

# STRICKLAND FALL SCHEDULE

Color Key on Second Page

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00-7am	eMom Morning Routine- wake, stretch, quiet time, morning chores						
7-8	DJ @ CHURCH	Challenge B PACKUP	Boys Wake-Morning Routine No Screens!				
			AM ROUNDS				
			AR WORK: emails, slack, lineup schedule	TUTOR WORK: emails, schedules, lesson planning, etc.			
9-12	CHURCH	CC DAY!	Strickland School No screens!				GROCERIES/ ADMIN/BUDGET
12-1	BIG LINNER/ SABBATH		Lunch - free time				
1-3			AR WORK Emails, phone appointments, texts, portal, meetings, Huspot, GPS, etc				TEACHER PLANNING
4-5			Challenge B PUTBACK	Strickland Independent Work - No Screens! Tidy Zones			TUTOR PLANNING
5:00	YOUTH/LG MOM CYCLING	DINNER	DINNER- Boys Cook!	DINNER GUITAR LESSONS	DINNER	DINNER	
6-8	MOM/BOYS PACKUP	CYCLING TEAM MOM CG	MOM CYCLING	LG/YOUTH MOM CG	CYCLING TEAM MOM CYCLING	MOM CG	
8-10	WIND DOWN/ BEDTIME ROUTINE No Screens!						
10:30	LIGHTS OUT!						

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## Letters

**Highlight Blue**- Personal Self & Mom Items

**Bolded Green**- Boy activities

**Red**- All family inclusive

## Blocks

**Honey Yellow Blocks**- CC Community (I lead Challenge B, both boys are in Challenge)

**Bright Yellow Blocks**- Strickland School- this time is non negotiable and I protect it with my life. My phone goes into airplane mode during this time.

**Pale Yellow Blocks**- AR Work. These are the maximum times I work. Sometimes I have to etch time out of these blocks for other things in life or even assist with a homeschool item. I use calendly and have people sign up for phone times and one on ones between the 1-5.

**Weekdays**- We have a rhythm, which I believe is imperative to keeping up with it all.

**Saturday**- Notice I use Saturdays to lesson plan as a mom/teacher as well as a Challenge director. Out of principle, I never plan for the CC week before I plan for my family first. Friday and Saturday evenings are usually free for all and reserved for fellowship (date nights, friends over, etc)

**Sunday**- This is truly our sabbath. We don't do anything other than church activities, eat, and leisure. Linner = lunch + dinner