

Privacy Policy – Happier

Last updated: 2025-11-25

Happier (“the App”) helps users reduce compulsive phone use and avoid doomscrolling. Your privacy is important to us. This Privacy Policy explains what data we collect, how we use it, how third-party tools may process data, and your rights under applicable laws.

1. Data We Collect

Happier only collects the minimum data needed to operate and improve the App.

We collect the following categories:

1.1. App Usage Data

Purpose: enforce timers, show weekly stats, detect monitored apps.

Collected:

- List of monitored apps
- Time spent in monitored apps
- Number of launches
- Timer events

Storage:

- Stored **locally on your device**
 - Not transmitted to servers unless explicitly stated (e.g., optional analytics)
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1.2. Accessibility Service Data

Happier uses Android's Accessibility Service strictly to:

- Detect monitored app openings
- Trigger overlays
- Enforce usage limits

We **never** access or store:

- On-screen content
- Keystrokes
- Messages
- Personal information from other apps

This permission is used solely for the functionality you request.

1.3. Overlay Permissions

Required to display the focus overlay above other apps.

No data is collected through overlays.

1.4. Technical Diagnostics & Analytics (Optional)

If you enable analytics, the App may send non-personal, technical data to **PostHog** or similar analytics providers.

Possible data:

- App version
- Device OS & model
- Anonymous event data (e.g., "overlay shown", "timer started")
- Screens accessed
- Crash logs

We **do not collect** personal identifiers such as:

- Name
- Email
- Phone number
- Exact location
- Contacts
- Content of notifications
- Content from other apps

Analytics are used only to improve stability and understand general usage patterns.

You can disable analytics at any time in the App (if implemented) or by contacting us.

1.5. Payment Information (If applicable in future versions)

If you make purchases inside the App (e.g., subscriptions), payments may be processed by:

- Google Play Billing
- Other compliant payment providers

These payment providers may collect:

- Purchase details
- Transaction IDs
- Billing country
- Basic device and account information necessary to process the payment

Happier does not receive or store your full payment details (e.g., credit card numbers).

1.6. No Account or Personal Profile

The App does **not** require:

- Login
- Email
- Password
- Name
- Phone number

We do not maintain personal profiles.

2. How We Use Your Data

We use your data solely for:

Core functionality

- Detecting monitored apps
- Showing focus overlays
- Enforcing timers
- Displaying usage stats

Improvement & stability

- Debugging crashes
- Understanding general usage
- Improving features

Payments (if applicable)

- Processing purchases
- Managing subscriptions

We **never**:

- Sell data
 - Share data with advertisers
 - Build behavioral profiles
 - Track you across apps for ad purposes
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3. Third-Party Service Providers

We may use third-party services under strict privacy conditions.

3.1. PostHog (Analytics)

Used for anonymized analytics and performance metrics.

PostHog may receive:

- Anonymous event data
- Device model
- OS version
- App version
- Crash information

PostHog does **not** receive personal identifiers unless you choose to provide them (we do not request them).

Privacy: <https://posthog.com/privacy>

3.2. Payment Processors

If purchases are enabled, payments are handled by:

- Google Play Billing (Google LLC)
- Other payment gateways if added in the future

These providers act as controllers for payment data.
We do not store your payment details.

3.3. Other Future Providers

If we add additional analytics, crash reporting tools, or payment gateways, we will update this Privacy Policy and ensure they comply with data-protection laws.

4. Data Sharing

We do **not** share your personal information with:

- Advertisers
- Data brokers
- Social networks
- Third parties for marketing

The only sharing that occurs is:

- Anonymous analytics (if enabled)
 - Technical data processed by service providers strictly for the App's functioning
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5. Storage & Retention

Local data (usage stats, timers, monitored apps):

- Stored only on your device
- Automatically deleted when you uninstall the App

Analytics data (if enabled):

- Stored securely by PostHog for as long as needed for debugging and product improvement

Payment data:

- Stored only by payment processors under their legal obligations

6. Legal Basis for Processing (GDPR)

We rely on the following bases:

- **Performance of a service:** core features of Happier
- **Legitimate interest:** stability, debugging, improvement
- **Consent:** optional analytics, optional purchases

You may withdraw consent at any time.

7. Your Rights

Depending on your jurisdiction (GDPR, CCPA, etc.), you may have the right to:

- Access your data
- Delete your data
- Object to processing
- Withdraw consent

- Request correction
- Request portability

Because Happier stores almost everything locally, you can delete all app data by uninstalling the App.

For analytics or additional data, you may contact us.

8. Children's Privacy

Happier is not intended for children under 13.
We do not knowingly collect personal data from children.

9. Security

We use reasonable technical measures to protect your data, including:

- No unnecessary data collection
- No external data tracking unless explicitly enabled
- Encrypted transmission for analytics and payments
- Secure third-party providers

However, no mobile system is completely secure.

10. Changes to This Policy

We may update this Privacy Policy to reflect new features or legal requirements.
Updates will appear in the App or on our website.

11. Contact Us

For any privacy questions:

Email: nicolas.berthozat at gmail dot com