


Hi Managers & Assistant Coaches,

Thank you for stepping up to coach a team this season!. Here's what you need to know.

Here are some dates to remember:

- Feb 23rd – Practices can begin (please check with your team manager)
- March 1st – Mandatory Positive Coaches Alliance Training for All Coaches
- March 7th - Field Setup Training
- March 14th – Opening day, Parade Starts @ 8am. **All kids must be in line by 7:45am**
- March 14th – Picture Day, your time TBD
- May 2nd – Mid-Season Mix Up!
- June 1st - 6th – Tournament Week (AA, AAA, & Majors)
- June 13th – All Stars Games (All Divisions)

As a coach you are responsible for the following:

- 1. League Requirements** *See “Reference Document” below for details*
New Coaches must complete. If done previously with the league, please disregard.
 - ✓ **Live Scan Fingerprinting** (Required **once** for all volunteers)
 - ✓ **Mandated Reporter Training** (required **once** for all volunteers)
- 2. Mandatory Positive Coaching Alliance Training - Sunday March 1st, 1pm**
Location: Monroe Elementary, 3750 Monterey Blvd, San Leandro, CA in the Multipurpose Room. NOTE: even if you've attended a PCA training before, this training is still mandatory for all coaches. If you can't attend in person, you will be required to take the training online.
- 3. Equipment Bags** *See “Reference Document” below for details*
The league provides an equipment bag to each team. It's the coaches responsibility to bring the bag to all practices and games.
- 4. Game Rules**
All coaches need to be familiar with the rules for their division. Use the QR link below to access the rules on the Floresta website

Rules
- 5. Coaches Code of Conduct** *See “Reference Document” below for details*
You are responsible for following the coaches code of conduct which you signed when you volunteered as a coach on the Floresta website.

Other Important Things to Know

FIELD SET UP TRAINING

Everyone is welcome and we strongly suggest you ask your team parents and families to attend. The more folks who know how to set up a field, the better.

When: March 7th

Where: Floresta Park, 3750 Monterey Blvd, San Leandro, CA.

Schedule:

9:00am-10:00am - Tee Ball

10:00am - 11:00am - A Division

11:00am - 12:00pm - AA Division

11:30am - 12:30pm - AAA, Majors

PRACTICES & GAMES

PRACTICES

You are responsible for emailing florestabaseball@gmail.com with your top three practice days and times. These are due no later than Sunday Feb 8th.

Tball and single A - practice once a week for one hour.

AA, AAA, Majors & Seniors -practice twice a week from 1 ½ to 2 hours depending on location and day.

Practice times are generally available on Sundays between 9a-7p, and on week day evenings between 5p-7p.

GAMES

See chart below for game information

Division	Length of Games	When (All evening games begin at 6:00p)
Tball	1 hour	All games played on Saturday
A	1 ½ hours	Most games will be played on Saturdays and on Monday nights
AA	2 hours	Most games will be played on Saturday or on Thursday nights
AAA	2 hours	Most games will be played on Saturday with some Tuesday Nights
Majors	2 hours	Most games will be played on Saturday with some Wednesday Nights

HOME VS AWAY, GAME DAY DUTIES

The home team is responsible for field setup and for a scorekeeper.

For A division scorekeepers keep track of outs and pitches. There is no score kept in T-ball

The away team is responsible for the field tear down and an announcer.

UNIFORMS

Jerseys and hats are provided by the league. Families are responsible for all other uniform items; baseball pants, baseball socks and belt. You'll want to coordinate with your team and let them know what colors for these items are needed.

Other Items

An optional Non-white Long sleeve or $\frac{3}{4}$ Raglan shirt to wear under the jersey

Note: players will not be allowed to pitch if they are wearing a visible white sleeved shirt as it makes it difficult for batters to see the pitched ball

Rubber soled baseball cleats **(ABSOLUTELY NO METAL CLEATS UNLESS IN SENIORS DIVISION)**

Athletic cup (any child with male genitalia) *IMPORTANT: Your players are not allowed to practice or play games if they are not wearing a cup and are required to.*

(REFERENCE DOCUMENT)

LEAGUE REQUIREMENTS

All Team Manager, Assistant Coaches are required to complete 2 checks or certifications.

LiveScan Fingerprinting: This is a one time screening required by the State of California. If you have not done a LiveScan with Floresta either last year or this year you must have one done. We have contracted with a LiveScan provider so there is no cost to you. Just be sure to let them know you are with Floresta Baseball League. Go to the following business for our LiveScans:

Village Post and Parcel
15934 Hesperian Blvd, San Lorenzo, CA 94580

Mandatory Abuse Reporter Training: This is a one time training required by the State of California. The training is a 2 hour online course offered by the state. At the end of the course you will receive a pdf of a certificate. Be sure to email this certificate to our website at florestabaseball@gmail.com. Follow the QR code below to complete the training.



Reporter Training

NOTE: WE WILL ACCEPT A REPORTER TRAINING CERTIFICATE FROM ANOTHER ORGANIZATION, I.E, SCHOOLS, CHURCHES, SCOUTS.

EQUIPMENT BAGS

T-Ball - Tee, (1) Catchers Gear, (1) bat, (2) batting helmets, (2) dozen T-balls

A Division - (1) Catchers Gear, (1) bat, (2) batting helmets, (2) dozen Little League balls

AA Division - (1) Catchers Gear, (1) bat, (2) batting helmets, (2) dozen pitching Machine Balls

AAA, Majors & Seniors- (1) Catchers Gear, (1 or 2) bats, (2) batting helmets, (1) pitching helmet, (2) dozen Baseballs Balls

Floresta Baseball League Coach's Code of Conduct

Coaching a youth sport program is a privilege. As a Manager or Coach, appointed by the Floresta Baseball League Board of Directors, you have an important role in the development of these players. We strive to teach each child the positive values of trust, good sportsmanship, good citizenship, responsibility, respect, fair play and teamwork – values they can use throughout their lives. With this in mind, Floresta Baseball League expects each manager and coach to adhere to the following Code of Conduct:

Honoring the Game

1. I will focus upon skill development, build a strong and close-knit team, and focus upon having fun.
2. I realize, accept and will practice the principle that a team's reputation is built not only on its playing ability, but also on its positive attitude, courtesy and manners.
3. Coaches will refrain from complaining about perceived bad calls to players and fans. I understand most of the umpires are "in training" as many are young people who played for Floresta upon aging out. I recognize that all umpires will make mistakes occasionally, and as manager/coach, I will give the umpires the respect their position within the game deserves.
4. All disputes taken up with the umpire can only be initiated by a coach, and will be handled in a civil manner. Once the umpire has made his/her final ruling, the Managers/coaches will make no further field protest. Off-field protests may be lodged with the Board of Directors.
5. I understand all discussions will be held in conversational tones. Under no circumstances will a coach, fan, or player yell at an umpire, coach, fan, or player. The lone exception to this rule is when a coach or player shouts to another coach or teammate during the course of a play as part of that play.
6. I understand profanity is expressly forbidden at all times during league games, practices and events.
7. I understand alcoholic beverages and the use of illicit drugs are prohibited at all games, practices and Floresta Baseball League events.
8. I understand the use of tobacco and vapor products on the fields and in the dugouts is prohibited.
9. Floresta Baseball League has a "zero tolerance" policy for any aggressive or inappropriate behavior. Physical or verbal abuse of an official, coach, player, or spectator, including

obscene gestures, will not be tolerated and the offender may be removed from the fields at the discretion of an umpire or Floresta Baseball League board member. Furthermore, such conduct could be grounds for immediate action, including removal from the position of Coach, Manager or Board Member and/or banning from any Floresta Baseball League events.

The Parents and Fans

1. I will maintain open communication with players and parents to inform them of practices, games and other responsibilities in a timely and efficient manner.
2. When approached by a parent to discuss any issue, I will interact and respond in a courteous manner.
3. I will ensure that fans of the team conduct themselves with sportsmanship and maturity at all times while in attendance at game sites and will assist the officials in maintaining control of spectators during games.
4. I will make sure that coaches and players are the only persons allowed in the dugout during a game.

The Team

1. I will focus on providing instruction so all players have the opportunity to advance their skills towards their full potential, gain confidence and develop self-esteem..
2. I will teach each player, especially through personal example, to be humble and generous in victory; and proud and courteous in defeat.
3. If a manager leaves the field, they shall designate a coach as a substitute who will then be responsible and held accountable for the manager's duties.
4. I understand that I am the person ultimately responsible for my team. I will take my obligations seriously and communicate effectively and in a courteous manner.

Non-Game Duties of Managers

1. I will attend all required coaches' meetings, safety and umpiring clinics unless I have a significant previously made commitment. If I cannot attend, I will ensure that one of my assistant coaches attends on my behalf.
2. I will complete, obtain and submit to the League all required paperwork.
3. I will make sure that I maintain a copy of the rules applicable to my division.

ELECTRONICALLY SIGNED DURING REGISTRATION (Coaches and Assistant Coaches only)