

AILEEN TADENA

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DEVELOPMENTAL SERVICE WORKER

Dedicated and compassionate Developmental Service Worker (DSW) proficient in delivering person-centred care to individuals with dual diagnosis. Exhibits strong collaboration within an interprofessional team, adhering to a biopsychosocial model to devise positive behavioural plans. Proficient in crafting group and individualised programming that prioritises person-centred, trauma-informed, and goal-focused approaches.

EDUCATION

HUMBER COLLEGE- LAKESHORE CAMPUS

September 2022- April 2024

Developmental Service Worker (DSW)

- Consistent with Honours

POLYTECHNIC UNIVERSITY OF THE PHILIPPINES

June 2011 - May 2015

Bachelor of Science (BSc) in Psychology

- Consistent President and Dean's Lister

FIELD PRACTICUM

CENTRE FOR ADDICTION AND MENTAL HEALTH (CAMH)

January 2024- April 2024

Adult Neurodevelopmental Services- Outpatient

- Implemented behaviour support plans and assisted clients in accessing community support networks to foster independence and well-being.
- Assisted clients in various activities of daily living to foster skill development and facilitate their reintegration into community settings.
- Developed tailored visual tools to support behavioural plans and facilitate communication.
- Supported behavioural plans by assisting in developing tailored visual tools for the clients
- Provided support to individuals in developing and maintaining interpersonal relationships.
- Conducted thorough behaviour observations and recorded data to inform interventions.
- Collaborated with DSWs and Behaviour Therapists to support Functional Communication Training.
- Contributed to the creation of materials for a healthy sexuality workshop.
- Worked collaboratively within interdisciplinary teams to achieve client-centred goals.
- Attended and participated in Trauma-informed de-escalation education for safety and self-protection training (TIDES)

TURNER FENTON SECONDARY SCHOOL

January 2024- April 2024

Special Education Program

- Provided one-on-one and small group support to students with developmental disabilities, assisting with academic tasks, behaviour management, and social skills development.
- Implemented individualised education plans (IEPs) under the guidance of special education teachers, adapting instructional materials and strategies to meet students' learning goals.
- Supported students in accessing assistive technology and adapted materials to facilitate their participation in classroom activities.
- Collaborated with classroom teachers, educational assistants, therapists, and parents to monitor student progress, address individual learning needs, and implement behaviour intervention plans.
- Assisted in the supervision of students during classroom activities, lunch breaks, transitions, and outdoor recess, ensuring their safety and well-being.

COMMUNITY LIVING OAKVILLE

January 2023- May 2023

Residential Home Setting

- Collaborated in implementing person-centred plans and programs tailored to meet the needs of individuals with developmental disabilities.
- Provided hands-on assistance with daily living tasks, personal hygiene, meal preparation, medication management, and mobility aid.

- Played a key role in developing and executing behaviour support plans and effective strategies to promote positive outcomes.
- Maintained meticulous documentation of client progress, incidents, and behavioural shifts to ensure comprehensive care and continuity.
- Led diverse recreational activities to enhance clients' social engagement and leisure opportunities.

WORK EXPERIENCE

Head of Operations and Fundraising

March 2020 - January 2023, Pangasinan, Philippines

For Our Farmers PH (Non-profit organization)

- Cultivated and managed a portfolio of 150 long-term donors within a year, fostering enduring relationships and ensuring consistent financial support.
- Developed and implemented the FOF Fundraising Strategic Plan and Donor Stewardship Plan, prioritizing peer-to-peer and third-party fundraising approaches to amplify donor involvement and contributions.
- **Chosen Hero of the Year: Young Southeast Asian Leaders Initiative; following the success of “For our Farmers PH’s Projects”**

Marketing Associate

January 2019 - August 2023

Adarna House Inc. (Largest Children's Book Publishing House in the Philippines)

- Created internal newsletters, content, and webinars to facilitate effective organizational communication.
- Through targeted marketing efforts, we increased online engagement by 30% and sponsorship revenue by 25%.
- **Represented the Philippines at the prestigious International Book Conference in the UAE, fostering valuable international partnerships.**

CERTIFICATIONS

Certified in Standard First Aid & CPR/AED

Level C

CSA Std. Z1210-17 – Intermediate

Certificate number: 103631876

Expiry Date: 2025-11-05

VOLUNTEER EXPERIENCE

January 2023 - July 2023

Community Living Oakville

- Created and curated compelling content across various social media platforms, including text posts, images, videos, and infographics.
- Developed strategic plans and schedules to ensure a consistent online presence and maximize audience engagement.

2013 - 2015

Pedya Kamp Philippines

- Provided essential support to children with developmental disabilities in sports, arts and crafts, storytelling, and social activities, fostering a nurturing environment that combined elements of both school and home.
- Developed and executed diverse, stimulating activities tailored to the specific needs of the children, promoting their overall growth and development.