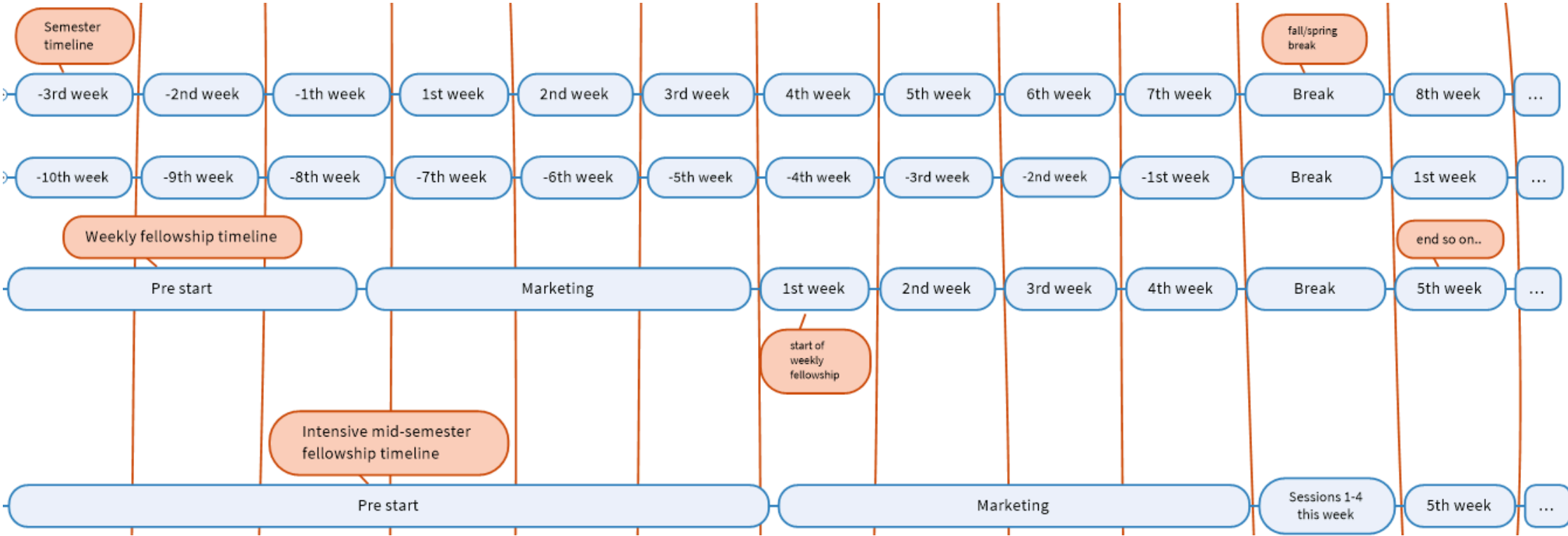
2. Now let's add the timeline of a 1-week-long fall/spring break. I'm going with the usual schedule what we have in my country, of course it might be somewhat different for yours, but you should get the idea. Here the minus signs mean the weeks before the week-long break starts.



3. Now let's add the timeline of the weekly fellowship. This is what most university groups do, except (I think) they try to start somewhat sooner than the 4th week of the semester, which is understandable. In our case, the start of the weekly fellowship is 4 weeks away from the spring/fall break. See where I'm going with this? (:



4. As you will see, in the 4th line we have an [intensive fellowship](#). You would start marketing this sometime before the fall/spring break, and then run 4 sessions during the break. If you are running this together with an ongoing weekly fellowship, then I would recommend having a break from that for this intensive week - and then you can continue the two fellowships together, potentially merging some of the groups together to save facilitator time, as [unmotivated \(and busy\) participants will drop out after the first 4 sessions](#).



+1. You can also consider doing a pre-semester intensive fellowship (see last line below) starting one week before classes kick off, and then do the second half right after or after the fall/spring break.

