



Home Assessment

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Check ☒ any of the following items that present problems. Please use this as a guide to help you locate problem areas in your home.

Entry

- ☐ Climbing up the stairs to the front door
- ☐ Going down the stairs from the front door
- ☐ Using the door knob
- ☐ Walking over the lip at the threshold
- ☐ Adequate lighting
- ☐ Handrails on one or both sides
- ☐ Lighting on the top and bottom

Hallways and Inside Doors

- ☐ Opening and going through doors to rooms
- ☐ Using door knobs
- ☐ Moving between carpeted and non-carpeted areas
- ☐ Adequate lighting
- ☐ Turning on lights in the area being approached

Stairs/Stairways

- ☐ Slipping on stairs
- ☐ Distinguishing the thresholds and edges

Bedroom

- ☐ Entering and exiting
- ☐ Turning lights on and off
- ☐ Using electrical outlets
- ☐ Using the closet (opening/closing, reaching clothes)
- ☐ Walking on rug corners and edges
- ☐ Transferring in/out of bed
- ☐ Adequate lighting

Kitchen

- ☐ Turning lights on and off
- ☐ Using electrical outlets
- ☐ Adequate lighting
- ☐ Using water faucets
- ☐ Using the dishwasher, refrigerator, stove

Bathroom

- ☐ Entering and exiting
- ☐ Turning lights on and off
- ☐ Using electrical outlets
- ☐ Using the mirror
- ☐ Using water faucets
- ☐ Using the sink
- ☐ Using the toilet
- ☐ Using the shower/bathtub
- ☐ Adequate lighting
- ☐ Grab Bars where needed

Living Room or Family Room

- ☐ Entering the living room
- ☐ Turning lights on and off
- ☐ Using electrical outlets
- ☐ Adequate lighting
- ☐ Moving around in the living room
- ☐ Walking on rug corners and edges

Garage

- ☐ Entering from garage to house
- ☐ Handrails
- ☐ Adequate lighting

Safety

- ☐ Smoke Detector
- ☐ CO Detector