

Session Four Sending Prompts: Posing a New Way

Excerpt from *The Summer Day* by Mary Oliver

I don't know exactly what a prayer is.
I do know how to pay attention, how to fall down
into the grass, how to kneel down in the grass,
how to be idle and blessed, how to stroll through the fields,
which is what I have been doing all day.
Tell me, what else should I have done?
Doesn't everything die at last, and too soon?
Tell me, what is it you plan to do
with your one wild and precious life?

Reflect:

1. How are you called to listen to, and live from, the Sound of the Genuine?
2. What is the story you have been living that you want to keep on living?
3. What new story do you want to live into?
4. How might you reshape how you understand and tell your story?
5. What is it you plan to do with your one wild and precious life?

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