PERSPICACITY TIME WALK - AGOGE DAY 10

Question: Why am I scared of basic things like outreach, burpees, niche selection?

30 minute walk

Answer: It is outside of my comfort zone and it is pure human "boring work"

I know the actionables, the positive outcomes these things will get me, I just have to BITE THE BULLET and get started.

What to do now: Do a micro-step in completing one of the needed work that will push me forward.