

Name	Electric Guitar 101
General competences developed	• Develop a sense of rhythm, melody and tempo (+ use of a metronome) • Basic ear training • Familiarize with the guitar • Hands coordination • Tuning the instrument • Basic music theory
Activity description and plan	The activity aims to introduce the electric guitar. The plan aims to cultivate their interest in music and in the electric guitar, develop basic musical skills and foster creativity. The program will develop as follows: <u>Module 1: Introduction to Musical foundations</u> - o Introduction of basic musical concepts: rhythm, melody, tempo. - o Rhythm and clapping exercises to build a sense of timing - o Ear training (which will continue throughout all the modules) - o Basic chord shapes and strumming patterns alongside rhythm exercises. - o Listening activities to different music genres. - o How to study music <u>Module 2: Positioning of the hands</u> - o Explanation of proper posture and hand positioning while holding the guitar. - o Warm-up techniques - o Relaxed playing and tension - o Left-hand technique - o Right-hand and picking techniques - o Hands coordination - o Simple finger exercises to build finger strength, dexterity and coordination. <u>Module 3: Knowing the Electric Guitar</u> - o Introduction to the different strings and their names. - o Types of strings - o Guitar maintenance - o Alternative tunings - o Amps & effects (how to use them and how to build an effect chain) - o Music hardware & softwares for playing and recording at home <u>Module 4: Tablatures</u> - o Introduction to reading tablatures - o Practicing songs starting from a tablature - o Tablature Softwares - o Creating tablatures <u>Module 5: Scales & Improvisation</u> - o Introduction to the several types of scales - o Pentatonic scales - o Relation between scales and chord progression - o Most-used major-minor scales and chords - o Improvisation using a given scale <u>Module 6: Song learning</u> - o Learning simple rock songs proposed by the teacher; - o Learning simple rock songs chosen by the student. - o Performing in front of others (handling emotions, giving and receiving feedbacks)

	The plan will be executed following this approach: - o <u>Interactive Learning</u>: Hands on practice on the instrument, with focus on execution rather than theory. - o <u>Step-by-Step Progression</u>: Build skills gradually, ensuring each new concept is based on the previous one. This approach prevents overwhelming the student and helps them experience steady progress. - o <u>Encourage Creativity</u>: Give students opportunities to create their own simple melodies and rhythms, fostering their creativity and self-expression. - o <u>Positive Reinforcement</u>: Use positive reinforcement techniques, such as stickers or small rewards, to acknowledge their efforts and accomplishments. The plan will be adapted according to the learning pace and interest of the kids with repetition of some activities upon common decision with the class.
Intended results	Musical Foundations • Understand basic musical concepts like rhythm, melody, and tempo. • Develop a strong sense of rhythm and timing. • Demonstrate basic ear training skills. Guitar Technique • Hold and play the electric guitar with correct posture and hand position. • Perform basic warm-up exercises to improve flexibility and strength. • Demonstrate proper left-hand and right-hand techniques. • Play simple finger exercises with accuracy and fluency. Guitar Knowledge • Identify and name the different guitar strings. • Understand the basics of string types, alternative tunings, amplifiers, and effects. • Demonstrate basic knowledge of music hardware and software for recording and playing. Reading and Playing Music • Read and understand basic tablatures. • Play simple songs from tablatures with reasonable accuracy. • Demonstrate basic knowledge of tablature software. Music Theory • Understand the concept of scales and their application. • Identify and play common pentatonic and major/minor scales. • Recognize basic chord structures related to scales. General • Play a variety of simple rock songs independently. • Demonstrate creativity and expression through improvisation. • Develop a love for music and playing the electric guitar.
Homeworks	• Listen to a lot of music • Practice guitar (chords, scales, reading tablatures)
Materials required	• An electric guitar (any electric starter model will do) + amplifier and cable. • Posters illustrating guitar parts, chord diagrams, and finger placement. • Printed materials with tablatures.

Assessment:	The assessment will be ongoing and focused on the child's engagement, progress, and enthusiasm. The assessment will be focused on effort and improvement rather than absolute perfection. During the school year, the kids will be requested to choose one simple song to learn, which they should be able to execute independently by the end of the year.
How does the program correlate to the fundamental school values?	• Try something new and out of the comfort zone; • Reinforce self-trust and awareness through executing something in front of other people; • Cooperate with your peers in a positive manner; • Support your peers without judgement but as a team; • Self-discipline through practice.